

# Brixham Beacon



Shedding light on local news for Fish Town, Cow Town, Galmpton, Churston & surrounding areas

Issue 1

December 2025

**FREE**



Brixham Fireworks © Chris Slack Photography

**W**elcome to the first edition of **Brixham Beacon**! This newspaper will be published monthly, by husband-and-wife team, Simon and Sam (Samantha) Dowdeswell. It will cover all things Fish Town, Cow Town, Galmpton, Churston and surrounding areas. This is your newspaper, we welcome news from local Clubs, Associations, Businesses and individuals.

So, who are these new kids on the block? I hear you ask! (ok, maybe older than kids, but not that old!) Here is a little about who we are and what we do: Simon was born in Brixham in the 1970's. His family then

moved to Worcestershire, where we lived until last year. When Sam found a job in Brixham managing a retirement complex and here we are! Naturally, Simon jumped at the chance to move back home and

told everyone he was retiring! Obviously, not the case. Since moving back to Brixham, we have established a property investment company and now 'The Brixham Beacon'.

Simon has been in hospitality and hotel management and owned a printing, graphics and publishing company for many years. Sam has worked in Business Management in the NHS, The Police Force and then in Education. We bring with us, from all over the UK, a very enthusiastic and experienced

team of contributors and with you, our local readers and advertisers, we will make a success of this publication. We hope you enjoy it! Any comments, suggestions or contributions can be sent to: [news@brixhambeacon.com](mailto:news@brixhambeacon.com) We look forward to receiving your news and information. Until next month, may we take this opportunity to wish you all

*A Merry Christmas & Happy New Year!*



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## GIVE A CHILD A GIFT APPEAL

PLEASE HELP US AT THE CROWN AND ANCHOR TO GIVE CHILDREN AROUND THE BAY A MAGICAL CHRISTMAS.

WE KNOW TIMES ARE HARD THIS YEAR SO WE WILL BE ASKING FOR SMALL DONATIONS IN OUR CHARITY BUCKET.

THIS ALLOWS US TO PURCHASE GIFTS FOR CHILDREN IN LOCAL SCHOOLS. BUT YOU CAN ALSO DONATE BRAND NEW UNWRAPPED TOYS AS WELL. YOU CAN DROP THEM INTO US ANY DAY FROM 10AM.

PLEASE GIVE GENEROUSLY IN ANY WAY YOU CAN  
THANK YOU



**Pay for an  
hour stay  
for the day  
in Torbay**

**28 November 2025  
to 2 January 2026**

**Torquay** - Lower Union Lane, Union Square and Harbour car parks

**Paignton** - Victoria and Hyde Road car parks

**Brixham** - Freshwater and Oxen Cove

Range of discounts also available at Brixham Central

Hourly charge will apply from arrival until midnight (or car park closing time). For Brixham Central, a 3 hour time limit applies to tickets purchased before 3pm.



**TORBAY  
COUNCIL**



# Brixham Town Chaplin

Darrell Holmes

What heralds the Christmas season better than our very own unique Brixham Lights and Lanterns Parade? With an enormous amount of work and creativity behind the scenes from Kick Up the Arts, local schools, businesses, street traders, the Samba band, event organisers, Town Council (and of course Brixham Pirates!) it all adds up to a huge boost for Brixham. Many shops and businesses can enjoy an upsurge in spending (which they desperately need) from locals and visitors coming into town especially for the event. Food, drink, treats and gifts are in great demand. But it's only when the crowds come that the hard effort pays off.

Just to see the parade of lanterns wending its way through the town, with excitement on the faces of children and parents mirrored by the watching crowd is a wonderful way to point everyone towards Christmas. The smiles and lights seem to punch a hole in the gloom of winter whilst pushing back the shadows.

But despite all the joy, there will be many still caught in that "deep darkness". Poor physical or mental health, fractured relationships, housing or employment challenges, concerns for loved ones and friends or bereavement and loss can all take their toll and drag spirits down.

As Town Chaplain I get the privilege of talking to businesses and shop workers in the town to hear how things are going. Sometimes that includes people



sharing with me some of their darkest struggles. There's a bible reading read at most Carol services before Christmas.

"The people walking in darkness have seen a great light; on those living in the land of deep darkness a light has dawned."

Written centuries before the birth of Jesus in a time of massive turmoil it was a message of hope to the people who desperately needed it. They were experiencing horrors that many people in places of conflict are experiencing around the world even today. They shared the experience of fumbling around in despair that it could ever change, when the news of this great light burst in to once again give them hope. Lanterns and Lights weekend may not float everyone's boat, but the message of hope is a universally welcome gift for our community at any time of year.

[www.facebook.com/people/Brixham-Town-Chaplain/61574228723784](https://www.facebook.com/people/Brixham-Town-Chaplain/61574228723784)



## The faces behind Brixham Beacon!

Dear Reader,

We are excited to have launched the 'Brixham Beacon' Our thanks go to all the contributors, who have helped us make this happen and be online and printed on the streets within four weeks! The local support has been fantastic, as you will see throughout the paper. We have tried to contact everyone, but if we have missed you this time, our apologies, please email us and we can include you in future editions. We are sure you will agree, a superb cover picture captured at the lights switch-on by Mr Chris Slack, Brixham's talented photographer,



Thank you everyone, for your help and support. We wish you all a Merry Christmas and a Happy and Prosperous New Year.

Simon & Samantha  
email:

[news@brixhambeacon.com](mailto:news@brixhambeacon.com)

## Civic Awards 2025

Brixham Town Council presented this year's Civic Awards to several outstanding members of our community — all of whom have made a lasting difference to life in Brixham. The presentations took place at a Council meeting on 29th October. The awards were presented by the Mayor of Brixham. Congratulations to this year's recipients:

**Lifetime Achievement Award** – Carolyn Morgan, for her voluntary contributions to numerous organisations across Brixham.

**Lifetime Achievement Award** – Frank Tozer, for over 65 years of service with the Boys' Brigade.

**Civic Award** – Sally Lord, for her work in

furthering the welfare and improving the quality of life for the people of Brixham.

**Environmental Ambassador Award** –

The Cove Discovery Project, for their efforts to protect, enhance, and raise awareness of the natural environment in and around Brixham.

@thecove\_project

Everyone should be extremely proud of their achievements.

*Know someone who deserves recognition?*

*Nominations for next year's Civic Awards are now open!*

*Find out more and submit your nomination, visit:*

[www.brixhamtowncouncil.gov.uk/civic-award](http://www.brixhamtowncouncil.gov.uk/civic-award)



## CIVIC AWARDS

Do you know someone who goes the extra mile for Brixham?  
Or a group making a real difference in our community? 🏠 🌟

Nominate them for a Brixham Civic Award!

These awards celebrate individuals and organisations who help improve life in our town.



## Movember Tashes . . .



### *Brixham Fish Market Team supporting Movember*

This Movember, several of our team have been growing their finest moustaches to raise awareness for men's health and mental health.

They've produced some truly impressive 'tashes... so impressive that we held a vote for the Best Movember Moustache!

The votes are in - and our winner is... Stewart Brown! Closely followed by Neil and Jason in joint 2nd place. Stewart will receive a £100

voucher, generously donated by The Greenway Group (Liberty, La Petite Maison, The Mermaid, Olive and The Prince William, Brixham).

Thanks to The Greenway Group, we were able to add an extra £100 to our donation total - bringing us to £200 donated to Movember!

A huge thank you to everyone on our team who got involved. Your efforts have been fantastic and show incredible support for a truly important cause.

## *Wreath laying honour for Royal British Legion*



Bob was honoured to have been asked to lay a wreath on behalf of the Merchant Navy by the Brixham RBL at what was a lovely service at St Mary's Church.

Since he retired and reignited his passion for ocean liners by opening the Chart Room, and

meeting so many of my old shipmates and servicemen and women I have learned so much more about the sacrifices made during conflicts by our Merchant Navy.

*Thank you for your service.  
Lest we forget*



## Save the Children

## *Christmas Jumper Day - Thursday 11th December*

Who will you be wearing a Christmas jumper with?  
School - Youth Group - Nursery  
- Work - Friends and Family  
Your Christmas Jumper Day fundraising will help change children's lives.

*So what are you waiting for, sign up now and get your jumper ready for Thursday 11th December. To sign up, visit: <https://jumpers.savethechildren.org.uk/#signup>*



"Just as the ocean has its ebbs and flows, so too does life. There will be times of calm and times of turbulence, but ultimately, we keep moving forward"

*Gabriela Tvrtkovic*



*Photograph taken on Breakwater Beach, Brixham*



# Parking promotion to return this festive season!

Torbay Council are pleased to be able to offer the 'Pay for an hour, stay for the day' winter parking promotion once again this year. It will be the seventh consecutive year of the popular promotion, which will be available from Friday 28th November 2025 to Friday 2nd January 2026 (inclusive) in selected Torbay Council car parks.

The promotion enables residents and visitors to enjoy all that Torquay, Paignton and Brixham town centres, and the surrounding areas, have to offer, encouraging them to spend more time in them and to support Torbay's business community.

It will also run alongside the Bay of Lights Illumination Trail, allowing everyone to experience the magic of the trail at their leisure, without worrying about their parking expiring. Councillor Adam Billings, Torbay Council's Cabinet Member for Pride in Place and Parking, said: "I am delighted that yet again we are offering a great 'Pay for an hour, stay for the day' parking promotion.

The promotion aims to make it more affordable for residents and visitors to enjoy everything that Torbay has to offer during the festive season.

The timing of the offer matches the timing of some of our great seasonal events such as the Bay of Lights Illumination Trail and the new seasonal Torquay ice rink, making it easier to enjoy these as well as helping to support our local businesses. The promotion runs across all of our three town centres – Brixham, Paignton and Torquay. Each town has something different to offer visitors, so I'd encourage everyone to make the most of the parking promotion while it's available."

## **Pay for an hour, stay for the day**

From Friday 28th November to 2nd January (inclusive) at the following car parks:

### *- Brixham:*

Freshwater, Oxen Cove and Brixham Central (up to the maximum stay of 3 hours);

### *- Paignton:*

Victoria & Hyde Road car parks



### *- Torquay:*

Lower Union Lane, Union Square and Harbour car parks.

The fee will cover parking from when you arrive until midnight (excluding Union Square which closes at 7pm, and Brixham Central, which limits parking time to a maximum of three hours between 7am and 3pm). Fees are in line with zone charges.

### *Free on-street parking in Torquay and Paignton*

The usual free street parking in December will still apply in Torquay and Paignton on Sundays on the following roads:

### *Torquay:*

Magdalene Road, Lymington Road, Castle Road, Union Street and Babbacombe Road.

### *Paignton:*

Palace Avenue.



## Porridge is Three!

November marked three years since Cal and Clare opened a shop on Fore Street in Brixham 'Porridge Pantry'. Cal and Clare said, "It hasn't always been easy. We have had four floods, a full refurb, and a lot of very late nights! but somehow, here they are – still standing and still smiling. We have the best customers." They now have over 2,500 products on the shelves and a growing café.

They are so grateful for every single person who has supported them – whether they pop in every week, order online, tell a friend about Porridge or simply cheer them on.

*Thank you for choosing to support a small, independent, family-run shop – it means more than you know!*



*Cal, Clare & Team*







# Inspire Magazine

Believe you can and you are halfway there!

## December gardening tips

### Early in December

Overgrown deciduous hedges can be cut back hard while they are still dormant. Put netting over winter greens to keep pigeons off. Alternatively stretch hazard warning tape across the crop in a zig-zag formation, fixing it to bamboo canes. New deciduous hedges can be planted now. It is best to cut the new plants back hard after planting. Avoid getting greenhouse plants too wet, they are much better kept on the dry side over the winter. Feed flowering houseplants weekly using a liquid fertiliser. Avoid walking on frozen lawns, as this damages the grass leaving brown footprints until the spring. Float a rubber ball, or a chunk of polystyrene, in your pool to prevent it from freezing over completely, or buy a pool heater. Put your sawn off Christmas tree in a stand which holds water, as this aids needle retention.

### Mid December.

Feed garden birds and make sure that water is also readily available. Frost and wind can loosen newly planted shrubs and trees. Check and re-firm them. Alpines and other seeds needing a cool period in order to germinate can be sown now. Whitloof chicory roots can be dug up, potted and brought into the warmth and darkness in order to produce "chicons". Geranium seeds can be sown now- if you have suitable conditions to grow them on. Go through the greenhouse every week and dispose of dead leaves and flowers. Repair fences while climbing plants are still dormant. Plant new trees and shrubs when weather conditions are favourable. Try to hoe off weeds whenever you see them, as this will pay dividends later. Grow some sprouting seeds in jam jars for an easy, nutritious addition to meals. Cut some berried holly for house decoration and keep it in

a bucket in a cold greenhouse to prevent birds from taking the berries.

Take root cuttings from herbaceous plants like phlox, oriental poppies, and Japanese anemones.

Ventilate the greenhouse on sunny days to reduce the risk of fungal infections.

### Later in December.

Winter is a good time to plan next year's crops and ornamental displays.

Prune free-standing apple and pear trees.

Prune greenhouse grapes, when all the leaves have fallen, cutting back the side shoots to one bud long

Christmas pot plants – remember Cyclamen and Azaleas like it cool, Poinsettias need more warmth.

Clean pots, seed trays and service tools ready for the new season's work.

Cover a sheltered area of veg. garden with clear polythene to warm it up for early spring sowings.

Sow onions suitable for exhibition, like Robinson's

Reg Moule BBC Radio



Mammoth or Kelsae in a heated greenhouse. Winter wash dormant fruit trees, using Vitax Winter Tree Wash, or Growing Success Winter Tree Wash, for a clean start next spring. Start winter digging on the veg. garden but keep off very wet soil – it ruins the structure. If snow is expected encircle vulnerable conifers with hoops of wire to hold branches in place that could, otherwise, be bent outwards by heavy falls.



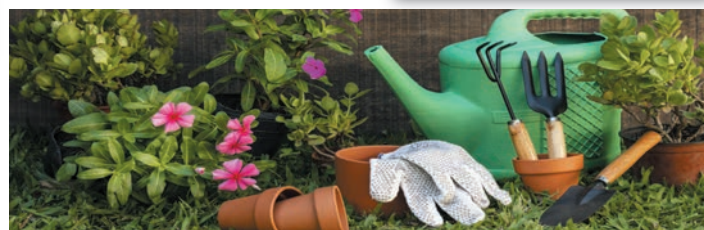
## 'Poundsgate Posse' win gardening awards!



The green fingered residents of Poundsgate Close have had their hard work and dedication recognised by 'Brixham in Bloom' Gold award and 'Britain in Bloom with the

RHS South-West' Level 4 - Thriving award 2025 run by The Royal Horticultural Society. The RHS judge, Terry Porter commented: "Poundsgate is a site of 26 properties where all

the outside areas are treated as communal. There are many interesting parts using a combination of planting and containers, including some interesting wheelbarrows. The use of water features, statues, ornaments, sculptures and some very good specimen plants, such as Acers. This has brought much of the community together. The residents have ambitions to continue developing the site repeating their success in other parts of the communal areas."







Peter Walsh



The Rotary Club of Brixham has Father Christmas returning to visit the town after his appearance at The Lights and Lanterns event in Brixham. With Christmas rapidly coming closer, the Rotary Club of Brixham are once again giving the opportunity for children and adults alike to meet Father Christmas who they have invited to various parts of Brixham following his appearance at the lights and lanterns event in November where 150 children came to visit him. President Maggie Douglas-Dunbar said, "The Rotary Club of Brixham have been bringing Santa to the town for well over seventy years and Brixham would not be the same without Santa Claus meeting the children and he is coming to visit as he has before, between Monday 15th and Saturday 20th December for Santa's sleigh week".

#### Monday 15th December

Eden Park 4:30  
Longcroft Avenue and Westfield Close 5:00  
Berry Head Park – Pilgrim Close 5:30

#### Tuesday 16th December

Junction Ocean View Drive/Elizabeth Avenue 4:30  
Galmpton Greenway Opp. School 4:45  
Hillrise, Galmpton 5:15

#### Wednesday 17th December

Penn Meadows – Opp. Vet 4:30  
Wishings/Briseham Road 4:50  
St Mary's Hill/ Ealing Close 5:20  
St Mary's Hill/ Briseham Bus Stop 5:30

#### Thursday 18th December

Gibson Road Playground 4:30  
White Rock Road (Top) 5:15

#### Friday 19th December

Great Rae Road 4:30  
Pavilions Close 5:10  
North Boundary Trawler/shops 5:30

#### Saturday 20th December

Fore Street 10:00

She continued, "On his final visit to the town on 20th December, he will be in Fore Street from 10am to take final requests for Christmas presents from Children depending of course if they have been naughty or nice."

More details of the club and its events, who meet at Brixham Yacht Club on the second and fourth Tuesdays of the month are available on the Club website: [www.brixhamrotary.org](http://www.brixhamrotary.org) and their Facebook page



## Recycle your Christmas Tree - Support Rowcroft Hospice



Please support Rowcroft Hospice and help us to continue providing end-of-life care for our local community. In return for a donation (suggested £10), we will collect and recycle your Christmas tree. Your donation will help make a real difference to local patients and their families across South Devon. We are delighted to be working in partnership with Torbay Clearance Services and a team of dedicated Rowcroft volunteers who will collect Christmas trees in the South Devon community to help raise vital funds for Rowcroft. Trees will be collected in the Torbay Boundary Area (postcodes TQ1-TQ5), as well as Totnes (TQ9), Newton Abbot (TQ12 only), and Teignmouth (TQ14). All funds raised will directly sustain the vital care services that Rowcroft provides. For example: £10 could pay for fuel for a Rowcroft car, enabling one of our specialist nurses to visit patients in their own homes

across South Devon, offering expert care and support. £14 could pay for the cost of oils and creams used by our complementary therapists for a week, helping our patients to relax and find comfort during difficult times. £27 could pay for an hour of care for a patient with complex needs in Rowcroft's specialist Inpatient Unit. Collections will take place between Tuesday 6 January – Friday 9th January 2026. Thanks to Devon Tree Services, every tree collected will be chipped and recycled into mulch to enhance the hospice gardens, helping them to bloom and flourish throughout the year!

To book your collection, visit: <https://register.enthus.com/ps/event/ChristmasTreeCollectionServiceRowcroft2026>  
Tel: 01803 210800  
Registrations for the Christmas Tree Recycling Service close at 11.59pm on: Sunday 4th January 2026.





# Christmas & New Year Fireworks and your pets

The Vet's Ally



For many pets the fireworks celebrations around Bonfire Night, Christmas and New Year can be scary events.

Those with noise aversions can spend the night cowering and trembling or show erratic excitable behaviour. And even those previously unaffected can be triggered into anxiety by a firework blast too close to home. There are numerous things that you can do to help make your home a comfortable and reassuring space for them, but if your pet is severely affected, please seek help from your vet who may be able to prescribe anti-anxiety medication and offer further support.

*Here are some tips to help your pet around fireworks:*

- Place a pheromone diffuser in your house or use a pheromone spray, these help your pet to feel calm and reassured in their space, there are also some helpful 'off the shelf' anxiety medications that can work well. These products need to be started several weeks before the fireworks commence.
- Create a calm and comforting environment by using comfy beds, cardboard boxes for cats and providing treats, toys, food and water within easy access in a quiet part of the house. This provides somewhere they can retreat to if wanted but make sure they are also still able to access their usual areas of the house as well.
- Walk dogs earlier than usual to avoid the early start of some

celebrations and try and keep cats indoors if they are happy to do so.

- Close windows, curtains and blinds to muffle sounds as much as possible and turn up the tv or radio a little bit to cover noises. Classic FM provide a calming playlist for fireworks specifically designed for dogs that you may find useful.
- Stay at home with your pet, your presence is likely to be the most reassuring thing for them. Remain calm and relaxed yourself and provide comfort if your pet seeks reassurance from you.

- Bring hutches for rabbits and other furries indoors, if possible and provide extra bedding for them to hide in.

- Make sure your pets are microchipped and the details are up to date, if they did happen to run away from home you want to be able to be reunited with them.

For future years sound therapy is something that can be used to accustom dogs to noises, this is ideally useful for young puppies but can be employed to help adult dogs, it should be started many months ahead of the fireworks season.

Dog's Trust provide resources called 'Sounds Scary' that are free to access and download.

*Above all keep your pets safe and enjoy the celebrations!*

# The Seal Project

Monitoring and protecting grey and common seals throughout South Devon

Sarah Greenslade



The Seal Project is a small charity that monitor and record both Grey and Common Seals along the South Devon coastline. Our work not only ensures that the seals we observe remain safe and undisturbed but helps us gain a better understanding of the seals across South Devon. We conduct regular surveys to identify both new and returning seals. Each seal is named and numbered. Some individuals have been known to us for many years. We identify them through their individual fur patterns, although some seals are so distinctive in character that their personalities set them apart! Grey Seals are not really grey! Females typically display black and white colouring, while males are larger, much darker, and possess more prominent, roman or horse-shaped noses. Grey seals are globally rare, so it's important to minimise disturbance wherever they choose to haul out. Although Common seals are occasionally spotted, they are far from common here.

During the winter, Grey Seals gather around our shores to moult and rest. Juvenile seals especially exhibit curiosity and playfulness, but despite their appealing appearance, it's important to remember that they are wild animals. They possess sharp teeth and claws and carry zoonotic diseases. Rest is essential for seals. Pollution and litter are also significant threats; entanglement in banding, rope, fishing debris, or even items like frisbees can result in life-threatening injuries. Feeding

seals by hand is dangerous, and incidents of seals becoming caught in angling lines and hooks occur all too frequently. Many of our team members are trained as Marine Mammal Medics with the British Divers Marine Life Rescue, a volunteer organisation dedicated to rescuing seals, dolphins, and whales. The majority of our callouts involve Grey seal pups during the winter or concerns regarding entangled or merely sleeping seals. At present, we are monitoring three entangled seals in our area. While we monitor their condition, rescuing seals in such situations is extremely challenging. If you spot any seals or have concerns about their welfare, please do not hesitate to contact us. We are always happy to talk seals and share our knowledge. Additionally, we are seeking volunteers to serve as wardens, especially over the winter months in Brixham.



*The Seal Project*  
Sarah Greenslade  
[www.thesealproject.co.uk](http://www.thesealproject.co.uk)  
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07818 034668



# Our very own local... the Butcher, the Baker,



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Buy now for Christmas!  
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### Expert Butchers

We have an expertly skilled team of butchers working throughout our shops in the Southwest. Their expertise assures we can offer you the finest quality locally sourced products. Using traditional butchery skills to meet your requirements. Enquire in store or call your local shop about specific cuts or quantities and we look forward to helping you.

### Our Sausages

Now we may be biased, but we believe we make the best sausages in a whole range of flavours!

We have a wide range of flavours and are always open to new ideas. The newest sausage we have is our Gluten free option, which some say is the

best yet. It is well worth a try!  
*The Deli*

We are more than just a butcher. Our delicatessens are always stocked full of an irresistible selection of local cheeses, pies and 'In store' cooked meats. Browse our delis and have a chat with our wonderful staff who are always happy to help. We also stock a wide variety of preserves, charcuteries, eggs and dressings in many shops ready for that impromptu picnic.



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*Brixham's beloved Bakery  
reopens its doors, blending  
tradition with fresh beginnings...*

Brixham residents have something to celebrate as one of the town's longest-standing small businesses reopened in March after a period of closure and a thoughtful refurbishment. The bakery on Brewery Lane—known to locals for generations, has been part of the community since at least the 1900s, and its return is already drawing enthusiastic support from long-time customers and new visitors. For decades, the bakery served as a dependable stop for quality goods at some of the best prices in town. Families picked up their daily loaves here, schoolchildren grabbed warm pastries on their way to class, and locals stopped in for a friendly chat. Its reopening revives not only a business but also a cherished piece of Brixham's identity. Following its recent restoration, the bakery has emerged with renewed charm while keeping its familiar, welcoming atmosphere. The refurbishment maintains the spirit of the original shop

but introduces a brighter, fresher space where the aroma of handcrafted bread once again fills the air.

Today, the bakery offers an impressive range of freshly made goods, all prepared on-site each day. Customers can expect artisan sourdough, classic loaves, rich pastries, indulgent cakes, and a selection of generously filled sandwiches—each crafted with care and a focus on quality ingredients. Despite the upgraded look and expanded offerings, the bakery remains committed to providing excellent value, continuing its tradition of offering some of the best local prices in Brixham. As it steps into this new chapter, the Strand Bakery stands as a testament to the strength of small, independent businesses and the community that supports them. Its history spans generations, and with its recent revival, it's poised to remain a beloved fixture in Brixham for many years to come.

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Buy Local**

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[www.thestrandbakery.co.uk](http://www.thestrandbakery.co.uk)



# the Candlestick-maker & the Greengrocer!



Lucky clucks smallholding is a community interest company (C.I.C) meaning that all profit goes back into the community, we focus on Torbay's young and unpaid carers, people with mental health issues as a result of loneliness and isolation, giving these residents a calm safe environment to have some much needed relaxing time out from their vital roles.

Creating a safe space for them. 1 to 1 or group smallholding sessions, goat walks, goat encounters chicken encounters. Lucky clucks are now selling 100% beeswax candles from our hives, cleaned and created by myself along with goat's milk soap with ingredients found on the smallholding. These are perfect for your homes or gifts. Lucky clucks now have a shop on Ebay. All profit made allows us to give torbays young and unpaid carers some much needed relaxing time with the animals along the beautiful river dart in a safe, calm environment. Postage only within the U.K. Take a look at our items:

[www.ebay.co.uk/mys/active](http://www.ebay.co.uk/mys/active)

These can be delivered locally or extra package and posted costs via Evri.

## Christmas Turkeys

Order Your Christmas Turkey or Goose from Lucky Clucks Smallholding C.I.C! Make your Christmas dinner extra special this year with a locally raised, organically fed, free range, lovingly cared-for turkey or goose from Lucky Clucks Smallholding C.I.C. Our birds are free-range in our small woodlands and pastures forging organically grown foliage as well as eating apples from organic certified orchards, these birds are ethically reared, and full of flavour — the perfect centrepiece for your festive table. Limited availability — once they're gone, they're gone! Collection dates or free local delivery; 21st December

Mill Lane, Galmpton  
07595 396656

email: [L.clucks.smallholding@outlook.com](mailto:L.clucks.smallholding@outlook.com)

**Brixham  
Buy Local**

Mill Lane  
Galmpton  
TQ5 0ER

07595 396656

email:  
[L.clucks.smallholding@outlook.com](mailto:L.clucks.smallholding@outlook.com)



Brixham Greengrocers are an independent, small business providing you with fresh, quality produce." Opened on 1st December 2023.

Fresh fruit and vegetables are supplied by local farmers Brixham Greengrocers and the team are ready to take the orders for Christmas with a big selection and top quality, fresh produce.

## To place your order:

- Simply pop in the shop on Fore Street, with your list
- Give us a call on: 01803 927858
- Leave a message on WhatsApp 07460 333389
- Email: [brixham.greengrocers@gmail.com](mailto:brixham.greengrocers@gmail.com)

The orders will be available for collection or free delivery

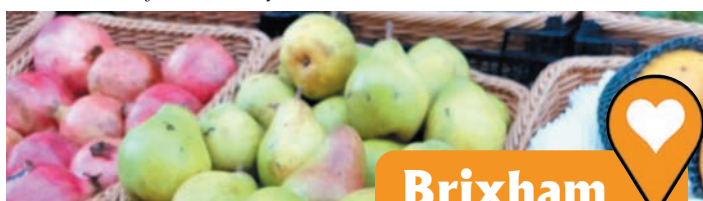
Some comments from existing customer:

"Love this greengrocers. Lovely family x"

"Lovely display, so colourful and fresh"

"Wow, what a selection of goodies. Couple that with helpful and pleasant staff, you can not go wrong with Brixham Greengrocers!"

Brixham Greengrocers  
37 Fore Street, Brixham TQ5 8AA  
email: [brixham.greengrocers@gmail.com](mailto:brixham.greengrocers@gmail.com)



**Brixham  
Buy Local**





## Brixham Heritage Group

*When Brixham became a little part of Belgium*



During the war Brixham became a town whose nets pulled in more than just the day's catch. In the dark winters of WW2, Brixham hauled in hope, survival, and a story of courage that still stirs in the salt air today. Wander the quayside now - past pastel cottages, busy trawlers, and fresh seafood stalls - and it's easy to miss. But eighty years ago, our harbour was a sanctuary for fishermen who fled the Nazi occupation of Belgium, bringing battered boats, broken dreams, and fierce determination across the Channel. When Belgium fell in 1940, courageous fishermen from Nieuwpoort, Ostend, and Zeebrugge crammed their trawlers with desperate Belgian families and set out on a perilous escape across the Channel. Among them was young Pierre Logghe, gripping the rails of

his family's overloaded vessel as bombs rained down on Calais and mines tore the waters apart off Dieppe where, during the harrowing crossing, Pierre watched in horror as the Belgian trawler O.288 Normandie struck a mine and sank.

Pierre's family vessel, the O.280 Pierre - originally launched in Brixham in 1919 as the BM1 Superb - had finally found its way home, battered but unbowed. And Brixham opened its arms. More than 2,000 Belgian refugees were welcomed into our tight-knit community. They quickly built a life within a life - setting up their own blacksmith's forge, a school, and even a fishermen's training school, where local children learned to tie the knots that would carry their families' traditions to the next generation. Classes in Flemish, French and English for the younger children were held in makeshift classrooms inside the Baptist Church Sunday School and later at the Town Hall, weaving the rhythms of a new life into the heart of Brixham.

Fishermen's sons trained at the new fishing school, while their fathers mended nets and returned to the sea to keep their families - and Britain - fed. Different languages were spoken on the quays, but the language of the sea was universal. Yet even here, danger never drifted far.

The Belgian fleet braved the mined waters but 15 to 16 miles

south of Berry Head, on the 19th of February 1943, the trawler O.260 Lindbergh struck a mine and disappeared into the deep. Of her six crew, only Arthur Vinck survived. Among the lost (and the only body recovered) was 15-year-old Marcel Vandamme, who had recently stood proudly at the fishing school here in Brixham, proving himself a seaman beyond his years. Marcel's funeral was held quietly under wartime restrictions, but grief filled the borrowed Brixham Town Hall, carried by townsfolk and refugees alike.

The funeral was attended by the chairman and members of Brixham Council and officials of the Belgian and Fighting French Mercantile Marine. Later, his body was taken home to Ostend - a small piece of Brixham's extended family, borrowed and now respectfully returned to rest.

Today, off Berry Head the wreck of the Lindbergh (amongst many others lost in the war) lays silent beneath the



rolling surf - testimonies to a time when Brixham's heart reached beyond its shores. As the boats slip out to sea and the clink of rigging echoes along the harbour walls, pause for a moment.

Remember that there was a time when Brixham was not just a fishing town - it was a lifeline.

A safe harbour for the lost. A family for the displaced. For a little while, this proud corner of Torbay carried not just its own hopes, but the hopes of a battered nation across the sea.

A little piece of Belgium, stitched forever into the heart of Brixham.





## 2026 PROJECT

# BRIXHAM HERITAGE HUB



### PRESERVING BRIXHAM'S PAST - TOGETHER!

Brixham has a story worth telling—and safeguarding. We've begun a feasibility study to explore the creation of a dynamic, community-driven digital archive dedicated to celebrating Brixham's rich heritage.

The proposed Brixham Heritage Hub will bring together local projects, historical accounts, photographs, artifacts, and expert insights—creating an interactive platform that's accessible to residents, historians, and visitors alike. It will engage, educate, and inspire while preserving our shared legacy for generations to come.

### WHY NOW?

Despite Brixham's remarkable history, much of its heritage remains scattered, undocumented, or difficult to access. As digital preservation reshapes heritage conservation worldwide, we believe Brixham can embrace innovation to protect its legacy.

The Heritage Hub will serve as a central archive, consolidating the town's collective memory for residents, researchers, students, and tourists. It will also explore future-facing tools, including AI-driven heritage curation, to ensure Brixham's stories continue to evolve and resonate.



### HOW YOU CAN GET INVOLVED

As we reach the final months of 2025, Sasha will be reaching out to heritage organisations, historians, and local projects to gauge interest in contributing to the Heritage Hub.

We're thrilled to already have:

- Commitments from local historians to write blogs based on Brixham stories
- Interest from community projects eager to be signposted
- Volunteers ready to help shape and support the initiative

Everyone is welcome to take part in this community project. Whether you have stories to share, skills to offer, or simply want to be part of preserving Brixham's legacy—we'd love to hear from you!

Our digital platform is currently undergoing technical testing, and we're excited to share more soon. In the meantime, if you'd like to learn more or get involved, please contact Sasha:

Email: [Srakoners@gmail.com](mailto:Srakoners@gmail.com)

Phone: 079 358 62665





## Think about!

Mike Lancaster

With events lately putting things into perspective for me and my family here is a theory a balanced life isn't built by accident, it is built by allocation.

The 8+8+8 Rule reminds us that 24 hours is both a gift and a responsibility.

*Eight hours of work keeps your life moving forward.*

*Eight hours of sleep keeps your brain restored and your nervous system regulated.*

*The final eight hours, those are the hours that make you human.* This last block of time is where the true architecture of self is formed.

*Three F's —*

*Family, Friends, Faith*  
Because no achievement matters without connection, belonging, and belief in something greater than yourself.

*Three H's —*

*Health, Hygiene, Hobby*  
Because the vessel you live in is not replaceable; and the mind needs the joy of self-expression, not just survival.

*3Ss —*

*Soul, Service, Smile*

Because your inner world develops when you give your life meaning, help others, and choose lightness where heaviness once lived.

When we ignore this balance, we don't just become tired, we become disconnected from ourselves.

But when we honour it, something extraordinary happens.

Our mind becomes quieter. Our resilience becomes stronger.

Our purpose becomes clearer. Our relationships deepen.

Life stops feeling like something we manage and becomes something we experience.

Balance is not luxury. Balance is neural alignment. It is how your brain signals safety, clarity, direction, and fulfillment.

Your life changes when your time aligns with your values. Because time is not just passing, it is shaping you.

*The question is, into what?*

## Start living with self-belief

Emily Papirnik

**Start Living with Self-Belief and see the change around you**

Self-belief is an energy — subtle, steady, and deeply alive. It doesn't shout or demand. It hums quietly beneath the surface, reminding you that you are capable, worthy, and endlessly adaptable. For me I feel it as Peaceful Confidence.

When you begin to trust yourself, the edges of your world soften.

What once felt like barriers start to dissolve, and the spaces that held fear or doubt begin to fill with possibility.

Believing in yourself invites life to move through you, not against you.

It opens doors that logic alone could never find.

You start to sense opportunities that feel aligned — not forced — and you act from a place of inner knowing rather than hesitation. Self-belief is not about pretending everything is easy. It's about recognising that you can meet whatever comes with grace, resilience, and curiosity.



Every challenge becomes a teacher. Every step, a quiet declaration of trust.

When you hold faith in your own rhythm, you stop measuring yourself by old limits. You expand — beyond boundaries, beyond comparison — into the vastness of who you truly are. When you believe in yourself, life starts believing in you too. Take a quiet moment today to sit with your breath.

Ask yourself: Where in my life am I ready to trust myself more deeply?

Feel into that space — notice how it shifts your energy, softens resistance, and opens the way for something new to flow in.

[www.intentiontherapy.co.uk](http://www.intentiontherapy.co.uk)  
[www.mehelpingme.com](http://www.mehelpingme.com)

## Tai Chi

Chen Style - Beginners

**Awareness Balance Tranquillity Strength**

Do you want to improve your balance, coordination, posture, resilience, and your general health?

Classes every Tuesday - 11am - 12 noon

Brixham Laboratory - Oxen Cove

WhatsApp/SMS: Wendy on 07923 250282  
or email: [wendy.henry777@gmail.com](mailto:wendy.henry777@gmail.com)

**£7 per class.**

*Please wear soft light shoes such as pumps and loose, comfy clothing.*

Tai Chi is an internal martial art sometimes described as "meditation" or "medicine" in motion.

These gentle - one - hour classes are suitable for all adults with a reasonable level of fitness and may also be helpful for those living with chronic health conditions.

I am instructor member of the Tai Chi and Qigong Union for Great Britain and have studied in the UK and China



relaxing body and mind

Discover holistic healing with Emily Papirnik, supporting mind, body, and soul. From EFT and Perspective Change to energy work, pregnancy, remedial, and sports massage, Emily tailors each session to your unique journey.

Now welcoming clients on the East Devon coast and returning monthly to Worcestershire, with Zoom appointments available.

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[www.intentiontherapy.co.uk/shop-weighted-blankets](http://www.intentiontherapy.co.uk/shop-weighted-blankets)



[www.intentiontherapy.co.uk](http://www.intentiontherapy.co.uk)

Tel +44 (0)1297 691029 or Mob +44 (0)7973 232177



## From Ironman Dreams...

Sarah Taylor

### ...to a New Kind of Fight

Until last summer, my life was all about endurance. I was training for Ironman Leeds — swimming, cycling, and running for hours on end — determined to prove that age and menopause are no barriers to achievement. Alongside that, I worked as a Forensic Investigator, tackling multi-million-pound frauds involving solicitors. I thrived on pressure, purpose, and pushing limits. Then, on 5th July, everything changed. I suffered a ruptured brain aneurysm. One minute I was planning my next training session, the next I was in hospital fighting for my life. My brain surgeon later told me that my Ironman training probably saved my life — that my fitness, strength, and determination gave my body the resilience it needed to survive. That perspective changed everything. Since then, my world has shrunk. I went from a high-functioning professional to someone who now struggles with the two times table and can only walk around 500 metres before fatigue sets in. It's been a humbling, frightening, and eye-opening experience — but I'm grateful to still be here. I want to use my story to raise awareness of brain aneurysms.



They can happen to anyone, but there's an increased risk if a close family member has had one, so it's important to know your family history. The symptoms can strike suddenly and are often mistaken for migraines or exhaustion. The key warning signs include:

- A sudden, severe headache, often described as "the worst headache of your life."
- Nausea and vomiting.
- Blurred or double vision.
- Sensitivity to light.
- Stiff neck.
- Confusion, drooping eyelid, or loss of consciousness.

If you or someone you know experiences these symptoms, seek emergency medical help immediately — it could save a life.

Resilience, I've learned, isn't just about medals or miles. It's about adapting, accepting, and refusing to give up.

My Ironman journey may have taken an unexpected turn, but I'm still moving forward - one small, determined step at a time.



"Believe you can, and you're halfway there"

Theodore Roosevelt

## Easing aches and pains!

Natalie Wayne

BSc Hons Sport & Exercise Rehabilitation

Staying active isn't always easy aches, tightness, old injuries and new niggles can hold us back from doing the things we love.

I'm Natalie Wayne of NLW Sports. My role as a Sports Rehabilitation and Massage Therapist is to help people move with confidence, recover from pain, and understand their bodies better.

With over six years of experience I have worked largely within Rugby providing pitch-side care and Injury rehabilitation to players from local, premiership and National league teams and worked with Elite athletes at the top of their game in Cross-fit, Calisthenics, weightlifting and more taking them from Injury to elite performance but I have also worked with a client base that want to get back to a level of functionality and strength that helps them move through day to day living pain free!

Based in Brixham from Platinum Health and Fitness on Northfields Industrial Estate, I offer a combination of hands-on treatment and personalised rehabilitation to support active people of all ages.

My approach blends the best of clinical knowledge with practical, accessible care, tailored to each individual.

Services I provide include:

- Soft tissue therapy to reduce tension and improve mobility
- Deep tissue and sports massage to aid recovery, prevent injury, and enhance performance
- Injury assessment to identify the true cause of pain or dysfunction
- Exercise-based rehabilitation to restore strength, movement, and long-term resilience



- Alternative therapies, including cupping and dry needling, to support healing and relieve stubborn muscle tightness

Sports rehab isn't just for athletes it's for anyone who wants to feel strong and move better. From runners and cyclists to gardeners, office workers, and weekend adventurers, I work with people from all walks of life.

Each month in this column, I'll be sharing:

- Practical advice for preventing common injuries
- Simple mobility and strength ideas you can safely try at home
- Insights into how the body works and why pain happens
- Tips for staying active, confident, and injury-free

My aim is to make injury recovery less overwhelming and movement more enjoyable because everyone deserves to feel strong, capable, pain free and at home in their body.

NLW Sports Rehab

Phone: 07415 848606

Email:

NLWsportsrehab@gmail.com

Instagram- @nlwportsrehab

Facebook- NLW Sports Rehab

Opening hours:

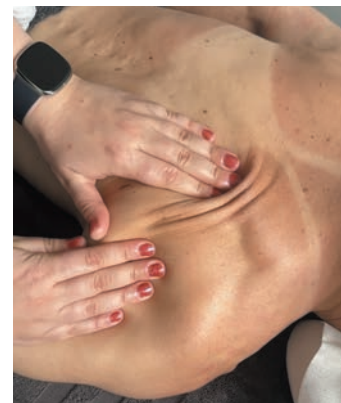
Mon- 12:00-20:00,

Tue & Fri: 10:00-14:00

Wed- 12:00-18:00 and

Saturday mornings by appointment request only.

www.nlwportsrehab.co.uk





## Jack and Jon's Arduous Fan Dance Challenge



The training continues for two serving Coastguards who are taking on an incredible physical and mental challenge to raise money for the Coastguard Association. Volunteer Coastguard Rescue Officer Jack from Brixham and Senior Coastal Operations Officer Jon, are taking on the arduous Fan Dance challenge in January 2026.

This challenge will see the duo tackle a 24km weighted march which is infamous as part of Special Forces Selection including scaling Pen y Fan

reaching heights of nearly 3,000ft.

Jack and Jon recently completed a 20-mile hike carrying 16kg of kit. And not only did they smash the training hike, but they've also smashed through their £500 fundraising target as well!

Huge thanks to these dedicated Coastguards for their support and thank you to everyone who has donated so far.

*You can support Jack and Jon by donating online at:*

[www.ow.ly/v0Qf50XsQSN](http://www.ow.ly/v0Qf50XsQSN)

#999Coastguard

#SARFamily

The Coastguard Association is the charity dedicated to supporting Coastguard personnel and their families in their time of need. Sign up as a member, donate online and find out more at:

[www.ow.ly/7MMm50XsQSP](http://www.ow.ly/7MMm50XsQSP)

*You can also donate straight from your mobile phone.*

*Text COASTGUARD to 70085 to donate £1 or to 70450 to donate £5 - standard message rates apply.*



## Motor Neurone Disease (MND)

*What is MND?*

Motor Neurone Disease affects the nerves, known as motor neurones. These nerves are found in the brain and spinal cord, and they help tell your muscles what to do.

MND affects up to 5,000 adults in the UK at any one time.

There is a 1 in 300 risk of getting MND across a lifetime.

It can affect adults of any age but is more likely to affect people over 50.

*The basic facts:*

With motor neurone disease, known as MND, messages from the motor neurones gradually stop reaching the muscles. This leads the muscles to weaken, stiffen and waste, which can affect how you walk, talk, eat, drink and breathe. Some people also get changes to their thinking and behaviour, but the disease affects everyone differently. Not all symptoms will affect everyone, or in the same order. Symptoms also progress at varying speeds, which makes the course of the disease difficult to predict.

MND is life-shortening and there is no cure. Although the disease will progress, symptoms can be managed to help achieve the best possible quality of life.

If you have MND, this means your movement will be affected and you are likely to get a wide range of symptoms. MND cannot be stopped or reversed, but therapies, equipment and medication can help manage symptoms. These can all help you achieve the best possible quality of life.

*Some symptoms listed below:*

*Muscle weakness - with loss of muscle mass*

*(wasting), and both movement and mobility problems*  
*muscle cramps and spasms - including rippling sensations, known as fasciculation*

*Stiff joints - which limit range of movement*

*Pain or discomfort - as a result of other symptoms (pain is not usually caused by MND directly)*

*Speech & communication - problems affecting how you speak, gesture and show expression*

*Swallowing difficulties - affecting how you eat and drink*

*Saliva problems - where thin saliva pools in the mouth or saliva becomes thick and sticky*

*Weakened coughing - which makes it harder to clear the throat*

*Breathing problems - which can lead to breathlessness and fatigue*

*Emotional lability - with inappropriate emotional responses, such as laughing when feeling sad*

*Changes to thinking and behaviour - for about half of those diagnosed with MND and this number increases in the later stages. Changes to thinking and behaviour are usually mild, but a small number of people with MND may develop frontotemporal dementia, which is more severe and needs additional care support.*

*To find out more about the MND Association services visit:*

[www.mndassociation.org](http://www.mndassociation.org)

**mnda**  
motor neurone disease  
association

"Every organ is connected to the one under your hat"

B.J. Palmer



# Beacon Directory

## Useful Numbers

### Emergency Services/Utilities

Action Fraud	0300 123 2040
British Gas	0800 111 999
CrimeStoppers	0800 555 111
Fire Station	01392 872200
Floodline	0345 988 1188
Police	101 or 0845 277 7444
(In an emergency always call 999)	

South West Water	0344 346 2020
Western Power	0800 678 3105

### Banking

Brixham Banking Hub	0345 722 3344
Brixham Post Office	01803 882226

### Healthcare

Brixham Community Hospital	01803 881399
Compass House Surgery King Street & Galmpton	01803 855897
Mayfield Medical Centre	01803 495400
Community Dentist Service	01803 217777
Tourist Information	01803 211211

### Councils

Brixham Town Council	01803 859678
Torbay Council	01803 201201
Emergency out of Hours	01803 550405
Brixham Harbour Office	01803 853321
Waste Services, Swisco	01803 701310
Housing	01803 208723
To report faulty traffic lights or urgent highways issues call:	01803 207740
Roads, pot holes & pavements	01803 701310

### Help & Support

Alcoholics Anonymous	0800 917 7650
Brixham Food Bank	07873 164211
Brixham Library	01803 853870
Samaritans	dial free from any phone 116 123 or 0330 094 5717 local call charges apply
Torbay Citizens Advice	0808 278 7859
Victim Support	0845 303 0900f
Help the Homeless	0300 456 4876





# Brixham



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**SMUGGLERS**  
HOTEL AND RESTAURANT

**PRE-THEATRE MENU**  
Served between 17:00 - 18:15

**BRIXHAM THEATRE**

**ENJOY 2 COURSES FOR ONLY £24.95\***  
Main and Desert

**MAINS**

<b>STEAK FRITES</b> Philip Warren's grass fed beef served with our Smuggler's peppercorn sauce & dressed salad	<b>WILD MUSHROOM TAGLIATELLE</b> Smuggler's take on Italian Tagliatelle with local wild mushroom
<b>SEAFOOD CHOWDER</b> Fresh local fish in a creamed smoked sauce topped with crispy bacon lardons	<b>STICKY PORK RIBS</b> Served with triple-cooked chips, coleslaw & salad

**DESSERTS**

<b>CHOCOLATE BROWNIE</b> Served with vanilla ice cream	<b>CREME BRULEE</b> served with shortbread
<b>STICKY TOFFEE PUDDING SUNDAE</b> served with toffee sauce and STP bites	

**SIDES**

<b>CAESAR SALAD</b> £5 Salad with a Caesar dressing	<b>SEASONAL VEGETABLES</b> £6 A side dish of seasonal vegetables	<b>RUSTIC BREADS</b> £5 Bread & butter for the table
<b>SPECIALITY COFFEE</b> £4 cappuccino, latte, flat white, americano		

\*T&C's Apply, Theatre Tickets MUST be shown on arrival. Theatre tickets must be for the same day. Please book in advance stating that you are dining for PRE-THEATRE to ensure you are served as a priority.

Please speak to one of our staff if you have a food allergy or intolerance.  
Our food is prepared in a kitchen that contains nuts and flour as well as other allergens.  
Our fish dishes may contain traces of small bones. PBOW - Price based on weight.  
For parties of 6 and over there will be a 10% service charge added to the bill.

Smugglers Hotel, Brixham, TQ5 8HH      01803 853050      smugglershotel.com

## Brixham Santa Run 2025

in aid of Rowcroft Hospice

**Sunday 7th December 2025**

### Dress:

Santa Outfit  
(included in Entry Fee)

### Distance:

3km (no pushchairs or dogs)

### Start / Finish:

Old Fish Quay

### Time:

11am - 1pm

### Registration:

Brixham Yacht Club  
from 9.30am



### Entry Fee:

Adult £15; Child £9 including santa outfit  
(under 11 yrs old must be accompanied)

### To enter:

Contact Brixham Harriers, visit:  
[www.brixhamharriers.co.uk/santa-run](http://www.brixhamharriers.co.uk/santa-run)



Brixham Harriers

Thinking Fitness Gym, Lyte's Road, Brixham TQ5 9SN  
[www.brixhamharriers.co.uk](http://www.brixhamharriers.co.uk)

# Sponsor a Seat

## & support your local theatre



- As a gift for yourself or someone else
- In memory of a loved one
- To advertise your business

Brixham Theatre CIO, a charity run entirely by volunteers, is offering you the chance to show your support for this great community asset.

Thanks to the continuing support of our loyal customers, we have started re-upholstering our 258 seats. We now need your help to ensure our facilities match our exciting and diverse programme of events!

*Sponsorship is for 10 years including a plaque engraved with the name of your choice!*

Business and individual sponsorship is available  
Discounts for members and 10 or more seats

**For further details contact:**  
[membership@brixhamtheatre.uk](mailto:membership@brixhamtheatre.uk)

## Brixham Theatre Events

### Saturday 6th December 2025

The Crooners at Christmas -  
songs by Frank Sinatra, Nat King Cole, Peggy Lee & many more

### Saturday 13th December 2025

Brixham Comedy Club -  
with Hal Cruttenden (Suitability 18+)

### Wednesday 17th December 2025

Movie Night -  
The Nutcracker and the Four Realms (2018 Cert. PG)

### Thursday 22nd January 2026

National Theatre Live - Hamlet (2025 Cert. 12A)

### Saturday 24th January 2026

Brixham Comedy Club (Suitability 18+)

### Saturday 21st February 2026

This is Floyd - Through the Years Tour

### Saturday 28th February 2026

The Carpenters Experience

### Saturday 7th March 2026

Fearlessly Taylor -  
An international tribute to the music of Taylor Swift

### Brixham Theatre

Brixham Town Hall, New Road, Brixham TQ5 8TA  
Tel: 01803 415987

Email: [info@brixhamtheatre.co.uk](mailto:info@brixhamtheatre.co.uk)  
[www.brixhamtheatre.co.uk](http://www.brixhamtheatre.co.uk)

Regular Box Office Hours: Monday to Friday 10am - 12pm



## What's on!

### Annual Events in Brixham:

Pirate Festival - Sat 2nd - Mon 4th May 2026

Heritage Sailing Regatta - Fri 22nd - Sun 24th May 2026

Brixham Trawler Race - Sat 20th June 2026

Brixham Heritage Rally - Sat 12th September 2026

To advertise your event here -  
email: [news@brixhambeacon.com](mailto:news@brixhambeacon.com)




**BRIXHAM DOES CARE**

Everyone is welcome to join us for our  
**Mince Pie and Carol Morning.**

Wednesday 17<sup>th</sup> December. Scala Hall  
10-30am -12-30 pm.

**Christmas Carols with Martyn**  
Tombola, Raffle, Refreshments, Various Stalls.

**Furzeham School Choir Singing**

Come and support your local charity

## Brixham Town Band



Brixham Town Band always do Christmas in style and start early! This year we have a number of paid engagements to boost the Band funds. At the beginning of November, when we have barely finished with the town Remembrance parade and Festival, we start playing Christmas Medleys and carols for audience participation. Every Monday evening, we will be playing for "Turkey and Tinsel" guests at the Livermead House Hotel.

Also on our agenda are two pub carol events- one being a small band at the Manor Inn Brixham on Thursday 4th December at 4.30pm, for their Christmas lights switch on. The same evening the full band will do a free Christmas concert for Torbay Mencap members, which they always really enjoy, often dancing in the aisles! These are just some of our Christmas engagements, in which we receive a lot of support from Torbay Brass Band and other bands in the

area. One for everyone to put in their diary will be our Shoppers' carols in Fore Street on Christmas Eve at 10am outside the Methodist Church. See you there for a great start to Christmas! If you are interested in joining us as a player, or having free lessons on a brass instrument, or helping us in other ways, please contact us as below.

Contact: Kim Pettitt, Secretary,  
on 01803 853438 or email:  
[brixhamtownband@outlook.com](mailto:brixhamtownband@outlook.com)





## Abide with Me

The hymn "Abide with Me" was written in Brixham by Henry Francis Lyte, the vicar of All Saints' Church, just before his death in 1847. Lyte composed the hymn it at his home, which is now the Berry Head Hotel, and is closely associated with the town's seaside location and the life of the local fishermen he served.

Henry Francis Lyte, a poet and hymn writer, was the first vicar of All Saints' Church in Brixham. He completed the hymn in September 1847, just a few months before he died. He was known for his deep connection to the local fishing community, and the hymn's themes of "eventide" are often linked to his observations of

the ebbing tide in the harbor and the end of life. The bells of All Saints' Church ring out some of Lyte's hymns, daily including "Abide with Me,".



## Local Churches

### All Saints' Church

Church Street, Brixham TQ5 8HG

01803 851340 [www.achurchnearyou.com/church/8909](http://www.achurchnearyou.com/church/8909)

### St Mary's Church

St Mary's Square, Milton Street, Brixham TQ5 9JY

01803 857357

### Brixham Baptist Church

Market Street, Brixham TQ5 8EU

0333 390 4619

### Brixham Baptist Church

Market Street, Brixham TQ5 8EU

0333 390 4619 [www.brixhambaptist.org.uk](http://www.brixhambaptist.org.uk)

### Our Lady, Star of the Sea Catholic Church

43 New Road, Brixham TQ5 8NB

01803 853406

### Fore Street Methodist Church

15 Fore Street, Brixham TQ5 8AA

### Brixham URC Church

4 New Road, Brixham TQ5 8NE

01803 853794 [www.brixhamurc.org](http://www.brixhamurc.org)

### Church of St Mary the Virgin

Church Street, Churston Ferrers, Brixham TQ5 0JE

01803 845692 [www.achurchnearyou.com/church/8910](http://www.achurchnearyou.com/church/8910)

### Beacon of Light Fellowship

11A Mount Pleasant Road, Brixham TQ5 9RP

01803 473228

### Higher Brixham Church

30 Milton Street, Brixham TQ5 0BX

### Chestnut Community Centre

3 Poplar Close, Brixham TQ5 0SA

07855 090589 [www.chestnutcentre.weebly.com](http://www.chestnutcentre.weebly.com)

## Used stamps needed!

With Christmas coming up and more post, please save your used stamps for The South Devon Players Theatre & Film Company, Brixham for their ongoing fundraising appeal.

Collection points in Brixham are:

- Brixham Library
- Crafty Cwtch Cafe
- Brixham Town Council

It doesn't matter where the stamps are from (including common UK ones), or how old, they are all equally extremely useful and appreciated. These really make it possible to keep doing what we do, albeit on a brutal shoestring, namely:

- bringing classical literature, and history to life in touring shows suitable for all ages
- creating opportunities for local people to launch or further careers in the creative industries

- supporting other arts and creative ventures when possible, in Torbay
- being the living proof that people of all identities, backgrounds, and experience levels, can collaborate and achieve world class excellence in theatre and creativity.
- demonstrating best practice in inclusion and ethical production methods on a national scale
- streaming our work around the world.
- and having an amazing time doing it!!!

Thank you for your support.



## Galmpton & Churston Women's Institute

Meet once a month on the first Friday of the month at 2pm.

Usually with a speaker followed by tea and biscuits at Village Hall Galmpton, TQ5 0LT

Email: [galmptonandchurston@devonwi.org.uk](mailto:galmptonandchurston@devonwi.org.uk)



## Youth Club

Brixham Youth Club is open and welcoming young people every week!

It offers young people aged 11-18 a welcoming place to relax, socialise, and take part in a range of fun activities — all supervised and completely free to attend.

Free entry, with an optional tuck shop available

If you're looking for a supportive environment for

your teenager to spend time with friends after school, we'd be delighted to welcome them.

Location:

The Scala, Brixham Town Hall, TQ5 8TA

Session time:

Tuesdays 3:30pm – 5:00pm during term-time only

Proudly supported by

@fuel\_youth\_initiative\_cic and Brixham Town Council

## BRIXHAM YOUTH CLUB

Location: Scala, Town Hall, TQ5 8TA

Time: 3:30PM – 5PM

Ages: 11 to 18

Term-time only!

All are welcome for some fun & games – after school

Free Admission – Tuck Shop





## Energy bill support

After last winter, I'm really worried about falling behind on my energy bills again as we head into the colder months. We're careful about what we use but with small kids it's hard. What can I do if I'm struggling to keep up with payments?

It's understandable to feel anxious about energy bills at this time of year. If you're struggling to afford your bills, it's important to act quickly; support is available and there are things you can do to ensure you're not overpaying.

The first thing is to contact your energy supplier - they're responsible for helping you come to a solution, like setting up an affordable repayment plan if you've fallen behind. Energy bills can go up and down for many reasons, and if you think your bills don't look right, you should check to see if they're based on accurate readings. You might be getting estimated bills if your smart meter has stopped automatically sending readings, or if you have a non-smart meter and haven't sent a reading for a while. If you see the word "estimated" or the letter "E" next to the readings on your latest bill, that means it's estimated. If this is the case, submit an up-to-date reading to get an accurate bill. A working smart meter does this for you, so if you have one and suspect it's not automatically sending readings, or if you'd like to get one installed, then speak to your supplier.

To help make your home easier and cheaper to heat, you might be able to apply for support with the cost of energy efficiency upgrades like insulation, a new boiler or a heat pump. Schemes like the Energy Company

Obligation (ECO) scheme or Great British Insulation Scheme (GBIS) are run by energy suppliers and local councils.

You may also be able to find grants run by your local council to help you pay your energy bills. These are usually for emergency situations, like if you've lost your job and can't afford to top up your meter.

*You'll need to search for these on your local council's website, which you can find on [www.gov.uk](http://www.gov.uk)*

If you're behind on your bills, you might be able to get a grant to help you pay off your debt. You'll need to get debt advice before applying and can do this through organisations like Citizens Advice. You can also check which grants are available on our website. If you need extra non-financial help - for example, because you're disabled or of state pension age - you can apply for support from your supplier through the Priority Services Register (PSR). Being on the register means your supplier can take readings for you if you struggle with this and there's no one else who can do it for you, and ensures your bills are in a format you can understand. See the full list of eligibility criteria and how to sign up on the PSR website.

*Citizens Advice*

*Remember, you don't have to face this alone. If you're struggling to afford your energy bills, visit the Citizens Advice website: [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)*



**Torbay Citizens Advice**  
29 Palace Avenue, Paignton TQ3 3EQ  
**0808 278 7859**  
[www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)

## Brixham Police



Over the last few weeks, Neighbourhood Teams from Brixham and Ashburton have joined forces to disrupt the supply of cannabis. Neighbourhood officers from Ashburton are currently investigating several parcels containing illegal drugs which were intercepted by Border Force and local Delivery Agents. Following enquiries, both Neighbourhood Teams, along with Police Dog Ken, conducted a search at an address in Brixham. With Ken's assistance, officers were able to

locate and seize cannabis products. A local male from Brixham is now assisting Police with their enquiries (and Ken got his favourite toy reward).

*If you have information about illegal activity in your area, please report it to us.*

*You can report information by calling 101 or via our website or by visiting your local enquiry office.*

*You can also report anonymously via Crimestoppers on: 0800 555 111*



*Picture courtesy of Brixham Baptist Church*

PCSO Karl Copik (PS15515) supporting the work of Brixham Baptist Church last week, where volunteer's packed Christmas hampers for families in need in the local community in

collaboration with community services. 84 children and 43 parents/carers were provided with hampers. Well done to all those who assisted and supported the church's efforts.

### Brixham Police Station

3 Rea Barn Close, Brixham TQ5 9EA  
**0845 277 7444**

Open 24 hours  
(excluding Monday's Open 9am to 6pm)



## Sweet Memory

*A taste of the past!*



Sweet Memory Brixham is an absolute delight! From the moment you walk in, the nostalgic atmosphere transports you back in time. The selection of classic sweets is fantastic, and everything is sold the old-fashioned way, allowing you to pick and mix as little or as much as you like. The staff are

incredibly friendly and helpful, adding to the warm and welcoming environment. It's the perfect spot for finding unique gifts or simply treating yourself. Lots of Christmas sweet treats for the kids (and the big kids) and there is also magic Reindeer food! We highly recommend a visit!



## Traditional Sweets

*A taste of the past!*

*All your old favourites and more...*



*Pick 'n' Mix*

*Party Bags*

*Sweet hampers made to order*

*Sweet buffets*

15 Fore Street, Brixham TQ5 8AA

## Eating out...

*Culinary Compass Scribe*



If you are looking for a hearty, 'feels like' home cooked Sunday Lunch at a very reasonable price, then look no further than the Golden Lion! As they say, the first and last pub in Brixham. The pub has a homely feel and has the usual Brixham charm, and a warm welcome awaits. Leanne, who regularly works on a Sunday is outstanding in customer service and she never misses a beat, if you are lucky enough to be served by her. You must book, and you must book in advance of your visit as tables go very quickly, are in high demand and rightly so. My partner and I have been on several occasions, and the quality and quantity of the food has never faltered. No cheap veg here, it's quality every time and plenty of it! The meat is always very tasty and again,

plentiful but the pièce de resistance is certainly the gravy, each customer gets their own gravy boat and it is constant in its quality.

A few times we have had to wait for our table, but to be fair, the wait is always worth it and it's never for very long. Events are run regularly; I am told they are well worth the visit too. Coming up, there's Burns night in January and a regular Quiz night on a Wednesday.

You can book for special occasions if you want a buffet for a party and there are three buffet options, again at very reasonable prices.

*Golden Lion*  
65 New Road, Brixham TQ5 8NL  
Tel: 01803 469501  
[www.goldenlionbrixham.com](http://www.goldenlionbrixham.com)

## Traditional Sunday Roast

### Quiz!

*Every Wednesday 7.45pm*

### Curry Club

*Wednesday, Thursday & Friday's*

Choose from Korma, Tikka Masala

Balti, Jalfrezi, Madras, Vindaloo or Phall

Served with Basmati rice (subject to availability)



## The Golden Lion

*The first and last pub in Brixham*

65 New Road, Brixham TQ5 8NL

Tel: 01803 469501

[www.goldenlionbrixham.com](http://www.goldenlionbrixham.com)



# The Pantry's Voice

Pam the Cook - Just like your mother made . . .

## Christmas Chutney

3 x 400g tins chopped tomatoes  
700g/1lb 9oz onions, chopped into small pieces  
1 green pepper, chopped into ½cm/¼in pieces  
3 red peppers, chopped into ½cm/¼in pieces  
4 fat garlic cloves, grated  
350g/12oz granulated sugar  
300ml/½ pint white wine vinegar  
1 tbsp salt  
1 tbsp coriander seeds, finely crushed  
1 tbsp paprika  
2 tsp cayenne pepper

Put the tinned tomatoes, prepared vegetables and garlic into a large saucepan and bring to the boil.  
Cover with a lid, lower the heat and gently simmer for around 45 minutes until the onion and vegetables are tender.  
Stir occasionally, as it can catch on the base of the pan.  
Add the sugar, vinegar, salt, coriander, paprika and cayenne pepper to the pan.  
Bring to the boil, stirring until the sugar has dissolved.  
Continue to simmer, without the lid, for about 35 minutes until a chunky chutney consistency is achieved and the surplus watery liquid has evaporated. Stir towards the end of the cooking time, so that the chutney doesn't catch on the bottom of the pan.  
Ladle into clean jars, cover with screw top lids and seal while hot.

## Onion Marmalade

110g/4oz butter  
900g/2lb onions, thinly sliced  
2 tbsp granulated sugar  
salt and freshly ground black pepper  
75ml/3fl oz sherry vinegar or red wine vinegar  
2 tbsp grenadine syrup or crème de cassis  
½ bottle red wine, or less (to taste)  
**To serve**  
mature cheddar  
blue cheese  
oatcakes  
grainy bread

Melt the butter in a medium pan and add the onions. Add the sugar and seasoning. Lower the heat and cover. Simmer for 20 minutes giving an occasional stir.  
Add the vinegar, grenadine syrup and the red wine. Cook, uncovered, over a low heat with more stirring as necessary until the sauce thickens and bubbles slowly. Serve with cheese, oatcakes and grainy bread.

## Christmas Red Cabbage

1 tbsp sunflower oil  
1 onion, chopped  
450g/1lb red cabbage, shredded  
225g/8oz cooking apples, peeled, cored and diced  
2.5cm/1in piece fresh root ginger, peeled and grated  
pinch of ground cinnamon or allspice  
150ml/¼pt vegetable stock  
salt and freshly ground black pepper



Heat the oil in a large saucepan. Add the onion, red cabbage and apple and cook gently for 5 minutes.  
Add the ginger and cinnamon (or allspice) and the vegetable stock.  
Bring to the boil, then reduce the heat and simmer gently for 15–20 minutes until most of the liquid has evaporated and the vegetables are tender.  
Season to taste and serve.

## Cranberry Sauce

100g/3½oz light brown sugar  
100ml/3½fl oz fresh orange juice  
250g/9oz fresh/frozen cranberries  
1 clementine or small orange, finely grated zest only (optional)

Bring the sugar and orange juice to the boil in a large saucepan. Stir in the cranberries and zest, if using, and simmer for 5 minutes or until tender but holding their shape (frozen cranberries will take longer than fresh).  
Refrigerate until needed, it will thicken as it cools.  
Remove from the fridge an hour before serving, see the tips section for freezing information.

## Maple Christmas Ham

smoked or unsmoked hammon (asked for the shank end)  
2 Star Anise, plus extra to decorate (optional)  
1/2 tsp. black peppercorns  
3 bay leaves  
300 ml orange juice  
3 Tbsp. English mustard powder  
3 Tbsp. light brown soft sugar  
4 Tbsp. maple syrup

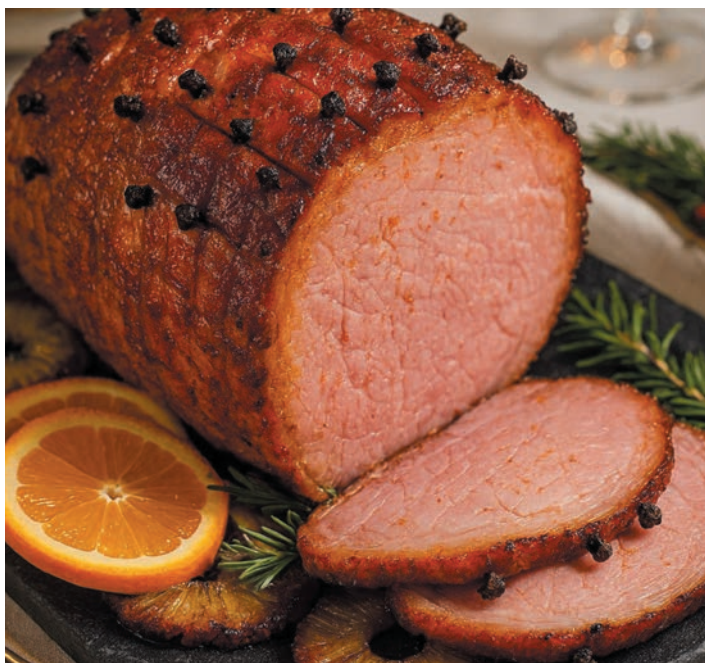
Preheat oven to 160°C (140°C fan) mark 3. Put the ham into a large, deep-sided roasting tin with the star anise, peppercorns and bay leaves. Pour over the orange juice and 700ml water. Cover tin tightly with foil and roast (calculate the cooking time allowing 25min per 450g). Remove ham from oven and increase temperature to 220°C (200°C fan) mark 7. Leaving

the ham in the tin, use a knife to remove and discard the skin, making sure you leave a good layer of fat covering the meat. Score a diamond pattern into the fat (don't cut down into the meat).  
In a small bowl, mix the mustard powder, sugar and maple syrup then brush all over the ham. Stud with star anise (if using) to decorate. Return to the oven for 25–30min, until golden. Transfer to a board and serve hot, warm or cold.

## Christmas Vegetable Gratin

300ml double cream  
300ml whole milk  
2 large garlic cloves  
1/2 bunch of thyme  
grating of nutmeg  
1 leek sliced  
150g brussels sprouts  
1 large carrot sliced into 3mm rounds  
2 King Edward potatoes (about 350g), sliced into 2mm rounds  
70g grated gruyère or cheddar

Heat the oven to 200C/180C fan/gas 6.  
Put the cream, milk, garlic and thyme into a large pan and bring to a simmer.  
Remove from the heat and leave to infuse for 15 mins.  
Strain, discarding the garlic and thyme.  
Grate in some nutmeg and season to taste.  
Place the leek, brussels sprouts and carrot all together in a bowl.  
Arrange half of the potatoes in the bottom of a medium baking dish, overlapping the slices slightly.  
Top with the veg mixture and half the cream mixture.  
Arrange the remaining potatoes on top.  
Pour over the left-over cream mixture and sprinkle over the cheese.  
Bake for 50 mins-1 hour, covering with foil if it starts to brown too quickly.  
Leave to rest for 10 mins before serving.  
Enjoy!



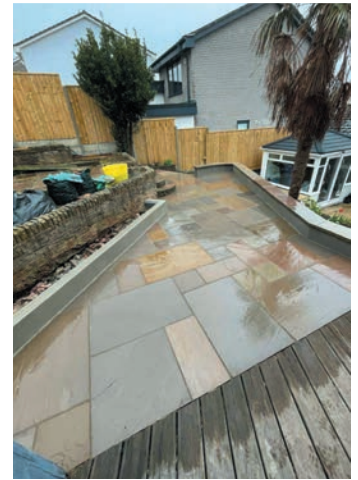



## Spotlight on local tradesmen - Browse Building Services

Affordable building & construction work in Torbay & beyond to make your ideas a reality!



Brixham builder, Jack Browse offers a professional, friendly and reliable service. From Patios and decking, kitchens and bathrooms to full extensions. Whatever, your building requirements are, be sure to call Jack for a competitive quote. Call Jack on 07709 254054 or email: [Browse.building.services@gmail.com](mailto:Browse.building.services@gmail.com)





*Seeing things from another angle can change everything!*



**Patios  
Decking  
Kitchens  
Bathrooms  
Full extensions**

**Jack Browse**  
Tel: 07709 254054  
Email: [browse.building.services@gmail.com](mailto:browse.building.services@gmail.com)  
Find us on facebook:  
[www.facebook.com/browsebuildingservices](http://www.facebook.com/browsebuildingservices)

To receive the  
**Brixham Beacon**  
by e-mail each month, visit:  
[www.brixhambeacon.com](http://www.brixhambeacon.com)  
enter your name and email address

"A dream doesn't become reality through magic; it takes sweat, determination and hard work."  
*Colin Powell*



**BRIXHAM FENCING**  
01803 859 510  
email: [calvin7@btinternet.com](mailto:calvin7@btinternet.com)



## Chancellor 's tax grab!

Michael McCaul

### Reeves unveils £26bn tax grab as Landlords hit with higher rates on rental income

Chancellor Rachel Reeves has used the Autumn Budget 2025 to announce a further £26bn in tax rises, bringing the total under Labour to around £70bn since she entered the Treasury. Among the most far-reaching measures is an increase of two percentage points to all income tax rates applied to property income, a move set to reshape the private rented sector. Under the new rules, landlords will pay 22%, 42% and 47% on rental profits, depending on their wider taxable income. The Treasury says the measure is designed to "ensure fairness across income sources" and raise billions for public services. But the reaction from landlords, agents and market analysts has been markedly less optimistic. Industry figures say the tax increase risks pushing more landlords out of the sector at a time when supply is already falling. Many are still absorbing higher mortgage rates and the full impact of the mortgage interest relief restrictions. For those operating on thin margins, the additional tax burden may prove unsustainable. The result, market observers warn, is likely to be fewer homes to rent and higher prices for those that remain. Tenant groups



have expressed concern that reduced supply could place further pressure on affordability just as demand continues to rise. For landlords choosing to stay in the sector, the increase is expected to feed directly into higher rents. With operating, compliance and finance costs continuing to climb, many will have no choice but to pass the additional tax on to tenants to maintain viability. The changes may also accelerate the move toward corporate ownership of housing. Large institutional investors such as BlackRock and Lloyds have been steadily expanding into the private rented market. Lloyds alone has built a £2bn residential property portfolio since 2021, according to the Financial Times. Analysts say higher taxes on smaller landlords may widen the gap even further, giving large investors greater opportunity to acquire homes from individuals leaving the market.

"For a nation to try to tax itself into prosperity is like a man standing in a bucket and trying to lift himself up by the handle"

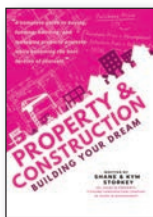
Winston Churchill 1904

### Property & Construction - Building Your Dream

This book isn't about overnight success or chasing get-rich-quick schemes. It's about building something solid, step by step. Property investing, at its core, isn't just about bricks and mortar; it's about making smart decisions, Learning from experience, and having the patience to let time do its work.

By Shane & Kym Storkey

Available from Amazon: [www.amazon.co.uk/property-construction-building-your-dream/dp/B0FVMKRZLQ](http://www.amazon.co.uk/property-construction-building-your-dream/dp/B0FVMKRZLQ)



## PIA South-West

Shane & Kym Storkey



Are you looking to build a legacy! Create a pension pot! Become financially free? That's where we come in!

- The answer is property!

Come and join us on one of our full of value property training events. The Property Investment Academy (PIA) can take anyone from a beginner to a property millionaire. Join us to learn exactly how you can start and scale a profitable property business from scratch. THIS training will give you a plan to get from where you are now, to where you want to be through Property.

*We are going to be looking at...*

- How to build a profitable portfolio with no money,
- How to calculate if a deal "Stacks up"
- How do you "Stress Test" to protect your assets?
- How do you navigate the changes to tax law?
- The best places to find off-market properties.
- The three things you need to focus on in 2026
- Why has now never been a better time to invest?

- Your journey to your first investment property and much, much more.

Your hosts will be seven-figure business owners, Kym and Shane Storkey. Both are highly experienced, qualified and proven in Property investment,

construction and business growth.

They will use their knowledge to fast-track your results.

By the end, you will have all the tools you need to get started in Property and a clear plan to build your portfolio over time.

Places are allocated on a first-come, first-served basis. If you're coming, click the link below and sign up now!

**Wednesday 10th December**  
Radisson Blu Hotel  
Broad Quay Bristol BS1 4BY

**Friday 30th January**  
The Alverton  
Tregolls Road Truro TR1 1ZQ

**Friday 20th February 2026**  
Castle Hotel  
Castle Green, Taunton TA1 1NF

**Friday 20th March 2026**  
Location TBC

**Thursday 23rd April 2026**  
The Barnstaple Hotel  
Braunton Road,  
Barnstaple EX31 1LE

Follow us on facebook:  
The Property Investment  
Academy - South-West

email:  
[enquiries@piasouthwest.co.uk](mailto:enquiries@piasouthwest.co.uk)  
Visit: [www.propertyinvestmentacademy.com](http://www.propertyinvestmentacademy.com)

"Logic will get you from A to B.  
Imagination will take you everywhere"

Albert Einstein



## Poets Corner

### Smile

Smiling is infectious  
You catch it like the flu  
When someone smiled at me today  
I started smiling too

I walked around the corner  
And someone saw me grin  
When he smiled I realised  
I had passed it on to him

I thought about the smile  
And then realised its worth  
A single smile like mine  
Could travel round the earth

So if you feel a smile begin  
Don't leave it undetected  
Start an epidemic  
And get the world infected

Spike Milligan



## VIMUTTI

Retro collectibles, music, gifts & art  
coffee shop & a community space

A variety of retro & unique items,  
including art, jewellery,  
hi-fi equipment & vinyl records  
We buy and trade used vinyl,  
CD's & cassettes

Tel: 07900 1666 96

Email: VimuttiRetro@gmail.com

Visit us at:

29 Fore Street, Brixham TQ5 8AA

[www.vimutti.co.uk](http://www.vimutti.co.uk)



## Soundscape Chronicles...



Edison Lighthouse are an English pop band, formed in London in 1969. The band was best known for their 1970 hit single "Love Grows (Where My Rosemary Goes)" recorded in late 1969. Edison Lighthouse was named after the Eddystone Lighthouse. The lighthouse is nine statute miles south of Rame Head in Cornwall.

Before the name Edison Lighthouse, they were known as the soft rock band Greenfield Hammer, gigging on the home counties circuit. The original line-up consisted of Tony Burrows, lead vocalist, Stuart Edwards, lead guitar, David Taylor, bass guitar, George Weyman, drums and Ray Dorey, guitar.

"Love Grows (Where My Rosemary Goes)" was No. 1 for five weeks and sold 250,000 copies in the UK. It reached the top of the chart in its second week.

The United States release was in February 1970 and reached No. 5 on the Billboard Hot 100, selling a million copies there by April and earning an RIAA gold disc. In Canada, the song reached No. 3.

After recording the second single "She Works In a Woman's Way" which failed to

chart in either the UK or the US, Tony Burrows left Edison Lighthouse. Tony Macaulay (who owned the rights to the name Edison Lighthouse) brought in other musicians. Actor and singer Paul Vigrass replaced Burrows. Other members included David Kerr-Clemenson, bass guitar of Warehorne, Andy Locke, vocals and guitar, Eddie Richards, drums, Wally Scott, guitar and Ken Reeves, vocals. The band's song "It's Up to You Petula" reached the UK top 50. Their next single, "What's Happening?" coupled with "Take a Little Time", was written by the band. They then went on to tour Australia, New Zealand, Singapore, Malaysia and Africa. The single released for the Africa tour was "Reconsider My Belinda". The last single released was "Find Mr. Zebedee". The band then ceased activity after returning from a tour of Europe. In 1973 Brian Huggins and Peter Butt, of the band Crush, were approached by their management to take over touring Scandinavia as Edison Lighthouse. Brian Huggins acquired the rights to the name Edison Lighthouse in 1974. Huggins has been fronting the band ever since.

Music is the soundtrack to every good and bad time we will ever have."

Alex Gaskarth, the frontman of the band All Time Low



## Music Memories

Hearing a song can trigger vivid memories because music is deeply integrated into the brain's emotional and memory processing centres. This phenomenon, known as music-evoked autobiographical memory, involves several neurological and psychological mechanisms that encode and retrieve personal experiences along with the music that was playing at the time. This song triggers some good memories for me, what tune triggers good memories for you?

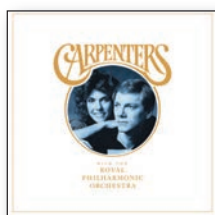
### Top of the World

*Such a feelin's comin' over me  
There is wonder in most every thing I see  
Not a cloud in the sky, got the sun in my eyes  
And I won't be surprised if it's a dream  
Everything I want the world to be  
Is now comin' true especially for me  
And the reason is clear, it's because you are here  
You're the nearest thing to heaven that I've seen  
I'm on the top of the world lookin' down on creation  
And the only explanation I can find  
Is the love that I've found, ever since you've been  
around  
Your love's put me at the top of the world  
Something in the wind has learned my name  
And it's tellin' me that things are not the same  
In the leaves on the trees, and the touch of the breeze  
There's a pleasing sense of happiness for me  
There is only one wish on my mind  
When this day is through I hope that I will find  
That tomorrow will be, just the same for you and me  
All I need will be mine if you are here  
I'm on the top of the world lookin' down on creation  
And the only explanation I can find  
Is the love that I've found, ever since you've been  
around  
Your love's put me at the top of the world  
I'm on the top of the world lookin' down on creation  
And the only explanation I can find  
Is the love that I've found, ever since you've been  
around  
Your love's put me at the top of the world*

Songwriters:

Richard Lynn Carpenter / John Bettis  
Top of the World lyrics

© Almo Music Corp., Hammer and  
Nails Music, CRC Jianian Publishing



Let us your know what song triggers you and why.  
Email: [music@brixhambeacon.com](mailto:music@brixhambeacon.com)

## The Letter Lottery Competition Time

### Your chance to WIN

Simply re-arrange the letters to one of the advertisers in this months Brixham Beacon



**Boxers Charmer Ginger**

#### Prizes

**1st Prize: £50 cash** - Donated by Brixham Beacon

**2nd Prize: Meal for 2 Voucher** - Donated by The Golden Lion

**3rd Prize: 45 min Massage** - Donated by NLW Sports Therapy

**4th Prize: Fruit Hamper** - Donated by Brixham Greengrocer

### Name the Newshound!

What shall we name our News Dachshund?



Return to: Brixham  
Beacon  
Competition Box  
see locations below

Your Name: \_\_\_\_\_

Email/Tel No: \_\_\_\_\_

### Brixham Beacon Competition Entry Form

#### December Issue

Complete and return this form, enter online at  
[www.brixhambeacon.com](http://www.brixhambeacon.com) or email [win@brixhambeacon.com](mailto:win@brixhambeacon.com)  
for your chance to win!

Answer: \_\_\_\_\_

Name: \_\_\_\_\_

Tel/Email: \_\_\_\_\_

Return to: Brixham Beacon Competition Box see locations  
below, or enter online: [www.brixhambeacon.com](http://www.brixhambeacon.com) or email to:  
[competition@brixhambeacon.com](mailto:competition@brixhambeacon.com)

**Boxes located at:** The Strand Bakery - Crown & Anchor  
- Brixham Greengrocers - Sweet Memory - The Golden Lion



Where has the Newshound been this month?



**A walk and visit to  
The Guardhouse Café**

The Guardhouse Café is an absolute gem — bright, clean, and wonderfully welcoming from the moment you step inside. The choice on offer is outstanding, with an impressive selection of dishes on the main menu as well as enticing specials. The coffee is tasty, and the staff are very accommodating, making the whole experience feel relaxed and enjoyable.

The views from the café are genuinely breathtaking, the kind that make you want to linger just a little longer. It's also only a short walk from the car park, which is ideal, for visitors who want to go on and investigate the local area after, or before their visit to the café. Dog owners will be pleased to know the café is dog friendly, adding to its warm and inclusive atmosphere.

They are hosting an event — a quiz night on Friday 12th December from 6–9pm, which

sounds like great fun. Bookings for quiz teams, can be made on their website:

[www.guardhousecafe.com](http://www.guardhousecafe.com)

Prizes to be won!

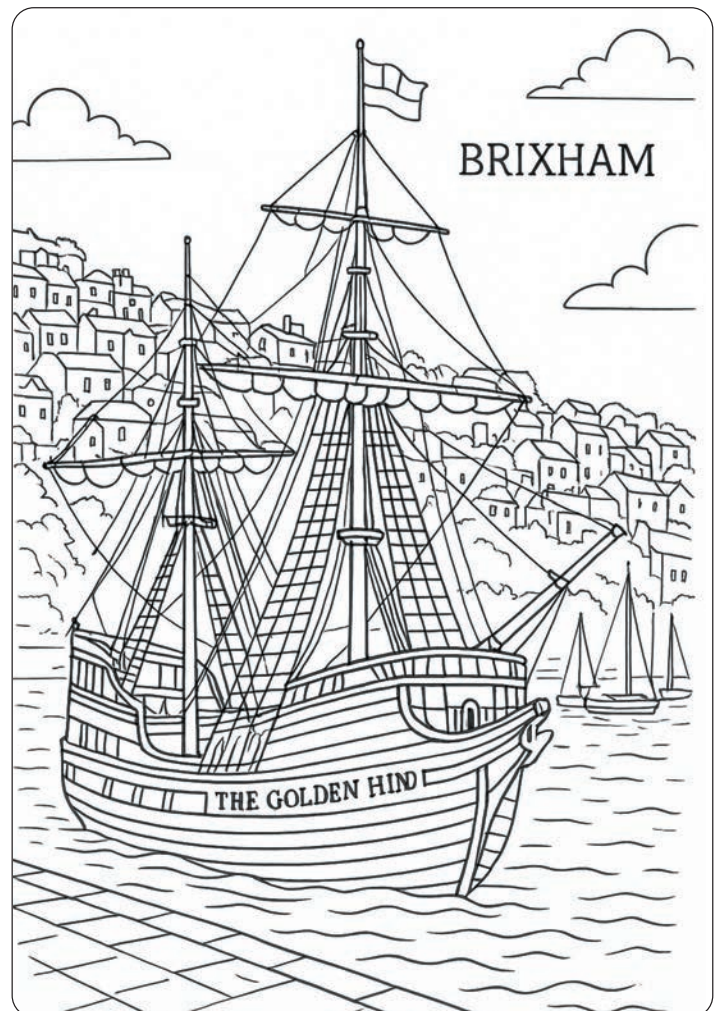
During our visit, we were served by Ali, who was friendly, efficient, and added to the positive experience.

All in all, The Guardhouse Café is well worth a visit — a perfect combination of great food, stunning views, and excellent service.

*The Guardhouse Cafe  
Berry Head Nature Reserve,  
Brixham TQ5 9AW  
01803 855778  
[www.guardhousecafe.com](http://www.guardhousecafe.com)  
Open: Everyday 9am - 4pm*



A chance for you to add your own bit of colour ...





# Wordsearch

G	A	B	O	N	U	X	M	H	S	A
Q	A	T	A	R	A	T	O	G	O	Q
N	E	M	E	Y	A	I	U	S	A	T
R	L	P	N	L	N	E	S	R	L	A
C	E	E	O	I	I	S	I	S	O	B
A	K	G	A	J	U	T	E	M	U	U
N	N	P	I	R	I	O	A	L	H	R
A	S	F	U	N	S	N	I	L	A	A
D	N	A	L	E	C	I	D	L	Y	W
A	N	I	H	C	H	A	D	I	A	E
E	Z	I	L	E	B	Z	G	U	A	M

ANGOLA	ICELAND	OMAN
ARUBA	INDIA	PERU
BELIZE	IRAQ	QATAR
CANADA	ISRAEL	RUSSIA
CHAD	ITALY	SPAIN
CHINA	KENYA	TOGO
ESTONIA	LAOS	USA
FIJI	MALI	WALES
GABON	NAURU	YEMEN
GUAM	NIGER	

“Never leave a crossword unfinished”  
*Charles Krauthammer*

# Sudoku

		4				3		
2			7		9			8
	6		5		4		7	
		5		7		2		
4			3		5			9
		7		9		5		
	4		9		2		5	
8			6		7			2
		9				1		

1	5		3		6		8	9
4								2
			4	2	8			
9		5		3		8		6
		3	1		9	7		
2		6		5		3		1
			2	1	3			
7								3
3	9		6		7		5	8

9	8		1		7		6	2
4			8		6			3
		7				1		
				9				
8		4				5		1
				4				
		9				3		
7			6		3			4
3	5		9		4		1	6

# Crossword

1	2		3		4		5		6		7	
					8							
9									10			
					11							
12									13			
			14		15							
	16								17		18	
				19								
20	21		22						23			
			24				25					
26							27					
			28									
29							30					

- Across
- 1 Evening (6)

6 Capital of Norway (4)

8 Rescued (5)

9 Spanish rice dish (6)

10 Something owed (4)

11 Arcadian (5)

12 Yemeni seaport (4)

13 Quick sharp bark (4)

14 Black Sea peninsular (6)

16 Owing (3)

17 Viper (3)

19 Aromatic ointment (6)

20 Temporary pause (4)

23 Poker stake (4)

24 Wrong (5)

26 English public school (4)

27 Ate greedily (6)

28 Home to the Maasai Mara Reserve (5)

29 Tax (4)

30 Prompt (6)
- Down
- 2 Singlehanded (7)

3 Stillness (7)

4 Former Russian ruler (4)

5 Abroad (8)

6 Strangely (5)

7 Defamation (5)

15 Natives of e.g.Venice (8)

17 Dental filling (7)

18 Template (7)

21 Undo (5)

22 Tall and thin (5)

25 Stout pole (4)





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Published by: Devon Publishing Services

Telephone 07971 865381

Proprietors/Editor Simon & Samantha Dowdeswell

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**Copy Deadline for  
January Issue - 20th December 2025**

## Rugby U15's New Kit



Brixham U15's would like to say a massive thank you to Wollens, Ocean Healthcare and Mike Cornish Commercial Fishing Supplies for kindly sponsoring the off-field kit for the team.

It provides the players with a united identity and a sense of

belonging to a successful team. The players showed their appreciation at a recent photo shoot where they met Marco (Wollens), Ken (Ocean Healthcare) and Adam (Mike Cornish Commercial Fishing Supplies).

## BATS - Brixham Arts & Theatre Society

**Looking for a great Xmas present for a friend or relative who is interested in the arts, architecture, community or volunteering?**

Gift the a membership to BATS for only £10 a year!

They will receive regular newsletters, social events and can help put the art into Brixham, whilst being fully covered by insurance when volunteering on events and projects. See website for details or call 07884 166508

[www.brixhamtheatre.org.uk](http://www.brixhamtheatre.org.uk)

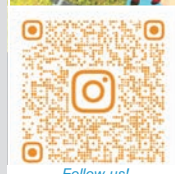
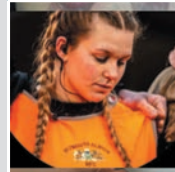
## In Memoriam

Notices are free of charge

Please include:

Name, date of passing, age, funeral arrangements, flowers and donations information.

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NLW Sports Rehab



# Convoy to Ukraine from Fore Street



A major community send-off occurred in Brixham on 7th November, when the departure occurred of the Brixham Medical and Humanitarian Aid Convoy to Ukraine from Fore Street. A spokesperson said: "It was amazing to see Brixham people turn out in hundreds just to wave the convoy off. It was an emotional event with the convoy departing with two ambulances and four other vehicles laden with medical and

other supplies, driven by eight local volunteers on parade through the town. It marked the biggest event in the town all year, as hundreds of local people had finished fundraising, collecting, sorting, stacking and dispatching these much need items' and now came to wave the volunteer drivers off". After four years of war, the Ukrainian people have to face a harsh winter but still require essential non- lethal supplies to

help them survive. So, Brixham Future CIC, have been leading the community effort alongside local churches, Middle Street traders, Chamber of Commerce, Rugby, Probus, Rotary, Lions, Masons, Women's Institute, with numerous other organisations, clubs, societies and individuals assisted by local group Ukraine Action.

Public collections and fundraising have been on-going for four months to obtain vital supplies including medical aid, mobility aids, hygiene items, generators, warm winter blankets, and hats and gloves etc.

The two ambulances were an essential part of the convoy, as are desperately needed for medical evacuation of the injured, elders and disabled people, from continuous bombing and the ever-changing front -line areas.

The spokesperson for Brixham Future CIC said:

"We purchased six suitable vehicles. These include two vital second-hand ambulances. These were driven across Europe to Poland by local Brixham volunteers (mainly local military veterans) and



handed over to the Ukrainian resident volunteers for front-line areas. The Brixham drivers are now home for Christmas." The convoy cost over £41,000 to finance. This included the costs of six, second-hand vehicles, the required repairs, servicing and MOT's, Insurance, ferry, flights, diesel, and accommodation costs on route. Over £10,000 was spent on vital medical supplies, including anti-biotics and ten First Responder Medical Trauma Bags, full of life saving kit. We thank everyone from the public, who have been very generous. Many people, local clubs and organisations have sponsored specific items, such as the First Responder Medical Kit Bags or the antibiotics etc or made donations.

*Further details on the Brixham Convoy's please contact:*

*John Brennan - 01803 852270 or email: john.brennan@brixhamfuture.co.uk or Jonathan Parr; the Convoy team-leader on 07761 025608*



## Whist Drives

*If you can play Bridge,  
you can definitely play Whist*



### Galmpton Village Hall

*Every Tuesday Evening*  
Please arrive by 6.45 pm, 7pm start, when we play the card game Whist. Friendly players who welcome new players, with cash prizes, we normally get between 4-7 tables, plenty of car parking outside the village hall.

### Marldon Village Hall

*Every Thursday Afternoon*  
Please arrive by 12.50 pm, for 1pm start. Tea, Coffee and biscuits provided. Cash Prizes We normally get 4-6 tables, Car Parking available opposite the Pub, Church House Inn.

*For further information please contact:*

*Jonathan Parr on 07761 025608*

*Copies of the rules and how to play the game is available by email from: jonathanparr798@gmail.com*



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See page 27



## Ben's steps of hope for MNDA *Motor Neurone Disease Association*



In January 2025, Ben Smith was diagnosed with Motor Neurone disease. His mobility has been rapidly deteriorating since, but Ben's inner strength and positivity remain! On 22nd November 2025, Ben walked from Oxen Cove in Brixham to one of his favourite places, the Berry Head Hotel. This time last year, he wouldn't have thought twice about walking this distance (approx two miles). He was under no illusion; it was going to be challenging! Just, ten months on from Ben's diagnosis. He has trained and completed his charity walk. Despite the rain on the day, the support from friends, family, businesses MNDA and locals, who joined Ben's walk was phenomenal. With a surprise appearance of Tak International lorry and driver, who was determined to travel back from Spain to join Ben on his tremendous walk. Talking to Ben after the walk he said: "Ben says he is "Totally blown away by the support received in raising a staggering \*£9218 for Motor Neurone Disease Association

(MNDA), £500 of which was raised on the day in bucket collections (alongside two litres of rain drops)" MNDA have been so supportive to Ben on his journey. They raise vital funds for ongoing research and support.

To donate to Ben's MDNA  
Visit: [www.justgiving.com/page/bensjourney](http://www.justgiving.com/page/bensjourney)





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