

# Brixham Beacon



Shedding light on local news for Fish Town, Cow Town, Galmpton, Churston & surrounding areas

Issue 3

February 2026

FREE



Storm Ingrid hitting the South side of Berry Head © Chris Slack Photography

**A Harbour Full of Heart!** As the frost of January begins to lift and the first hints of spring stir beneath the Devon soil, we find ourselves entering February—the month of love. While the calendar highlights February 14th as a day for roses and candlelight, here in Brixham, ‘love’ has always been a much broader, more resilient current that runs through our streets. This year there is much to be proud of.

We see it in the success of our local businesses, such as Davids Fish and Chips, which recently kicked off 2026 winning an award as one of the UK’s top takeaways, proving that passion

for your craft is its own kind of love story. We see it in our community’s commitment to sustainability, with the Brixham Town Council hosting a Pre-Loved Market at The Scala on

February 21st to help us cherish and reuse what we already have. This February, let us celebrate love in all its forms:

*The Love of Performance:* Support our local stage at Brixham Theatre, which will host "The Carpenters Experience" on February 28th, bringing us together through timeless melodies.

Whether you are sharing a special meal at a local restaurant or simply taking a quiet walk along the breakwater, remember that the true heart of Brixham is not

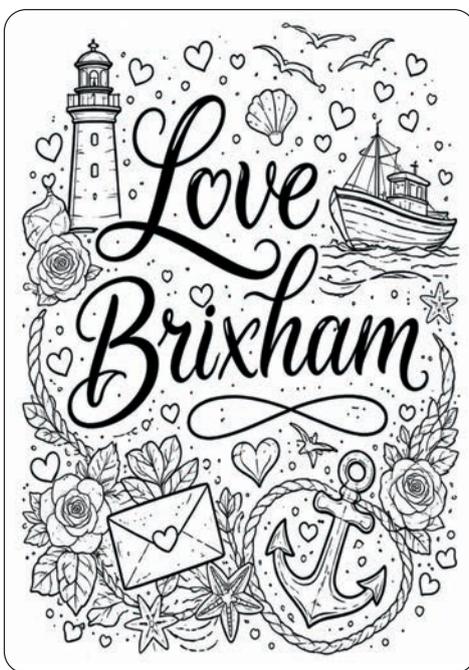
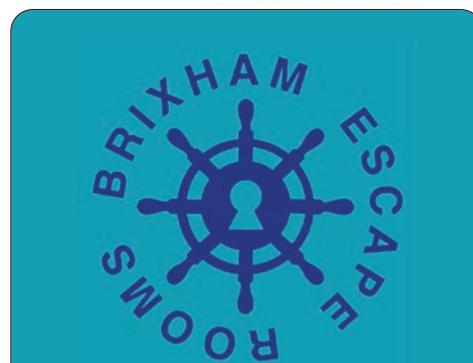
found in a card, but in the way we look out for one another. Wishing all our readers a warm, bright, and love-filled February.

*Love to everyone!*




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# Brixham Town Chaplain

*Darrell Holmes*

## Love

Just a reminder for those who need it – February 14th is Valentine's Day, so get thinking. Whatever you do, men please don't chose petrol station flowers or sexy underwear: nothing says "Meh" more than that! It's good to celebrate love whether it's for that person of your dreams, or the loved-one of your everyday reality.

Thankfully we have loads of choices in our independent shops and businesses of Brixham (see Brixham Beacon for more ideas). Cards and creative gifts, a beautiful bargain that is recycled / upcycled or nearly new. Environmentally-friendly soaps scented gifts, jewellery, pretty shiny things, clothes, accessories, ornaments and beautiful works of art in any medium. Or maybe it's a home-cooked meal with fresh ingredients in your home or a wonderful meal out, a poem or a photo created and framed to give and display. It could be as simple as coffee and cake or a night out to hear a band or singing, Maybe for the active it's an outdoor experience or a walk along the coast or in the beautiful countryside. Alternatively it could be a night out at a club or a daytime session learning a new skill, an evening in with someone special with the TV off and conversation flowing. The Beatles were certainly spot-on when they sang "All you need is love". Look at a child and you'll clearly see



those which receive love flourish. Young adults (even if they don't have a boyfriend or girlfriend) that know and have been regularly told that they're loved by family and friends then will have an inner strength. Even married and single adults into their twilight years will reveal how much they feel loved through their conversation, thought, life and actions. Starved of love, people of any age will demonstrate that it is detrimental to their well-being and the well-being of those around them. As Town Chaplain I know that love is easily expressed in a smile, a conversation, or a listening ear. It's a simple yet essential gift that can be dispensed any day of the week, not just once a year – not only by me but by anyone. So again I urge you – get thinking this February about who you can express simple, everyday love to. Best of all, there's One who assures us "I have loved you with an everlasting love" and that never fades because the One who speaks is everlasting too.

*Darrell Holmes  
Brixham Town Chaplain*

*Barnacle Heart Image by Karen Miller of Doris, Brixham*



# Community Builder

*Helen Ambler*

Hi everyone!

Firstly, I wanted to say a huge well done to Simon and Samantha for continuing to put together such a fabulous publication! It is going down a treat with everyone in Brixham – everyone I speak to is loving reading it either online or at home on the sofa over a cuppa. Even friends and colleagues outside of Brixham whom I have shown it to, say how wonderful it is to read and how it now makes them want to move to Brixham as it shows what an incredible community we have and they are not wrong!

*Want to meet your Community Builder? Contact Helen on: 07469 660873 or email: helenambler@torbaycdt.org.uk*



*Helen is in Brixham most days and would love to meet you to discuss how she can help isolated people get out and about to meet new people or maybe support with setting up a new group! She would love to hear from you!  
Office Hours: Monday-Friday 9am-5pm  
www.torbaycommunities.com*



working with  
TORBAY COUNCIL



info@torbaycdt.org.uk  
www.torbaycommunities.com  
01803 212638  
@TorbayCBuilders  
4-8 Temperance Street,  
Torquay TQ2 5PU

**Torbay Communities Stronger together**

## Brixham Orpheus Male Voice Choir (BOMVC) Events List 2026

**13th March**

**Music Festival - Venue and time TBC**

**Thursday 19th March**

**AGM - 7pm**

**25th April**

**Concert at Goodrington Church**

*Doors open 6.30pm support act Quay Harmony  
in aid of Children's Hospice Southwest*

**Saturday 11th April**

**Ceilidh at Galmpton Village Institute**

*7-10pm. Entry £10pp. Students & under 18's £5pp*

[www.bomvc.co.uk](http://www.bomvc.co.uk)



## Brixham Beacon Collection Points

Berry Head	- Berry Head Hotel - The Guardhouse Cafe
Bolton Street	- David's Fish and Chips - Ella's Flowers - Smardon's Newsagents
Brewery Lane	- The Strand Bakery
Dartmouth Road	- Churston Farm Shop - Lupton House
Fore Street	- Brixham Greengrocers - The Chart Room - Porridge - Sweet Memory - Vermutti
Pillar Avenue	- The Handyman
The Quay	- Bay Coffee - Crown & Anchor - Old Market House
Market Street	- Brixham Library
New Street	- The Golden Lion
Galmpton	- Galleon Stores & Galmpton Post Office

## Constituency News . . . Caroline Voaden MP

Getting people engaged by local government reorganisation is not easy. The process is vague, difficult to understand and may leave some wondering what it has to do with their lives?

Well, in Brixham, the impact could be sizeable, depending on what happens in the next few months. Back in December 2024, the then-Housing Secretary, Angela Rayner, announced plans to merge any area where there are currently two tiers of local authority. While, on paper, this shouldn't include Brixham, since it falls under Torbay Council, it does impact the rest of Devon and as a result Brixham has been pulled in.

Across the county, we have a hodgepodge of different systems. There's Devon County Council based in Exeter, unitary councils in Torbay and Plymouth, and several district councils, including South Hams. If you took the Government's vision literally, all these councils would be combined into a single authority that covers the entire county. But this isn't likely to happen. While the Government wants to streamline local authorities, it also wants to manage their size. So, one council for the whole of Devon would probably be considered too big, while Torbay may well be seen as too small.

Each council was tasked with submitting an idea and sadly,



due to a lack of agreement among them, several options are now under consideration. The Government will soon give an idea of which one they prefer. This could mean big changes for people living in Brixham, depending on whether the Government agrees Torbay should continue as a unitary council. If not, then Torbay, and Brixham with it, could be grouped together with neighbouring areas – such as South Hams and Teignbridge – and services will be provided across a larger footprint. Brixham Town Council would then become a far more important voice, speaking up for the town to a larger local authority.

Having spoken to many of you in Brixham, I know many of you may welcome this change. But for the time being, we will have to wait and see.

*If you wish to contact me about this or any issue you are facing, please do so at: [caroline.voaden.mp@parliament.uk](mailto:caroline.voaden.mp@parliament.uk)*

## Over £35k recovered for Torbay Residents

Torbay Citizens Advice's (CA) energy team helped clients recover more than £35,000 caused by incorrect billing by energy companies in 2025. The energy team, managed by a part-time case worker and two part-time volunteers, managed nearly 700 new energy-related cases last year. In one case alone, the energy team secured a debt write-off of £8,067 for a local resident due to an incorrectly issued energy bill – the energy supplier was demanding payment from the client prior to the energy team's intervention. Successfully resolving the cases required the persistence of the CA's energy caseworkers, often requiring dozens of interactions with the energy suppliers and clients over the phone or via email before being resolved. On average, the team helped refund £860 per client where the energy supplier was at fault. Many clients are sent incorrect energy bills demanding payments regarding a debt that often they do not owe. When these clients ask Torbay CA for help, these clients are referred to the energy team. With the energy team's help and perseverance, often it transpires these clients do not owe the debt and sometimes the energy supplier owes the client money. Incorrect billing formed only one part of the team's wide-ranging engagement on energy, with many of the issues the team helped resolve being the

result of poor communications from energy companies – for example difficulties in contacting the companies, and confusing and inconsistent energy supplier bills and correspondence.

The continuing high costs of energy in 2026, as well as the many issues faced by residents in resolving open issues, means demand for the Citizens Advice energy service in 2026 remains strong.

The independent charity, based in Paignton and offering, free, impartial and confidential advice, is now seeking urgent funding to support the energy service after March 2026. Citizens Advice Torbay Chief Executive Officer, Sue Julian, said: "Our local energy support team provides a vital service to navigate the complexity of dealing with providers in the energy market. We continue to see many cases where, with our free, independent help and advice, residents achieve outcomes saving not only their hard-earned money but also removing a significant source of stress as issues go unresolved by energy companies. It's a vital service we need to continue to provide for Torbay residents, but we need help in funding to continue that support."

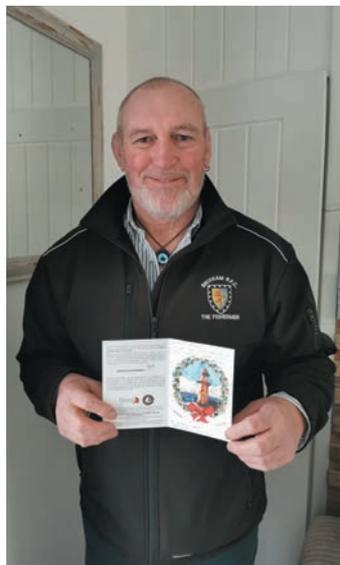
**citizens  
advice**

## Brixham Lottery Winners - both prizes claimed!

Christmas/New Year Lottery Card winners have come forward and claimed their prizes.

The first winner was from ticket 089 claimed by Dave Rogers. The second winning ticket number 341, was claimed by Anthony Todd. Both local people. Each winner received a £500 (five-hundred pounds) prize. We sold 400 tickets at £5 each. Our next draw will be in the Spring/Summer round, for which details will be shortly released. Our thanks once again to everyone who purchased a card ticket. The profits from these cards will go to local Brixham Projects and events.

*John Brennan  
Brixham Lottery Promoter*



# Fish Market Tour with Rockfish breakfast!



In support of the Fishermen's mission and now in its 15th year, Brixham Fish Market Tours are back and still proving to be very popular. Early risers won't want to miss the opportunity to get a fascinating behind-the-scenes insight into operations at England's largest fish market, led by the Brixham Trawler Agents (BTA). You will witness the operational side of the daily

fish auction process, and have the opportunity to see up to 40 different species of fish. You will gain an understanding of what's involved in getting the fish from sea to plate, learn about day boats and trawlers, and there may even be a chance to see some grey seals which often frequent the harbour side! To finish off the morning, you will experience a delicious fish breakfast at Mitch Tonks' Rockfish restaurant, situated right next door. Breakfast consists of eggs, scallop, local fish, smoked haddock, toast, bacon, teas and coffee. The tours are very popular and with only twenty people on each session, we recommend that you book well in advance. All profits raised from these tours go to the great work the Fishermen's Mission do. The tour kicks off at 6:15am on the quay, your email confirmation will include all the information you need for your tour.



- Tuesday 14th April
- Tuesday 28th April
- Tuesday 12th May
- Tuesday 19th May
- Tuesday 9th June
- Tuesday 23rd June
- Tuesday 14th July
- Tuesday 21st July
- Tuesday 28th July
- Tuesday 4th August
- Tuesday 11th August
- Tuesday 18th August
- Tuesday 25th August
- Tuesday 8th September
- Tuesday 15th September
- Tuesday 29th September
- Tuesday 6th October

To book visit:  
[www.therockfish.co.uk/products/fish-market-tour](http://www.therockfish.co.uk/products/fish-market-tour)

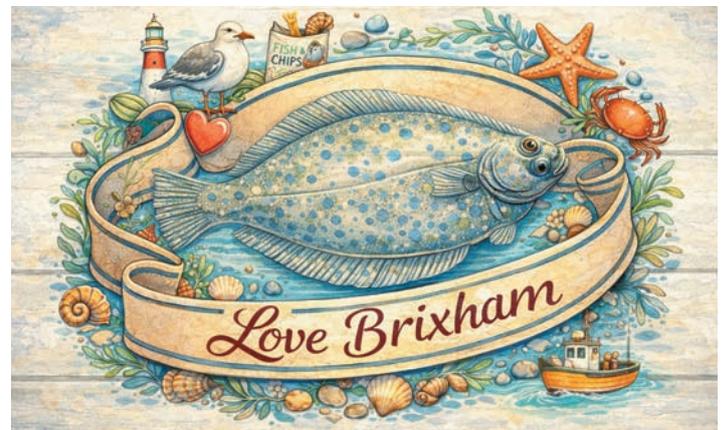
*Please be aware that they are unable to accommodate wheelchairs or children under the age of 14 years. The tour covers a large market and is all on foot, please only book if you are fit and capable of being on your feet for a few hours. Other things to be aware of: Moving vehicles, wet floor and ice, fish boxes (trip hazard), quay edge (falling in the water). Please keep close to your guide. The BTA and Rockfish take no responsibility for any injuries or health conditions.*



## Love at First Bite!

There's something quietly meaningful about buying fish from your local fishmonger — especially in a *plai*ce like Brixham! Where fishing isn't just a business, it's part of the town's identity. In this historic harbour community, the morning starts long before sunrise, with fishermen heading out into the English Channel and returning with the freshest catch possible. Over 40 different species are regularly landed here, from lemon and Dover sole to monkfish, plaice, gurnard, bass and scallops, bringing a richness and diversity to the fish counter that you simply don't get from supermarket

shelves. When you choose local seafood, you're tasting something that was likely caught within the last 24 hours, not weeks ago and trucked across borders. That freshness transforms every dish — from a simple grilled fillet to a hearty seafood stew, giving vibrant flavour, texture, and a connection to the place where it was caught. A local fishmonger's expertise makes a big difference too. They can tell you what's in season, suggest the best way to prepare each catch, and sometimes even tell the story of the boat it came in on. That turns buying



fish from being a chore into a conversation and a chance to learn something new. Choosing your local fishmonger also supports a community that's woven into the fabric of

Brixham — from the fish market buyers who wake at dawn to the crews that work long days at sea. It's a choice that tastes better, feels better, and helps keep local traditions alive.



# Brixham Lottery Draw

Brixham Future



The Harbour Buys

The latest 13th round of the Brixham Lottery public draw occurred on 10th January 2026, in the Brixham Yacht Club at 7:30pm. The two winners were David Rodgers of Garlic Rea, and Anthony Todd of Heath Road, both of whom won £500 each. The first winning ticket was number 089, and the second 341. Only 400 of the £5 tickets were sold, and the profits all go to local Brixham projects and events. After the suspense filled draw, musical entertainment was provided by the Harbour Buys. This local Brixham Lottery continues to provide a major source of funding for local projects and FREE public events with successful Christmas and Summer rounds. It has now become a permanent Brixham fundraising activity. A spokes person for Brixham Future CIC , which runs the Brixham Lottery said: To date we have to the 13th round in January 2026, we have sold 6,114 card tickets, at cost per ticket of between £5 or £10, which generated

£42,860. We distributed £17,325 in actual cash or prizes, with costs of £3,850, generating profits totalling £23,185 to support our local projects and events. Around town , people will see the outputs their lottery money has generated, including foreteen wall murals and 6 major community events to mark National occasions, including Free public D-Day and VE day, late Queens Jubilee, and HM Kings Coronation events, that were educational, entertaining and commemorative for thousands of local people and visitors to enjoy, whilst promoting our town as a place to work, live or visit. Brixham Future continues to seek yet more independent funds. We seek sponsorship, donations and advertising opportunities at our events, and in our publications etc. We are grateful for any support. The Board continues to seek an experienced fundraiser to write funding bids.



# Brixham Fishermen aid to Ukrainians

The Brixham Fishermen are helping the Ukrainians defend themselves utilizing redundant fishing nets! This Brixham Future CIC initiative helps prevent nets being abandoned at sea, as costs to dispose on land are high, and here we have found a beneficial way to recycle. A local spokesperson from Brixham Future CIC, which has delivered several vehicles of aid to Ukraine says:

“We are pleased to say that four dumpy bags of nets were collected from Brixham harbour on Friday 16th January, thanks to local fishermen and Torbay harbour authorities. The nets will be extremely useful on the ground as anti-drone netting and camouflaging. The team at the harbour were very accommodating, we hope that there will now be a regular supply.”



## February's Birth Flowers

The iris is a primary birth flower for February, alongside the violet. It is valued for its elegant, multi-layered petals and deep symbolic connection to wisdom and hope.

For those born in February, it embodies a visionary spirit and the ability to bring clarity to challenging situations.

## The Great Tommy Sleep-out

**RBVE**

sponsored by  
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**THE GREAT TOMMY SLEEP OUT**

**I'm taking part in  
The Great Tommy Sleep Out  
for Royal British Veterans Enterprise**

Sleeping outside for one night during March to raise money to support our bravest

**Will you join me?**

Simon Dowdeswell, the Editor is taking part in The Great Tommy Sleep Out in March for RBVE to help ensure every veteran has a safe place to call home. Your support means so much - £15 could provide a vital food pack for a veteran arriving at our emergency accommodation. Please donate if you can, to my page and help us make a difference.

<https://socialsync.app/fundraise/r/cr-979wp68lodx43>



This is more than a fundraising challenge. It's a mission. No veteran should be left behind.

Thank you  
Simon

*What is The Great Tommy Sleep Out?*

The Great Tommy Sleep Out challenges you to sleep outside for one night or more in any safe and secure location of your choice. It's your chance to stand up for veterans who have faced hardship and help raise vital funds to support them.

*Who are RBVE?*

Royal British Veterans Enterprise (RBVE) has been supporting veterans since 1919. We were RBLI for 50 years, but we have since rebranded to better reflect what we do. We empower veterans to thrive in life after service by creating jobs, providing homes, and building communities. Through our social enterprises – Britain's Bravest Manufacturing Company and Scotland's Bravest Manufacturing Company – and our Kent village, we create meaningful work, provide safe housing, and build lasting independence.

*If you would like to join me, you can sign up at:  
[www.rbve.org.uk/events/the-great-tommy-sleep-out](http://www.rbve.org.uk/events/the-great-tommy-sleep-out)*

### Brixham Police Station

3 Rea Barn Close, Brixham TQ5 9EA  
0845 277 7444

Open 24 hours  
(excluding Monday's Open 9am to 6pm)

## New flavours hit Brixham



Philly's Vapour Shop Becomes a Brixham Staple. Since opening its doors at 74 Middle Street in late 2022, Philly's Vapour Shop has quickly transformed from a new arrival into a vital part of the local community's journey toward a smoke-free lifestyle. The shop, part of the well-established Philly's family, offers an extensive range of products tailored for everyone from curious beginners to seasoned enthusiasts. Visitors can find everything from sleek pod kits and reusable devices to an impressive wall of nicotine salts and e-liquids. What sets this Middle Street gem apart isn't just the inventory, but the people behind the counter. Recent customer feedback on Google Reviews frequently praises staff members like Emily for providing "lovely customer service" and expert advice that makes the transition from smoking to vaping feel achievable.

*Community and Innovation*  
Philly's has also stayed ahead of the curve with innovative offerings like the Klik Klak disposable range, which allows users to magnetically pair different devices for custom flavour combinations. Beyond the shelves, the shop has integrated into the town's vibrant culture, even participating in local traditions like the Brixham Pirate Festival. As they continue to expand—recently recruiting for new roles—it's clear that Philly's is more than just a retail space; it's a hub for local support and health-conscious change.

*Philly's Vapour Shop  
74 Middle Street  
Brixham  
TQ5 8EJ*

*Opening Hours:  
Mon-Sat 9am – 6pm  
Sun 10am – 4pm*



### CHRIS SLACK PHOTOGRAPHY

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# Inspire Magazine

Believe you can and you are halfway there!



## February gardening tips

Reg Moule Nurseryman & award winning gardening broadcaster

### Early February

Continue planting trees, shrubs and perennial plants if conditions are suitable. Plant Jerusalem artichoke tubers. Plant shallot sets (in colder areas start them off in pots of compost in a cold frame) If you do not have a cold frame just buy a large clear plastic storage box, drill some holes in the bottom put in a layer of grit, pop on the lid and there is a cold frame. Look after garden birds by providing food and water- try to tailor the food to the birds

you have around. In heated greenhouses sow Antirrhinums, Begonia semperflorens, Verbenas and Pansies for summer bedding. Otherwise buy seedlings or baby bedding plants later to grow on. Sow sweet pea seeds, growing them on in a cold greenhouse or frame. Buy seed potatoes and stand them on end in trays or egg boxes to chit (begin to shoot) Potatoes are easy to grow in pots above 30cm (12in) in diameter. To this end store some first early seed potatoes in the fridge bringing some out to chit every 10 days. The previously chitted ones are then planted in pots and kept in a frost-free place to grow. You will then have a succession of new potatoes to harvest every

14 days or so.

### Mid-February

Complete the pruning of apples, pears and soft fruits. Prune Clematis that have their main flowering period from July onwards back hard to about 30cm (1ft) above the soil. Cut back dead stems of herbaceous perennials to ground level. Stock up on pots, labels, twine and other quickly consumed sundries before the season gets into full swing. Prune back old, woody Mahonia stems to keep the plants bushy. Buy Begonia and Dahlia tubers as well as other summer flowering bulbs such as Gladioli. Cover some strawberry plants with cloches for an earlier crop.

Prune Buddleias and the Spiraeas with colourful foliage, like Spiraea Goldflame, back hard.

### Late February

Dig up and divide herbaceous perennials. Check wall trained plants to see if they require watering as it can get very dry at the base of a wall. In heated greenhouses sow Dianthus, Lobelia, Ageratum, and multi-bloom Geraniums for summer bedding. Dig up, divide and re-plant overcrowded clumps of snowdrops. Prune winter jasmine, Jasminum nudiflorum, by trimming back by two thirds shoots that have flowered. Sow summer cauliflower in trays under glass.

## New ways to connect with nature in Brixham!

Life on the Edge - South Devon National Landscape

Having spent a year working with community groups across Brixham, the Life on the Edge project is now bringing some new free activities, both artistic and practical, for a more public audience.

Fancy trying some conservation work and helping to improve Brixham's green spaces? We're trialling a brand-new Womens conservation group for Brixham. The monthly group will meet locally on the last Thursday of every month from 1:30-4:30pm. No experience required, tools and guidance provided. There'll be breaks and cuppas aplenty! We'd love to see you.

Prefer something more artistic or creative? We're working with two incredible local artists, Sara Hurley and Monica-Shanta, to offer a programme of making, story and sound which will culminate in a unique tea party and a

public installation of your artwork. These free sessions are for older adults and will run at a central Brixham location on Tuesday afternoons from 10th February. You're encouraged to come to as much of the five-session programme as you're able.

All activities are run by Life on the Edge, a heritage lottery funded project of South Devon National Landscape, with the aim of enabling more and deeper connections to our incredible local landscape.

For more information, please email: [lote@southdevon-nl.org.uk](mailto:lote@southdevon-nl.org.uk) or visit: [www.southdevon-nl.org.uk](http://www.southdevon-nl.org.uk)



Lote volunteers plug and hedge plant Berry Head

## Should I get a heat pump?

The government wants people to replace boilers perhaps when they break down with renewable heating like heat pumps. But you don't have to. You can still repair your boiler or replace it with a new one if it breaks.

A heat pump works by using electricity to move warmth from outside your home to inside your home. There's enough warmth outside to heat your home even when it's very cold.

It's better for the environment because it doesn't use fossil fuels like gas or oil. It's also more efficient because it uses less fuel to produce the same amount of heat.

A heat pump usually works best when it heats your home to a consistent temperature all day. Having lots of insulation in your home will help keep the heat in for longer. The heat pump unit is usually quiet - about the same noise level as a fridge.

A heat pump can work in most homes. You might need to make changes to your home to make sure the heat pump works

well and is cost effective. Heat pumps can be expensive to install but you can usually get some financial help. You don't usually need planning permission for a heat pump. But there are rules about things like the size of the heat pump and where it can be installed. If your installer can't follow these rules, you might need planning permission. Speak to your installer about this. Also you don't need building regulations approval if you use an installer registered with a 'competent person scheme'. You should look for an installer certified by MCS. This is a quality scheme recognised by the government. All members of MCS are registered with a competent person scheme. If your installer isn't part of a competent person scheme, you'll need building regulations approval.

*Citizens Advice*

## New tax year approaching . . . *Michael McCaul*

As we approach the start of a new tax year, it is vital to understand what it means for your business, tax planning and investments.

From April 2026, dividend taxation will rise again, adding extra pressure to those holding shares outside tax-efficient wrappers or general business owners looking to remunerate themselves using dividends. Under the new rules, dividends falling within the basic rate band will be taxed at 10.75%, while higher-rate taxpayers will see their dividend tax jump to 35.75%. The additional rate remains unchanged at 39.35%, but for many investors the damage has already been done lower down the income scale. These changes do not exist in isolation. They follow October 2024's increases to capital gains tax on shares, where the basic CGT rate rose sharply from 10% to 18% and the higher rate from 20% to 24%. Taken together, dividends and capital growth are now significantly more exposed to tax than they were just a few years ago. While the £500 dividend allowance and £3,000 CGT exemption remain in place, both have been steadily eroded. Not long ago, investors could rely on a £5,000 dividend allowance and a £12,300 CGT exemption. Today, those figures offer only limited protection.



As a result, the importance of tax shelters has never been greater. ISAs continue to provide a simple and effective way to protect dividends and gains from HMRC entirely. Pensions offer even more powerful planning opportunities, particularly for higher earners. Contributions into SIPPs and SSASs not only shelter investment returns from tax, but also attract income tax relief on the way in, significantly enhancing long-term returns. For business owners, SSASs can be especially attractive, allowing greater control over investment strategy while keeping growth and income outside the tax net. Strategically, investors may also wish to rethink asset location. However, tax efficiency should complement, not override, sound investment planning. With taxes on investment income continuing to rise, proactive use of ISAs and pensions is no longer just sensible, it is essential and also tax efficient.

"There is no such thing as public money, there is only taxpayers' money"

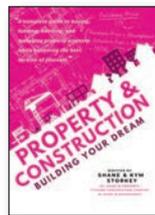
*Margaret Thatcher*

### Property & Construction - Building Your Dream

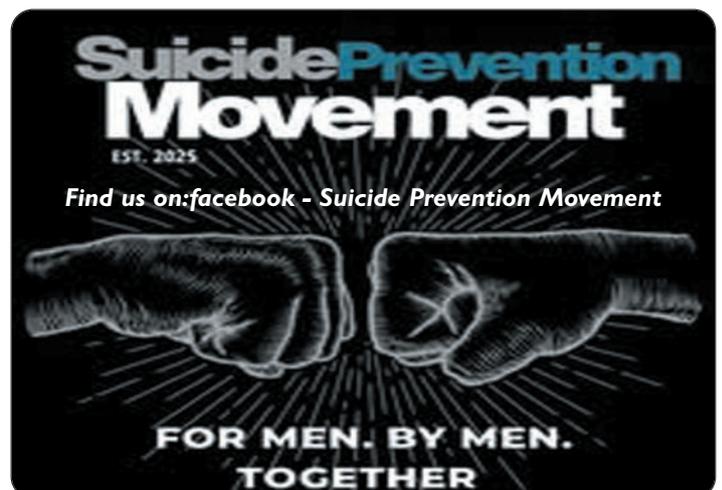
This book isn't about overnight success or chasing get-rich-quick schemes. It's about building something solid, step by step. Property investing, at its core, isn't just about bricks and mortar; it's about making smart decisions, Learning from experience, and having the patience to let time do its work.

*By Shane & Kym Storkey*

Available from Amazon: [www.amazon.co.uk/property-construction-building-your-dream/dp/B0FV MKRZLQ](http://www.amazon.co.uk/property-construction-building-your-dream/dp/B0FV MKRZLQ)



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29 Palace Avenue, Paignton TQ3 3EQ  
0808 278 7859  
[www.citizensadvicetorbay.org.uk](http://www.citizensadvicetorbay.org.uk)



## Let the tide do its job

Gregg Norton



I live two minutes from the beach... Most mornings, and sometimes in the evenings, I walk my dog along the sand. I don't go there to exercise or to think particularly hard. I go there to reset. Every time I step onto the beach, I look at the state of the sand. Sometimes it's calm and flat, almost untouched... Other times it's a mess - Churned up by dogs running in circles... Footprints everywhere from walkers... Holes dug by children building sandcastles... Channels carved for water to run through... Tyre marks where a lifeguard vehicle has driven across it etc. basically the sand tells the story of the day that's just happened. And that's when it always reminds me - that the sand is us. Every single day, life churns us up... Work pressures... Family responsibilities... Deadlines... Messages... Appointments... The gym... The commute... Other people's moods... Our own thoughts... And none of it is bad on its own - but by the end of the day, it can leave us

feeling scattered, stressed, and anything but smooth. We look at ourselves and think, "Why do I feel like this?" Why am I tense? Why am I short tempered? Why does everything feel heavier? Because it's been a busy day on the beach mate !! But I want to tell you the part that actually matters... No matter how churned up that sand is - the tide always comes in. The sea doesn't argue with the sand... It doesn't try to fix individual footprints or smooth one hole at a time... It simply arrives, steadily and consistently, and flattens everything. By the time the tide has done its job, yesterday's chaos has gone. To me, the tide coming in is our sleep. When we sleep properly, the tide comes in... It washes over the day... It resets us. And when we wake up, the beach is flat again. Clean... Untouched... Ready... The problem is, many of us wake up and immediately start digging holes from yesterday...

We replay conversations... We carry stress forward... We bring yesterday's worries into today before the day has even begun. We look at a perfectly flat beach and start churning it up with thoughts that no longer belong there. Yesterday's chaos has gone - so let it stay gone. Today will have its own footprints... Its own mess... Its own challenges... That's unavoidable - But don't start the day already exhausted by things the tide has already taken away. This simple shift has helped my mental health more than I ever expected. When I wake up, I remind myself - this is a new beach. I will do my best to keep it calm for as long as I can, knowing full well it will get churned up later. And that's okay. Because tonight - the tide will come back in again. If you're struggling, especially with anxiety or PTSD, this matters. Rest is not laziness... Sleep is not avoidance... It is maintenance... It is the tide doing what it has always done. Trust it... Let the sea do its job.

And as you step into your day today or tomorrow - try this... Before you rush... before you scroll... before you worry - imagine that flat, quiet beach. Start from there. Then, whatever the day brings, remember one simple thing. Do one thing today that makes you smile. Do one thing every day that makes you smile.

*"Because smiling is healing baby"*



## Make it happen morning creator -

Mike Lancaster

Yes, I'm talking' to you, the artist, the visionary, the one with a fire in your soul and a dream you've been lowkey ignoring. I just want to say this straight up: I love you and because I love you, I'm not letting you sit on that thing no more. Make it happen today. That one thing that's been scaring you? That dream that keeps showing up in your thoughts, your prayers, your journals? You don't need to know how it all ends. You don't need it to be perfect. But you do need to start. Today. Right now.

Send the email.  
Sketch the idea.  
Launch the page.  
Open the app.  
Put that thing in motion.  
You were born to create.  
Your gifts are not random.  
And your wild, 'unrealistic' dreams?  
They are your superpower.  
So, if you needed a sign, this is it.  
Step out that comfort zone.  
Step into your calling.  
Let's go.  
Make it happen.  
I'm rooting for you."

Mike

"Conjunctivitis.com - that's a site for sore eyes"

Tim Vine

## Technology isn't life... Spend time with people ...

I had spent an hour in the bank with my dad, as he had to transfer some money. I couldn't resist myself & asked... "Dad, why don't we activate your internet banking?" "Why would I do that?" He asked... "Well, then you wont have to spend an hour here for things like transfer. You can even do your shopping online. Everything will be so easy!" I was so excited about initiating him into the world of Net banking. He asked "If I do that, I wont have to step out of the house?" "Yes, yes"! I said. I told him how even grocery can be delivered at door now and how amazon delivers everything! His answer left me tongue-tied. He said "Since I entered this bank today, I have met four of my friends, I have chatted a while with the staff who know me very well by now.

You know I am alone...this is the company that I need. I like to get ready and come to the bank. I have enough time, it is the physical touch that I crave. Two years back I got sick, The store owner from whom I buy fruits, came to see me and sat by my bedside and cried. When your Mum fell down few days back while on her morning walk, our local grocer saw her and immediately got his car to rush her home as he knows where I live. Would I have that 'human' touch if everything became online? Why would I want everything delivered to me and force me to interact with just my computer? I like to know the person that I'm dealing with and not just the 'seller'. It creates bonds of Relationships. Does Amazon deliver all this as well?" Technology isn't life.. Spend time with people ... Not with devices.

# Everyday Pain -

Natalie Wayne *BSc Hons Sport & Exercise Rehabilitation*

Many people walk around each day with aches, stiffness or tension and assume it's "just normal."

*Neck pain from the computer.*

*Tight shoulders from stress.*

*An ache in the lower back that comes and goes.*

But here's the truth: common doesn't mean normal and it definitely doesn't mean healthy. February is often when people begin to feel the strain of returning to work routines and colder weather. Sitting for long periods, carrying stress in the body, and reduced movement all contribute to tension that gradually builds up until it becomes painful.

Small aches are your body's early warning system. They're saying: "Something needs attention before this becomes a bigger issue."

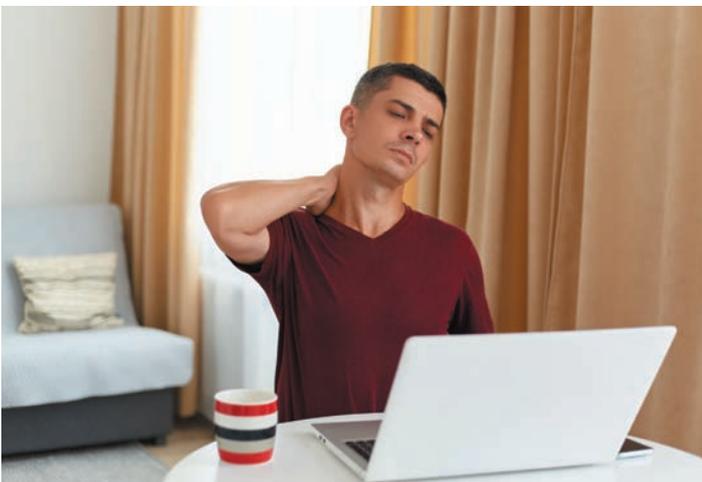
Sports massage and rehabilitation work together to address these problems before they turn into chronic pain. Massage helps release tight muscles, improve blood flow



and reduce stress, often giving instant relief. But rehab takes things a step further by identifying why the pain started: weak muscles, poor posture, imbalance or repetitive strain.

If you've been ignoring a niggle or pushing through discomfort, February is the perfect time to reset. A small amount of attention now can prevent months, even years, of recurring pain.

You don't have to live with daily aches. Your body deserves better, and small changes can make a big difference.



# The Quiet Power of Loving Yourself – Emily Papirnik

## Why It Truly Matters

Perhaps the most important lesson a physical human can learn is how to love themselves. Not as a concept or a trend, but as a lived experience. Loving yourself creates an immensely positive ripple effect, influencing how you feel, how you behave and how you experience the world around you.

So often, we place ourselves last. We prioritise responsibilities, expectations and other people's needs, telling ourselves we will rest or care for ourselves later. Over time, this disconnection can leave us feeling depleted, overwhelmed or disconnected from who we truly are. Self-love invites us back into relationship with ourselves.

To love yourself is to treat yourself with the same kindness, compassion and understanding that you might naturally offer someone you care deeply about. It is recognising that you are the most important person in your own life — not in an egotistical way, but in a grounded and truthful one. You are the one who lives in your body, carries your emotions and navigates each moment. Your wellbeing matters.

When you are loving towards yourself, you take responsibility for how you care for your inner world. You become more aware of your thoughts, your emotional responses and your patterns of behaviour. Instead of harsh self-judgement, you begin to meet yourself with curiosity and patience. This creates space for healing, growth and



change.

During difficult or overwhelming times, self-love becomes a steady anchor. Rather than pushing emotions away, it allows time and space for them to be felt and supported. A simple pause, a conscious breath, or a shift in focus can help regulate your system and create a sense of safety within yourself. Finding something beautiful to look at, something soothing to listen to, or a comforting space to be in can gently guide you back towards balance.

Loving yourself also helps you realise the power you hold as an individual. You have the ability to choose how you show up, how you respond and what you allow to remain in your life. Letting go of what no longer serves you becomes easier when your choices are rooted in self-respect and care. From this place of self-love, supporting others becomes more natural and sustainable. When your own cup is tended to, you are able to encourage, uplift and be present for others without losing yourself in the process. Loving yourself is not an indulgence — it is a vital foundation for living with authenticity, balance and compassion.

- Sports Massage
- Deep Tissue Massage
- Soft Tissue Massage
- Exercise Rehab
- Injury Assessment
- Dry Cupping
- Dry Needling
- Kinesiology Taping
- Pitchside/ Event First Aid
- IASTM



To book in, enquire or for more information go to:  
[www.nlwsportsrehab.co.uk](http://www.nlwsportsrehab.co.uk)

Call/text: 07415 848606

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[www.mehelpingme.com](http://www.mehelpingme.com)

or with the use of a weighted blanket  
[www.intentiontherapy.co.uk/shop-weighted-blankets](http://www.intentiontherapy.co.uk/shop-weighted-blankets)



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## Brixham Escape Rooms



### *Mutiny on the Marina: Pirate-Themed Escape Room Hooks Brixham*

A new attraction is challenging locals and tourists alike to test their wits before the tide turns. Brixham Escape Rooms, an independent venture founded by a local crew of puzzle enthusiasts, has officially opened its doors, bringing a high-stakes "swashbuckling" adventure to the heart of Brixham.

The Mission: Outsmart the 'Badger'  
The debut experience, titled "The Minty Badger," transports teams of 2–6 players into a world of maritime mutiny. Participants take on the roles of a rebellious crew looking to reclaim a treasure trove from their notorious captain, the fearsome Minty Badger. The stakes are simple but steep: the captain has stepped away for his daily facial treatment at a dockside salon, leaving his loot unguarded for exactly 60 minutes. Players must crack intricate codes, uncover hidden clues, and navigate the captain's quarters to secure the riches before his pampered return.

A Local Labour of Love, unlike corporate franchises, Brixham Escape Rooms is a homegrown project led by Peter Harries and a close-knit group of friends and family. Harries, inspired by the pirate-rich history of the town and fellow enthusiasts, sought to create a space that reflects Brixham's unique "buccaneering blood".

"We're a merry crew living in Brixham, united by a love of puzzles and adventure," the team shares on the Brixham

Escape Rooms About Us page. "The pirate theme was a natural fit—this town has swashbuckling fun in its DNA".  
Early Reviews: "Brilliant Hour"  
Since its launch in late 2025, the attraction has quickly climbed the ranks on Tripadvisor, currently holding a 5.0-star rating. Visitors have praised the "creativity and imagination" of the puzzles, noting that the experience is accessible for both expert escapologists and families. One recent visitor, Jenny, noted: "We escaped with just a couple of hints... helpful nudges that kept the fun going". Another local reviewer on Facebook described it as a "great new attraction" that makes excellent use of the boutique space.  
Plan Your Escape  
- Location: Central Brixham (check the English Riviera Guide for the exact dockside location).  
- Capacity: 2 to 6 players per session.  
- Time Limit: 60 Minutes.  
- Bookings: Available via the official Brixham Escape Rooms website.  
Whether you're a seasoned puzzle-solver or just looking to escape the coastal rain, the Minty Badger is waiting. Just remember: the Captain doesn't take kindly to thievery.



## Brixham's Beauty Boost



Bolton street is glowing a little brighter this season as KR Beauty settles into its new home at 12 Bolton Street. After a period of growth that owner Kristina describes as both "the scariest and most exciting" journey of her life, the salon has officially transitioned to a larger, more prominent space to meet the rising demand for professional pampering.

Bolton Street has a long-standing tradition of beauty and grooming, dating back to the Art Deco "Music Salon" of the 1930s and various hair stylists that followed. KR Beauty is the latest to carry this torch, moving into its current premises in late 2025.

The relocation was celebrated by loyal clients, with many taking to social media to congratulate the business on its rapid expansion. The salon has built a reputation for high-end finishes, specializing in:

- Precision Nail Art: Utilizing top-tier brands like Lisa Kon UK and The Gel Bottle for long-lasting gel manicures.
- Summer Readiness: Expert

luxury pedicures and hard skin removal, particularly popular during Brixham's "sandal season".

- Bespoke Services: BIAB (Builder In A Bottle) treatments and eyebrow tinting and waxing.

Community-Centric Pampering  
Beyond standard appointments, KR Beauty has introduced Pamper Party Packages, aimed at groups looking to celebrate with "glamour and style".

This community focus has been a cornerstone of the business since Kristina opened her first solo venture, marking its first anniversary with an open-house celebration for the town.

The salon remains a staunch advocate for the "Shop Local" movement, encouraging residents to support independent Brixham businesses to keep the town's unique creative spirit alive.

*KR Beauty is open Monday to Friday. Appointments can be made via their official Facebook page or by calling 07393 391733*



Manicures | Pedicures | Waxing for Ladies & Gents  
Eye Care- Lashes & Brows

12 Bolton Street, Brixham TQ5 9DE  
07393 391733

## Poets Corner -

### A Red, Red Rose

O my luv'e's like a red, red rose,  
That's newly sprung in June;  
O my luv'e's like the melodie  
That's sweetly played in tune.

As fair art thou, my bonnie lass,  
So deep in luv'e am I;  
And I will luv'e thee still, my dear,  
Till a' the seas gang dry.

Till a' the seas gang dry, my dear,  
And the rocks melt wi' the sun:  
O I will love thee still, my dear,  
While the sands o' life shall run.

And fare thee weel, my only luv'e,  
And fare thee weel awhile!  
And I will come again, my luv'e,  
Though it were ten thousand mile.

Robert Burns 1759 – 1796



## Soundscape Chronicles...

### Best love songs of all time

Determining the "best" love songs of all time often depends on whether you prefer soulful classics, sweeping cinematic ballads, or modern pop hits. Based on chart success and critical rankings, the following are widely considered the greatest love songs ever recorded:

#### All-Time Classics

These songs are frequently cited by critics and fans for their enduring emotional impact:

#### "Something"

by *The Beatles* (1969):

Often called the greatest love song ever written by Frank Sinatra, this George Harrison-penned track captures the essence of pure infatuation.

#### "At Last"

by *Etta James* (1960):

A quintessential wedding song, James' soulful delivery perfectly captures the feeling of finally finding "the one".

#### "God Only Knows"

by *The Beach Boys* (1966):

Renowned for its complex arrangement and vulnerability, it is a timeless hymn to devotion.

#### "Let's Stay Together"

by *Al Green* (1972):

A masterclass in smooth soul that promises commitment "whether times are good or bad".

#### "Can't Help Falling in Love"

by *Elvis Presley* (1961):

A gentle, timeless ballad that remains a top choice for romantic moments and weddings.

#### Power Ballads & Chart Toppers

These tracks dominated the charts and are known for their massive vocal performances:

#### "I Will Always Love You"

by *Whitney Houston* (1992):

Originally by Dolly Parton, Houston's version spent fourteen weeks at number one and is one of the best-selling singles of all time.

#### "Endless Love"

by *Lionel Richie & Diana Ross* (1981):

Frequently ranked as the greatest duet of all time, capturing the feeling of total romantic immersion.

#### "My Heart Will Go On"

by *Celine Dion* (1997):

Made famous by the film Titanic, this song became a global phenomenon synonymous with epic romance.

#### "All of Me"

by *John Legend* (2013):

A modern standard that has become the most-added song in "love" themed playlists on streaming platforms.

#### Modern Favorites

Contemporary artists continue to redefine the genre with hits that have quickly joined the "best of" lists:

#### "Thinking Out Loud"

by *Ed Sheeran* (2014):

A global wedding staple known for its earnest lyrics about aging together.

#### "Make You Feel My Love"

by *Adele* (2008):

Adele's cover of the Bob Dylan classic brought a raw, modern vulnerability to a timeless sentiment.

#### "Birds of a Feather"

by *Billie Eilish* (2024):

A recent entry that balances joyful melody with intense, "can't live without you" devotion.



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Retro collectibles, music, gifts & art  
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## MONSIEUR MORGAN'S Bed & Breakfast

Nichola & Roy Legge

2 Rue de Ganesclaire, Féniers, France

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[www.monsieurmorgans.com](http://www.monsieurmorgans.com)

## Harbour Buoys Brixham: A rising trio on the music scene



Harbour Buoys – Brixham are a relatively new trio who have been making their mark on the music scene for just two years. Their performances encompass a diverse selection of songs, ranging from traditional shanties and sea songs to folk music. Although the members hail from very different backgrounds, it is their shared passion for music, singing, and the sea that has united them. Alasdair discovered his love for singing upon retiring to Brixham nearly sixteen years ago. He initially joined the Brixham Orpheus Male Voice Choir, before developing an interest in shanty singing through his involvement with the ‘Missin’ Tackle Shanty

Crew’, a group he continues to perform with. John, another member of the trio, has been playing both guitar and mandolin since his youth. His musical talents are highly sought after, and he continues to play with various local groups. The third member, Rob, received his early musical training as a singer with the ‘Wells Cathedral School Choir’. With many years of experience performing in choirs, Rob currently sings for the ‘Torbay Police and Community Choir’. Drawing on their individual backgrounds and collective expertise, Harbour Buoys blend harmonies and melodies to deliver performances that highlight the best in their

singing. Their repertoire is carefully curated to showcase the range of their musical interests, allowing audiences to immerse themselves in the evocative world of the sea and bygone eras. All their songs are accompanied either by guitars or guitar and mandolin.

In 2025, the trio embarked on a tour of the Scillies, where they were warmly received by enthusiastic audiences. Beyond their local performances, they have featured at various shanty festivals, with appearances scheduled this year in Weston-Super-Mare, Ilfracombe, Newport, High Wycombe, Port Isaac, and at the Cheese & Cider Festival in Wells Cathedral.

Locally, many will recognise them from their regular sets at the Brixham Steam Packet, First-Class Coffee Lounge.

The group is already booked for several key dates, including St Patrick’s Day on 17/03/2026, Brixham’s Pirate Weekend on Sunday 03/05/2026, and Merchant Navy Day on

Thursday 03/09/2026.

Last year the crew were filmed by STV for Channel 4 / More4 for a new series appearing this year entitled ‘The Antique Riviera’ on More4.

Harbour Buoys are known for their infectious enthusiasm and fondness for toe-tapping numbers. Their performances inspire audiences to imagine the dramatic moments of life at sea, as well as stories from times past that might otherwise fade from memory. Each set is thoughtfully arranged to demonstrate the breadth of their repertoire, inviting listeners to lose themselves in the musical journeys crafted by this talented crew.

*For more information please see Facebook page: HarbourBuoys-Brixham or contact Alasdair – email: harbour.buoys@btinternet.com The boys are always happy to sing for local groups etc so please do make contact to see what they can do for you.*



## Youth Masterclass for Brass bands

On Saturday 23rd May 2026, Principal Players from Foden’s Band will lead a brass band masterclass at Bromsgrove School for young players aged 10-18 years.

The event runs from 10am to 2pm, ending with a short performance.

Foden’s Band has a long and distinguished history dating back over 120 years.

This is an amazing opportunity for young musicians to learn from experts as the Champions of today pass on their skills to the Champions of tomorrow.



All we ask is that you play to about grade five standard, have a passion for Brass Banding and that you come along ready to learn and progress. Bromsgrove School, Worcestershire, near the M5 motorway, offers excellent facilities. There is plenty to keep your parents entertained in the area after they have dropped you off!

The Masterclass is completely free of charge. Places are available for all brass band instruments including percussion, promising an unforgettable day.

*To Register for a free place on this masterclass, visit: [www.wychavonfestivalofbrass.org/youth/masterclass-2026-entry-form](http://www.wychavonfestivalofbrass.org/youth/masterclass-2026-entry-form)*



# Bolton Street Eat - Drink - Shop

## Entertainment

### Kick up the Arts

6 Bolton Street 07859 996368

### Brixham Escape Rooms

43 Bolton Street 07873 565765

## Health & Wellbeing

### Well Pharmacy

2-3 Church Hill, Bolton Street 01803 858142

### Emma Stone Opticians

10 Bolton Street 01803 852749

### KR Beauty

12 Bolton Street 07393 391733

### Bebas Salon

18 Bolton Street 01803 853544

### Stephanies

21 Bolton Street 01803 852284

### Brixham Barber and Salon

22 Bolton Street 07809 417534

## Home & Garden

### Brixham Kitchens & Bathrooms

1 Bolton Street 01803 854200

### Brixham Shoe Repair & Key Cutting

2 Bolton Street 07436 819466

### Hammer and Nails DIY Home and Housewares

17-19 Bolton Street 01803 852050

### Carpet and Flooring Interiors

41 Bolton Street 01803 925465

nick@brixhamcarpetsandflooring.co.uk

### Beautiful Floors

4 Bolton Street 01803 927398

## Hospitality

### Doughy Pizza's

4 Church Hill, Bolton Street 01803 855188

### Storm in a teacup

4 Bolton Street 07809 643007

### The Vigilance (Weatherspoons)

5 Bolton Street 01803 850489

### The Larder Café

11 Bolton Street 01803 883807

### Davids Fish and Chips

64 Bolton Street 01803 855771

## Services

### WBW Solicitors and Financial Planners

3 Bolton Street 01803 546180

### Custom Tattoo Studio (squid ink studios)

14 Bolton Street 01803 302164

### The Laundry Room

15 Bolton Street 01803 882406

### Louisa Nicholson Solicitor

16 Bolton Street 01803 850850

### Advance Technical Recruitment

37 Bolton Street 01803 290333

### AI Dog Grooming

64 Bolton Street 01803 854538

### Shrives Brox Memorials

87 Bolton Street 01803 853460

### Kev's Rubbish Removals

89 Bolton Street 07729 250369

## Shops

### Oasis Off Licence

1 Church Hill, Bolton Street 01803 223954

### Newsagents (Smardons)

8 Bolton Street 01803 857270

### Shoe Repairs and Key Cutting

2 Bolton Street 07436 819466

### Ellas Flower Shop

7 Bolton Street 01803 222606

www.ellasflowershop.co.uk

### Brixham Charity Shop

9 Bolton Street 01803 859548

### RichMix Records

9a Bolton Street 01803 414101

### Trace-Less Zero Waste

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www.tracelesstorbay.com

### Mifsuds Photographic Ltd

27/29 Bolton Street 01803 852400



# The February Spotlights are on ...

## Bolton Street

Storm in a Teacup  
Café



A fresh look and a very warm welcome. , a local favourite is making waves with a fresh look and a very warm welcome. Storm in a Teacup has recently undergone a refurbishment under the passionate leadership of new owners James and Adam. Whether you are a local resident or a visitor exploring Brixham, this "bijou" café offers a cosy haven away from the harbour bustle. The menu is a celebration of homemade comfort, featuring:  
*Signature Savouries:*  
Famous for their fresh, on-site sausage rolls with rotating flavours like Guinness & Red Onion or Cumberland with Feta.  
*Sweet Delights:*  
A traditional "bone china" experience with Devon cream teas, homemade cakes, and mouth-watering loaded pancakes.  
*Unique Scones:*  
Their cheese scones are a local talking point, now available in creative varieties like Mozzarella, Sun-dried Tomato & Pesto.

4 Bolton St, Brixham TQ5 9DE  
07809 643007

Ella's Flowers  
Florist



**Blooming in Brixham**  
Ella's Flower Shop has quickly become the town's go-to destination for anyone looking to add a touch of natural beauty to their lives. Ella Harding, a qualified florist who honed her craft at Bicton College. Having trained under the previous owner of Susan's Flower Shop, Ella brings a fresh, modern energy to the local business scene while maintaining the high standards of customer service the community has come to love.  
*Flowers for Every Moment*  
Whether you're celebrating a milestone or simply brightening your home, Ella offers a diverse range of services:  
*Bespoke Bouquets:*  
From "Blooming Brights" to "Natural Neutrals," with gift-wrapped options.  
*Wedding Wonders:*  
Tailored floral designs for brides and grooms, including venue decor and flower preservation to keep your memories alive.  
*Corporate Gifting:*  
Custom arrangements to thank clients or reward staff.

7 Bolton Street, Brixham TQ5 9BZ  
01803 222606

RichMix Records  
Music Retailer



**Brixham's Vinyl Haven:**  
Why Every Music Lover Needs a Trip to RichMix: . . .  
A local "gem" is proving that vinyl isn't just a trend—it's a community. RichMix Records has become a cornerstone for music enthusiasts, offering a curated escape from the digital world. Whether you are a seasoned collector or a curious newcomer, the experience is designed to be inclusive. "Diversity is positively encouraged," says the team, who take pride in a stock list that ranges from "mainstream pop" to "dreary white indie" and "random, questionable vinyl delights".  
*The Rare & The New:*  
A massive selection of new releases and pre-owned classics.  
*Hidden Treasures:*  
Rare picture discs and "arty covers" you won't find on a streaming app. RichMix offers the rare joy of a physical "treasure trove" where the next great album is just a crate-dig away.

9a Bolton St, Brixham TQ5 9BZ  
01803 414101



## Classic Cars

Dr Chris Cooté

Following on from last month's article here are some more mentions of local clubs and events.

Nearly all classic car clubs have an on-line presence via their web site or Facebook page for contact information. Thus it is always worth doing some on-line research to find out what is going on and where.

South West Classics started in Wales but soon included an event in Devon. They now have a venue at Trago Mills which attracts a large entry of classics. First event for 2026 will be on March 29th Teignbridge Classics meet monthly at the Swans Nest pub in Exminster. They hold a main street open event in the centre of Newton Abbot each spring, Kingsbridge Classics meet on the Quay during spring and summer Tuesday evenings as an informal gathering and attract some very unusual and interesting cars.

By far the most numerous supporters of classics are the one make clubs who all have regional branches or groups scattered throughout the UK. In our area I am aware of: The Rover Guild, TR Register, Triumph sports car club, MG Owners, MG Car clubs, Devon Austin 7 Club, Mazda MX5 Club, Morgan sports car club, Morris 1000 owners, Jaguar owners, Daimler and Lanchester SW branch. There are many others and if you want a mention contact me as below.

Now what is in a name?

Many classic car owners give their cars a name as a sign of their appreciation, attraction to, or plain love of their car. In my case I had no choice and it did get me into a bit of trouble. My



very first car at the age of 17 was an Austin 7 Cambridge special, a little two seater open sports-car based on a 1937 Austin Ruby saloon chassis fitted with an alloy body and cycle wings. I never got it going properly despite getting an MOT on it by agreeing with the tester that only lights and brakes were required as evidenced by driving it only around the garage forecourt. The tester did want to squeeze into the tiny body and take to the open road!!! Years later with a young family growing up and established in our own house with a garage, I wanted to tinker with old cars again. I needed a full 4 seater to fit everyone in and favoured a convertible. From my Austin 7 days I was aware of the larger Austin cars of the pre-war era and rapidly converged on the idea of an Austin heavy 12 tourer. These had a very good reputation for rugged and reliable construction with very simple mechanics, an excellent owners and spares club plus bags of room in the back seats for any number of children,

luggage, picnic set, chairs etc etc.

I found a lovely looking car in Devon finished in dark blue with black wings and light grey full leather upholstery. Never having driven one before with its 4 speed full crash gearbox, magneto ignition and cable brakes, I was nervous about driving it home to Somerset. No matter because I had joined a classic car club, the Vintage Austin Register, with a regular meeting held in an owners large house in Clifton, Bristol. There I met a long term Austin 12 owner who offered to come with me to Devon to test drive the car and jointly bring it home to my place in Somerset. This all went according to plan and my children immediately called the car "Gumdrop". Any of you as old as me and with children growing up in the late 1970's will know why because children's author, Val Biro, wrote a whole series of books about a vintage car called "Gumdrop" which was his car and identical to mine. His books were always called Adventures of a Vintage Car

and involved some sort of encounter with other traffic, animals or railways. You still see the books at jumble and car boot sales with well illustrated and cartoon like illustrations painted in water colours. So what about the trouble I got into with the name "Gumdrop"? I had used the car for various events including celebrating its 60th birthday, which was featured in the local press with a full page spread showing a large sign displaying "happy birthday to Gumdrop". Obviously the author Val Biro spotted this and wrote me a rather terse letter pointing out that the name was part of his copyright and should not be used for commercial gain. I had the last laugh though because he was based in London and subsequently asked me if I was interested in representing him with my car at a local Bristol book signing!!!!!!

*If you have any queries or comments about local classic car events or clubs please contact me via the editor or direct on [ctc8242@gmail.com](mailto:ctc8242@gmail.com)*



# The Pantry's Voice



## Roasted Tomato & Basil Soup A Heart-Warming Classic!

1kg ripe tomatoes (cherry or vine)  
1 small red onion, quartered  
3 cloves garlic (skin on)  
2 tbsp olive oil  
1 tsp balsamic vinegar  
500ml vegetable stock  
Handful of fresh basil  
Salt & black pepper  
Optional:  
Splash of cream or oat cream

1. Preheat oven to 200°C.
  2. Place tomatoes, onion, and garlic on a tray. Drizzle with olive oil, season, roast 30–35 mins until soft and slightly caramelised.
  3. Squeeze garlic from skins.
  4. Add everything to a saucepan with stock and balsamic vinegar.
  5. Simmer 10 mins, then blend smooth.
  6. Stir in basil and cream if using. Taste and adjust seasoning.
- Serve with warm bread for sharing – tearing bread is oddly intimate.



## Monkfish Medallions with White Wine, Cream and Tarragon

Silky monkfish wrapped in warmth and softness, finished with a gentle, herb-scented sauce that lingers. Serves two.

### For the monkfish

2 monkfish medallions  
(or thick tail slices)  
1 tbsp olive oil  
20g butter  
Salt & white pepper

### For the sauce

1 small shallot, finely chopped  
100ml dry white wine  
100ml double cream (or dairy-free alternative)  
1 tsp Dijon mustard  
1 tbsp fresh tarragon, finely chopped  
Squeeze of lemon juice

### To serve

New potatoes or buttery mash  
Spinach or tender greens

1. Season gently  
Pat monkfish dry and season lightly — it's naturally sweet and firm.
2. Sear the fish  
Heat olive oil and butter in a pan over medium heat. Sear monkfish 3–4 minutes per side until golden and just cooked through. Remove and keep warm.
3. Make the sauce  
In the same pan, soften the shallot for 1–2 minutes. Add white wine, simmer until reduced by half. Stir in cream and Dijon. Simmer gently until slightly thickened.

Pam the Cook - Just like your mother made . . .



4. Finish softly  
Add tarragon and a squeeze of lemon.
- Return monkfish briefly to the pan to coat.
5. Serve -  
Spoon sauce over the monkfish, add greens and potatoes alongside.

## Honey-Roasted Carrots with Thyme

4 large carrots, halved lengthways  
1 tbsp olive oil  
1 tbsp honey or maple syrup  
Fresh thyme  
Salt & pepper

1. Roast at 200°C for 25–30 mins.
2. Turn halfway, sprinkle thyme at the end.

## Melt-in-the-middle Chocolate Fondants

Serves 2  
100g dark chocolate  
100g butter  
2 eggs  
2 tbsp sugar  
1 tbsp flour  
Butter for greasing  
Cocoa powder

1. Preheat oven 200°C.
2. Melt chocolate and butter together.
3. Whisk eggs and sugar until pale.
4. Fold in chocolate, then flour.
5. Pour into greased ramekins.
6. Bake 9–11 mins (centre should wobble).
7. Rest 1 min, then serve.  
Serve with berries or a spoon of cream. Silence is allowed.



## Eating out . . .



A visit to ESCA is one of those small, quietly satisfying experiences that reminds you why local cafés matter so much! From the moment we sat down, it felt relaxed and unpretentious, the kind of place where you can slow down without being rushed yet still feel well looked after. The staff are so friendly and

welcoming. The food arrived beautifully presented, without fuss, which somehow made it even more appealing. We chose from the specials board - the chicken fajita and a Mediterranean-style toastie, packed generously with salamis and finished with a kick of chilli jam. Both came with a

side salad, which I'll admit, I usually view as something to politely ignore. I'm a bit of a salad dodger by nature, often leaving it untouched on the edge of the plate. Not this time! The salad was fresh, vibrant and finished with a dressing that genuinely stopped me mid-bite. Light, flavourful and perfectly balanced, it turned what is usually an afterthought into a highlight.

The fajita was warming and well-seasoned, comforting without being heavy, while the toastie hit that perfect sweet-and-spicy note thanks to the chilli jam. Everything felt thoughtfully put together, like someone in the kitchen actually cares how it tastes when it reaches the table.

And then there was the coffee... Simply incredible. Rich, smooth

and expertly made – the kind of coffee that makes you pause, take a breath and appreciate it properly. You can even buy the coffee beans (ground to suit) to take home!

ESCA is exactly the sort of café you want to return to: good food, great coffee, and a reminder that even side salads deserve respect. So in view of that, I gladly agreed to take a loyalty card as I would happily return for more.



## Brixham Fisheries -

*A brief history from The Medieval Period to the end of the 20th Century*

1406

Brixham's fishing community is regulated by the 'Bailiff of the Water of Dart, Officer of the Duchy of Cornwall'

1500s

Brixham harbour is deemed principal Torbay fishery. Hake is the predominant fish landed.

1724

Brixham vessels land pilchard catches at Dartmouth along with their home port

1759

The twelve 'Quay Lords' take control of Brixham Quay and set up the first fish market there

1760s

Trawl nets are first mentioned in South Devon's fishing, thanks to Brixham fishermen... high value fish like turbot, sole and plaice are landed

1785

Seventy-six decked trawlers operate out of Brixham, improved roads allow transportation of their fish catches to markets in Exeter, Bath and London

1820s

Eighty-nine decked trawlers operate out of Brixham, landing on average each week over 120 tons of turbot and sole.

Brixham fleets now exploit fishing stocks westwards off the Irish and Welsh coasts, and eastwards off Hastings and Dover (to share directly in the

London fish market)... this extension of fishing activity carried the trawling tradition to the East Coast fishing ports (culminating later in 1858 in the emigration of Brixham fishing families to Grimsby and Hull) – earning Brixham the title of 'The Mother of Britain's Deep Sea Fisheries'

1850

Largest fishery in England... more than 270 vessels employing 1600 seamen belong to the port and a large number are engaged in the fishery trade... average weekly quantity landed 150 tons... catches of turbot, sole, whiting, plaice, mullet, mackerel, gurnard, flounder, herring etc. Prime lots sent to Exeter, Bath, Bristol and London

1869

Brixham railway (built 1868) began to carry freight as well as passengers. Fish landed in Brixham (and packed in imported Norwegian ice), now reach London's Billingsgate Fish Market in eight hours (as compared to the three days it took by road). The rail link is an important factor in the expansion of the local fishing industry

1890s

Increased catches are facilitated by the introduction of steam capstans which replaced hand winches and replacement of cutter-rigged trawlers with

larger ketch-rigged vessels able to haul longer beam trawls. Despite these technical advances, Brixham's fishing industry generally suffered a decline. Brixham sailing trawlers operating in the most lucrative fishing grounds of the Dogger Bank were unable to compete with steam trawlers from East coast ports

1914-18

First World War marks the Period of Disaster for Brixham's fishing industry: fishing smacks are sunk by German U-Boats, and trawlers' crews are called upon for Naval service.

Even after hostilities cease, the legacy of the war continues to prove detrimental: there are heavy losses of Brixham trawlers resulting from collisions with the many sunken ships along the coasts which also snag and cause damage to many trawler nets

1928

Was known as the 'Period of Collapse' in Brixham's fishing industry: In this year, 2, 160 tons of fish were landed at Brixham (in comparison to 94,000 tons landed at Hull by that port's fishing fleet)

1939

Brixham's fishing fleet was recorded as 'near extinction' as its fleet was reduced to six vessels

1940

The Second World War saw the

arrival in Brixham of Belgian refugee fishermen who helped to revitalise the town's fishing trade and also introduce the 'knowledge of diesel engines'

1960s

Brixham's fishing industry experienced an upturn in its fortunes by following the adoption of the larger Dutch trawlers, a fishermen's co-operative was formed in 1965 and by 1966 the fishing fleet has grown to forty-five boats

1971

Brixham market moved from the inner harbour site to a new fish quay; market building, ice-plan and repair slipway are completed

1991

£456,000 improvements to Brixham fish quay are completed (total cost over 20 years is £4.6 million); fishing industry in Brixham employs directly and indirectly (in related jobs) over 836 people  
Predominant fish landed are sole and plaice

2000

MAFF (now DEFRA), survey revealed that Brixham was the premier fish port in England and Wales with annual landings totalling £18.4 million from 10, 366 fish of all species.

# Zero waste and refill shop ????

Simon Cooke



Trace-Less opened its doors in Bolton Street in October 2024 and has continued to grow its customer base locally thanks to the hard work and dedication of Zoe Tarrant, the shop's owner. When the opportunity arose to purchase the assets of the former Trace-Less – a zero waste and refill shop originally based in Torquay – Zoe jumped at the chance. She decided to move the business to Bolton Street in Brixham when a suitable premises became available.

Zoe is driven by a passion for the environment, health, and nutrition, and a zero waste and refill shop seemed the perfect fit for her as she loves to share her knowledge and ideas with like-minded people.

Trace-Less aims to help customers make better choices in the way they shop, and by joining the refill community people can do their bit for the planet and their health.

Trace-Less stocks an ever-growing range of eco-friendly cleaning products, locally-made soaps, toiletries and self-care products, vegan and

organic foods, herbs and spices, rice, cereals, pasta, grains and pulses, dried fruits and nuts, and lots more! Brixham residents have opened their arms to Trace-Less, and when chatting to customers in the shop it's clear many of them share her concerns about the environment, their own and their children's health, and the impact of harmful substances. Zoe would love more people to come and join the Trace-Less community and do their bit to reduce household waste, plastic use, and carbon emissions by reusing and refilling containers with eco-friendly household products and healthy wholefoods!

Zoe would like to express her gratitude to all Trace-Less customers for their support and encouragement. She feels very positive about the future of the shop and hopes that when the website is up and running, the customer base will increase as Trace-Less will be offering a delivery service throughout Torbay and the local area.



????



## Carrier Bag Bill: Where Does Your 10p Actually Go?

Shoppers in Brixham continue to navigate the rising costs of daily essentials in 2026, many are asking a familiar question at the checkout: where does the money from carrier bag charges actually go?. While the 10p minimum charge remains a legal requirement across England, its path from the till to local community projects is not always direct.

**The 10p Rule in 2026**  
Under current UK regulations, all retailers—from the major supermarkets on New Road to the smaller independent shops on Fore Street—must charge a minimum of 10p for single-use plastic carrier bags. This mandatory fee was designed to curb plastic waste, and it has been largely successful, with bag usage dropping by over 98% since its inception.

### Does the Money Go to Charity?

It is a common misconception that the bag charge is a tax that goes to the government. In reality, it is a levy that stays with the retailer.

### Government Expectation:

The UK government strongly "expects" retailers to donate the net proceeds (total sales minus VAT and "reasonable" administrative costs) to good causes, particularly environmental or community-focused charities.

### Voluntary, Not Mandatory:

There is no legal requirement in England for shops to donate this money. While most large supermarkets do so voluntarily, they are permitted by law to retain the funds if they choose.

### Impact on Brixham Charities

For Brixham residents, the impact of these charges is often seen through local grant schemes. Large retailers with branches in the area, such as Tesco and Sainsbury's, typically funnel their bag proceeds into national programs that then distribute grants to local projects.

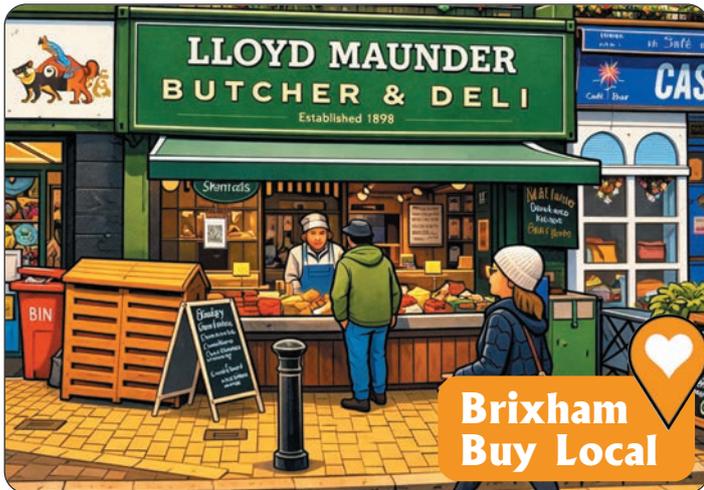
**Tesco's Community Grants:**  
Many local initiatives in Torbay have historically benefited from "Bags of Help" or similar schemes, where shoppers vote with blue tokens for local causes.

**Local Food Bank Support:**  
While not always directly funded by bag charges, supermarkets like the Co-op and Sainsbury's in Brixham maintain strong ties with the Brixham Foodbank, facilitating food donation points that are often more visible than the bag levy donations.

The "Bag for Life" Loophole Shoppers should note that the mandatory 10p charge applies specifically to single-use plastic bags. For "Bags for Life" or reusable woven bags, which often cost 30p to 60p, supermarkets are under even less obligation to report where that money goes.

As we move through 2026, the local message remains clear: to ensure your money stays in your pocket or goes directly to the causes you care about, the most reliable method is to bring your own bag and donate directly to the Brixham community groups of your choice.

# Our very own local... the Butcher, the Baker,



**Brixham  
Buy Local**

For the Love of Meat and Poultry

*In Brixham, meat means knowing where it came from,  
Not just the cut, but the care.*

*It's early mornings again —  
Boots on concrete, breath in the cold,  
A quiet respect before the day gets loud.*

*Beef carries the weight of the fields above the bay,  
Grass-fed, slow-grown,  
Strong enough to stand beside the sea.  
It's the kind of food that fills you properly,  
The sort that keeps hands steady  
When the weather turns.*

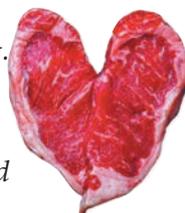
*Lamb tastes of hills and salt wind,  
Of hedgerows leaning toward the water.  
Tender, but never timid.  
It belongs on tables where stories are told twice  
And no one's in a hurry to leave.*

*Chicken is comfort here.  
Roasted golden, shared without ceremony.  
It feeds crews and families alike,  
Stretching far, making sense of lean weeks.  
There's something honest about poultry —  
It doesn't pretend to be more than it is,  
And that's enough.*

*Sausages sizzle while boats unload,  
Fat popping like the harbour at dawn.  
Bacon smells of mornings that matter,  
Of mugs of tea and hands warming around them.*

*Meat in Brixham isn't about excess.  
It's about sustenance.  
About balance, respect, and gratitude —  
For the animal, the land, the people  
Who make sure food still means something.*

*Here, love is cooked slowly,  
Served generously,  
And understood without needing to be said*



**Brixham  
Buy Local**

Love the Bakery!

*There's something deeply comforting about stepping into  
a local bakery —  
the warmth, the scent of fresh bread, and the quiet  
promise that something good is about to happen.*

*Bread and pastry from a local baker are made with time  
and care, not shortcuts. Dough is mixed, rested, proved,  
and baked by people who understand that flavour can't be  
rushed. You taste it in the crust that crackles when you  
tear it, the soft crumb inside, and the way it actually  
satisfies rather than just fills a gap.*

*Local bakers work with rhythm and tradition.  
Sourdough is fed daily, pastries are folded by hand, and  
recipes are shaped by experience as much as  
measurement. Croissants flake properly, not politely.  
Pies are sturdy, generous, and made to be eaten with  
both hands.*

*This is food with purpose.  
Buying from a local bakery also means freshness you  
can't replicate. Bread baked that morning lasts better,  
tastes better, and somehow feels kinder to your body.  
Pastries aren't designed to survive long journeys or  
long shelf lives — they're meant to be enjoyed while still  
at their best.*

*Perhaps most importantly, your local baker is part of the  
community. They rise early so others can start their day  
well. They know their regulars, remember favourites, and  
keep traditions alive in a world that often forgets them.*

*Loving bread and pastry from your local baker isn't  
indulgent. It's practical joy —  
a simple pleasure that nourishes both body and place.*

**Brixham  
Buy Local**



# the Candlestick-seller & the Greengrocer!



For the Love of Gifts and Healthy Bits & Pieces  
*In Brixham, gifts don't shout. They sit quietly on shelves,  
 Tucked between the everyday and the meaningful,  
 Waiting for the right hands to find them.*

*There are jars that promise small kindnesses —  
 Honey for sore throats, Oils for tired muscles,  
 Teas that know when to be calming  
 And when to wake you up.  
 Nothing rushed, nothing loud.  
 Just good things, chosen with care.*

*Soap smells faintly of herbs and sea air,  
 As if it remembers where it belongs.  
 Candles flicker like harbour lights at dusk,  
 Soft, steady, reassuring.  
 Little bundles of wellbeing  
 That say I saw this and thought of you  
 Without needing a card.*

*Healthy bits and pieces make sense here.  
 Fishing folk know bodies need tending,  
 That strength isn't endless  
 And rest is part of the work.  
 Balms for cracked hands,  
 Salts for aching feet,  
 Supplements tucked into cupboards  
 Beside the mugs and the teapot.*

*These gifts aren't about perfection. They're about care.  
 About knowing that nourishment comes in many forms—  
 Sometimes it's food,  
 Sometimes it's a pause,  
 Sometimes it's a small, thoughtful thing  
 That makes the day feel kinder.*

*In Brixham, giving is simple.  
 It's practical, heartfelt,  
 And quietly hopeful —  
 A reminder that looking after  
 one another  
 Is a tradition worth keeping.*



A Love Letter to Fruit, Veg and the Tide  
*In Brixham, where the harbour wakes first,  
 Before the town has rubbed sleep from its eyes,  
 There's a rhythm to things —  
 Boats coming home heavy with the sea,  
 And kitchens already thinking about what's fresh.*

*Tomatoes here taste of more than sun,  
 They taste of patience,  
 Of hands that know when to wait  
 And when to pick.  
 Carrots crunch like pebbles under boots on the slipway,  
 Honest, no nonsense,  
 The kind of food that doesn't need explaining.*

*Greens arrive with the morning light,  
 Still holding the cold from the fields above the bay.  
 Cabbage, kale, leeks —  
 Sturdy souls, much like the fishermen,  
 Who know that nourishment isn't flashy,  
 It's reliable. It turns up when you need it.*

*Apples share space with ropes and crates,  
 A quiet sweetness beside the salt.  
 Beetroot bleeds a deep harbour red,  
 The colour of working boats and weathered hands.  
 Even the onions feel local —  
 Layered, resilient, a bit emotional if you get too close.*

*Fruit and veg belong here.  
 They balance the catch of the day,  
 Softening the brine with colour and calm.  
 They remind us that while the sea feeds the body,  
 The land steadies the soul.*

*In Brixham, love isn't loud.  
 It's grown, gathered, cooked, and shared —  
 On plates where the land and sea  
 Finally sit down together.*



**Minor adapts -**  
including grab rails/galvanised hand rails

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## South West Property Investment

Shane & Kym Storey

Become financially free in 2026 - The answer is property!  
Come and join us on one of our full of value property training events. The Property Investment Academy (PIA) can take anyone from a beginner to a property millionaire. Join us to learn exactly how you can start and scale a profitable property business from scratch. THIS training will give you a plan to get from where you are now, to where you want to be through Property.

*We are going to be looking at...*

- How to build a profitable portfolio with no money,
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- How do you "Stress Test" to protect your assets?
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- The best places to find off-market properties.
- The three things you need to focus on in 2026
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Your hosts will be seven-figure business owners, Kym and Shane Storkey. Both are highly experienced, qualified and proven in Property investment, construction and business growth.

They will use their knowledge to fast-track your results. By the end, you will have all the tools you need to get started in Property and a clear plan to build your portfolio

over time. Places are allocated on a first-come, first-served basis. If you're coming, click the link below and sign up now!

**Thursday 19th February 2026**  
Castle Hotel  
Castle Green  
Taunton  
TA1 1NF

**Friday 20th March 2026**  
Salisbury

**Friday 17th April 2026**  
Barnstaple

**Friday 15th May 2026**  
Swindon

**Friday 19th June 2026**  
Bath

**Friday 17th July 2026**  
Cheltenham

**Friday 14th August 2026**  
Bournemouth

**Friday 25th September 2026**  
Exeter

**Friday 9th October 2026**  
Plymouth

**Friday 5th November 2026**  
Truro

**Friday 11th December 2026**  
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## A love story, sealed with a Sherbet Lemon!



### *Sweet Memory brings romance back to Brixham*

With a "taste from the past," making it the perfect setting for rekindling old flames and creating new romantic memories, one pear drop at a time. Forget expensive dinners and generic bouquets. The true language of love is spoken in the shared nostalgia of a traditional sweet shop. The moment you and your loved one step inside Sweet Memory, the air, heavy with the scent of rhubarb and custard and boiled sweets, transports you both to simpler times. The romance here is in the simplicity:

### *Sharing a Memory:*

The best dates are about connection. Point out the jars that defined your childhood—be it the fiery aniseed balls or the classic midget gems—and watch your partner's eyes light up with shared recognition.

### *The Perfect Duet:*

Create a custom pick-and-mix together. This shared act of selection, where prices start as low as 1p, 2p, and 5p, is a charming metaphor for building a life together, choosing the perfect combination of flavours that complement one another.

### *Sweets for your sweetheart*

Diane is dedicated to selling sweets the old way, understanding that some things never go out of style—like true love and traditional confectionery.

In the rows of over 100 glass jars, you'll find treats that are as enduring as your affection: *Everlasting Love:*

Hard-boiled classics like humbugs and mint imperials symbolize a love that lasts and holds its shape, no matter how long you cherish them.

### *A Little Sparkle:*

Treat your sweetheart to something fizzy, like sherbet lemons or flying saucers, to add a little sparkle and zest to your day, just like they add to your life.

### *Seal your love in the heart of Brixham*

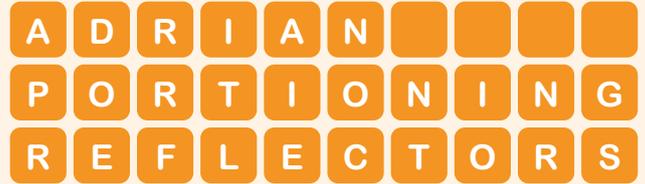
Sweet Memory is a tangible reminder that the most meaningful gifts are those wrapped in nostalgia and shared experience. So, skip the generic card aisle and head to 15 Fore Street and buy your love, weighed out by the quarter, in a traditional paper bag.

*In Brixham, true love tastes like your favourite childhood sweet!*

## Competition Time . . . Your chance to WIN!

### The Letter Lottery

Simply re-arrange ALL the letters to one of the advertisers names, in this months Brixham Beacon



### Adrian Portioning Reflectors

#### Prizes

**1st Prize: £50 Cash** - Donated by Brixham Beacon

**2nd Prize: Meal for Two Voucher** - Donated by The Golden Lion

**3rd Prize: 45min Massage** - Donated by NLW Sports Therapy

**4th Prize: Fruit Hamper** - Donated by Brixham Greengrocer

### January Competition Winners!

**1st Prize: 2 Nights in French B&B** -

Donated by Monsieur Morgan's -

**Winner is: Suzanne Anderson**

**2nd Prize: Meal for Two Voucher** - Donated by Golden Lion

**Winner is: Mrs Kay Deare**

**3rd Prize: 45min Massage** - Donated by NLW Sports Therapy

**Winner is: Mark Blagdon**

**4th Prize: Fruit Hamper** - Donated by Brixham Greengrocer

**Winner is: Rachel Horner**

## Traditional Sweets

A taste of the past!

All your old favourites and more . . .



*Pick 'n' Mix*

*Party Bags*

*Sweet hampers made to order*

*Sweet buffets*

15 Fore Street, Brixham TQ5 8AA

### Brixham Beacon Competition Entry Form

February Issue - Closing date: 28th February 2026

Complete and return this form, enter online at [www.brixhambeacon.com](http://www.brixhambeacon.com) or email [win@brixhambeacon.com](mailto:win@brixhambeacon.com) for your chance to win!

Answer: \_\_\_\_\_

Name: \_\_\_\_\_

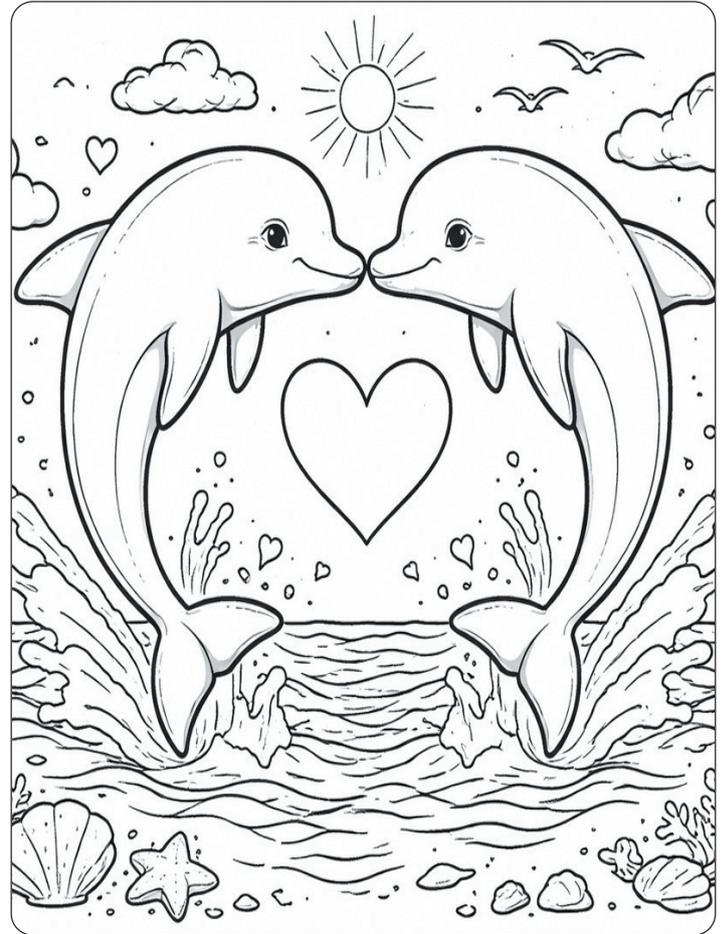
Tel/Email: \_\_\_\_\_

Return to: Brixham Beacon Competition Box see locations below, or enter online: [www.brixhambeacon.com](http://www.brixhambeacon.com) or email to: [competition@brixhambeacon.com](mailto:competition@brixhambeacon.com)

**Boxes located at:** The Strand Bakery - Crown & Anchor - Brixham Greengrocers - Sweet Memory - The Golden Lion

## Fun Quiz!

1. What is Elton John's heroic middle name?
2. The name of which board game translated means "sparrow"?
3. Ackees, sapotas and soursops are all examples of what?
4. What was the last black and white film to win the Oscar for Best Picture?
5. The name for which form of transport stems from the Latin "for all"?
6. What did Chuck Yeager break on 14 October 1947?
7. Energy contains the Greek root 'erg'. What does 'erg' mean?
8. Name the three Oscar winners for Best Film in the 1990s with a single word film title..
9. Sometimes called "the first great war of the 20th century", which two world powers were at war with each other between Feb 1904 and Sept 1905?
10. Eight tennis players have won the mens singles title in all four Grand Slam tournaments. (Australian Open, Wimbledon, French Open and US Open) Can you name them?
11. What is the culinary term for cutting food into long thin strips?
12. Which two bands had a top ten hit with the song 'Venus'?
13. Measured in area, what are the five smallest landlocked countries in the world?
14. Which royal title or term of courtesy stems from an Old English word meaning "one who kneads bread"?
15. What was the only country to have hosted the Summer Olympics and not win a single gold medal?
16. In which E.U. country does 'Wiehed' mean one? (as in the number 1)
17. What nickname was the horribly disfigured John Merrick given?
18. Which company built the Dr. 1 triplane flown by the Red Baron?



*A chance for you to add your own bit of colour . . .*



# Wordsearch

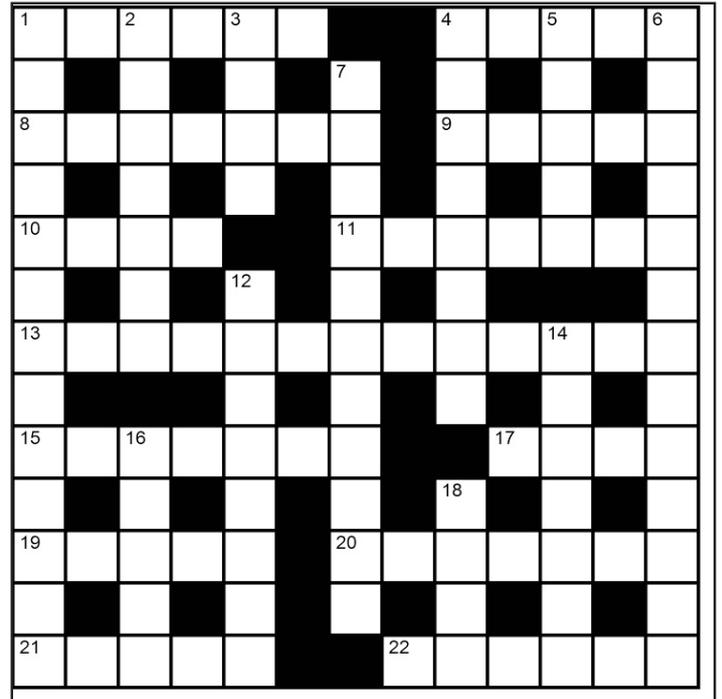
B E L O W T R A W H T  
 C W B I N N A C L E O  
 R M R B P I S I Z V B  
 O D E O W U S S E N X  
 W A D S K T R R X H D  
 S V D C S E H S W O B  
 N I A K C E D O E G N  
 E T L I A M T S P R L  
 S S F D L A H R E J L  
 T F C A I E G T O T A  
 O T A O B B S H I P F

- |          |          |        |
|----------|----------|--------|
| AFT      | DECK     | PORT   |
| BEAM     | FALL     | PURSER |
| BELOW    | LADDER   | SHIP   |
| BINNACLE | LIST     | SOS    |
| BOAT     | MESS     | STACK  |
| BOW      | OFFICER  | STERN  |
| DAVITS   | OVERHEAD | THWART |

“Consistency is better than perfection.  
 We can all be consistent –  
 perfection is impossible.”

*Michael Hyatt*

# Crossword



## Across

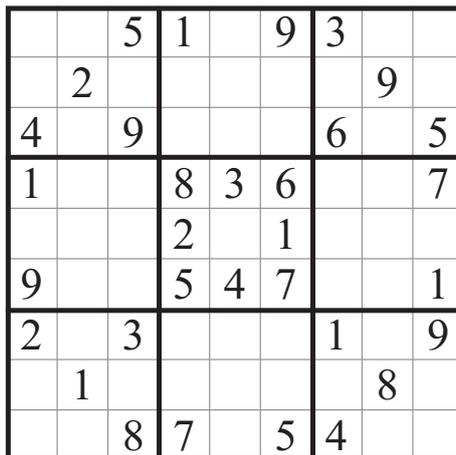
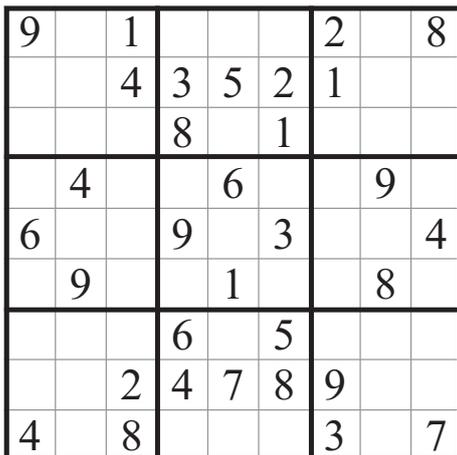
- 1 Utterly senseless (6)
- 4 Dry red Spanish wine (5)
- 8 Plain variety (7)
- 9 Operated by sound waves(5)
- 10 Wander (4)
- 11 Galilee native (7)
- 13 Unworkable (13)
- 15 Largest penguin (7)
- 17 Legal instrument (4)
- 19 Minor actor in crowd scenes (5)
- 20 Aardvark (3,4)
- 21 Sum (5)
- 22 Israeli currency (6)

## Down

- 1 Paid announcement (13)
- 2 Tanner's aid (7)
- 3 Depend (4)
- 4 Confine (8)
- 5 Unit of weight (5)
- 6 Relating to building design (13)
- 7 Born in early December, perhaps (11)
- 12 Affliction of cats and other fur-lickers (8)
- 14 Violently frenzied (7)
- 16 Small in number (5)
- 18 Home of Salt Lake City (4)

# Sudoku

Fill the 9x9 grid with numbers 1-9, ensuring each number appears only once in every row, every column, and every 3x3 subgrid



# Last month's Answers



## What's on!

*All things Viridian*  
**Your Questions Answered**

**Porridge Pantry, Brixham**  
 Fri 13th February 10.30am-1.30pm  
 From achieving optimal energy to supporting ageing, nutrition can help in many areas.

Book your space

**VIRIDIAN**

With Viridian Expert  
 Jan Muffel!



For more information, call - 01803 926246 | email - Brixham@PostalPantry.co.uk

**Saturday 21st February 2026**  
**Pre-Loved / 2nd Hand Sale**  
**10am The Scala, Town Hall, New Road, TQ5 8TA**

To advertise your event here, email:  
[news@brixhambeacon.com](mailto:news@brixhambeacon.com)

## Brixham Theatre Events

**18th February 2026**

4 Letters of Love – Film

**21st February 2026**

This is FLOYD – Pink Floyd tribute

**26th February 2026**

National Theatre Live – The Audience

**28th February 2026**

The Carpenters Experience

**7th March 2026**

Fearlessly Taylor – Taylor Swift tribute

**13th March 2026**

Brixham Comedy Club

**14th March 2026**

Heaven Can Wait – Meatloaf

Remember these are just some of what's on offer - head to our website and book early for the best seats in our lovely theatre!

[www.brixhamtheatre.co.uk](http://www.brixhamtheatre.co.uk)

## BRIXHAM CRICKET CLUB

### HARD BALL CRICKET (11-14 YEARS OLD)

We are delighted to announce the news that we now have a kids hard ball cricket team back up and running.

We will begin with inviting cricketers between the ages of 11-14 years to the club to take part in our fun & progressive cricket sessions!

**Wednesday 6.00 – 7.15pm**

All abilities welcome

**29<sup>th</sup> April – 26<sup>th</sup> August**

To register your interest, please email [Brixhamjuniorcricket@gmail.com](mailto:Brixhamjuniorcricket@gmail.com)

### LADIES CRICKET



Brixham ladies cricket team are currently looking for new players. All abilities are welcome and no previous experience is required. We are keen to speak with anyone who may be interested in some fun, exercise and a good social scene to please get in touch.

The training starts in April, every Thursday evening throughout the season from 18:15 – 19:30.

If you have any more questions or would be interested in coming along please email Kym at [ladiescricketbrixhamcc@gmail.com](mailto:ladiescricketbrixhamcc@gmail.com) and she would be happy to answer any questions or queries you may have.

## QUIZ NIGHT

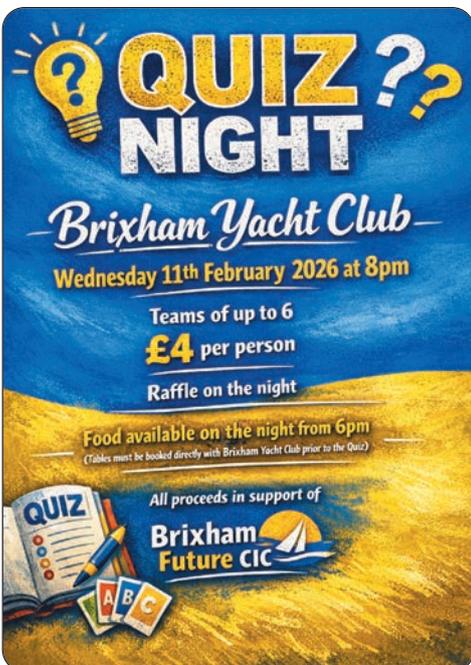
### Brixham Yacht Club

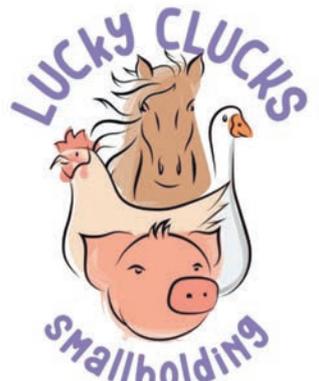
**Wednesday 11th February 2026 at 8pm**

Teams of up to 6  
**£4 per person**  
 Raffle on the night

Food available on the night from 6pm  
(Tables must be booked directly with Brixham Yacht Club prior to the Quiz)

All proceeds in support of  
**Brixham Future CIC**





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Mill Lane, Galmpton  
 TQ5 0ER

**07595 396656**

email:  
[L.clucks.smallholding@outlook.com](mailto:L.clucks.smallholding@outlook.com)



**Brixham Theatre**

Brixham Town Hall, New Road,  
 Brixham TQ5 8TA  
 Tel: 01803 415987  
 Email: [info@brixhamtheatre.co.uk](mailto:info@brixhamtheatre.co.uk)  
[www.brixhamtheatre.co.uk](http://www.brixhamtheatre.co.uk)

Regular Box Office Hours: Monday to  
 Friday 10am – 12pm

# Can you help?

*Seaman Wilfred Henry Mills*  
My name is Niko Van Kerckhoven, a local amateur historian from Antwerp Belgium. I am trying to find pictures of all allied personnel buried in the CWGC plots at Schoonselhof, Antwerp. So far, I have collected 780 of the more than 1500 soldiers buried there, a labour of love.

You can see the results of my research here:  
[www.facesofschoonselhof.weebly.com](http://www.facesofschoonselhof.weebly.com)

One of them, Seaman Wilfred Henry Mills - service number LT/JX 192189 -, died in Antwerp on 31 December 1944. He was the son A. B. Frederick William Mills, R.N.

(died on active service 17th January, 1941), and Meta Mary Ann Mills, of Brixham, Devon. Wilfred was a member of HMS Burke, Royal Naval Patrol Service.

I was hoping that you might be able to help me a little further in my quest, maybe there's a picture of him in the archives or you can trace a family member.

Many thanks in advance for helping me.

Sincerely,

*Niko Van Kerckhoven*

*If you have any information, please email:  
[news@brixhambeacon.com](mailto:news@brixhambeacon.com)*

# A Wassail - 15th February

Brixham Town Council are pleased to support Brixham Trust and Brixham Arts and Theatre Society as they bring the traditional Brixham Wassail to Wishings Field — celebrating our land, heritage and community. A Wassail is a centuries-old rural custom where communities gather in orchards to sing, make music and toast the trees, wishing them good health and a fruitful harvest for the year ahead. This revived local celebration offers a wonderful opportunity to reconnect with the area's historic orchards and traditions.

Bring pots and pans to join the festivities and help create plenty of celebratory noise!

Well done to Brixham Trust and BATS for organising this special event — we look forward to seeing the community come together at Wishings Field.

*Wishings Field, Brixham  
Sunday 15th February  
2:30pm – 4:00pm*



## Brixham Does Care What's on

### Monday 9th February Valentine sing - a-long

1.15pm - 3.15pm £5 tickets includes a free tea/coffee and a cake,  
Function Room Brixham Town Hall

### Thursday 5th February Tea Dance

Scala Hall with Blue Bossa  
2.30pm - 4.30pm Tickets £5 which includes tea and cake.

### Monday 16th February 2026 Fish and Chips Lunch with Quiz

1.15pm - 3.15pm  
Tickets £10 which includes fish and chips and tea/coffee  
Function Room Brixham Town Hall

### Monday 23rd February

Film Club - Belles On Their Toes  
1pm in the Function Room Brixham Town Hall  
Tickets £5 members or £6 non members

All tickets can be bought from  
Brixham Does Care Office in the Town Hall



# BRIXHAM JUNIOR CRICKET

WITH THE SUMMER FAST APPROACHING, WE ARE DELIGHTED TO ANNOUNCE WE ARE AGAIN RUNNING THE VERY POPULAR ALL STARS (5 – 8 YEARS OLD) AND DYNAMOS (8-11 YEARS OLD) PROGRAMMES AT BRIXHAM CRICKET CLUB.

THE COURSES WILL BE SCHEDULED FOR EVERY FRIDAY AT BRIXHAM CC FROM 17:00 – 18:30, STARTING EARLY MAY AND FINISHING IN JULY. THE CLUB HAS LOTS OF PARKING, A FULLY LICENSED BAR, FOOD INCLUDING A BBQ WILL BE SERVED EVERY FRIDAY EVENING AND IS A LOVELY PLACE TO SIT AND WATCH THE CRICKET UNFOLD!

THE COURSES ARE EXTREMELY POPULAR SO, IF INTERESTED, EITHER REGISTER YOUR INTEREST AT [WWW.ECB.CO.UK/PLAY/ALL-STARS/REGISTER-INTEREST](http://WWW.ECB.CO.UK/PLAY/ALL-STARS/REGISTER-INTEREST) OR ALTERNATIVELY CONTACT SEAN AT [BRIXHAMJUNIORCRICKET@GMAIL.COM](mailto:BRIXHAMJUNIORCRICKET@GMAIL.COM) WHO WILL BE HAPPY TO ANSWER ANY QUESTIONS YOU MAY HAVE.



# Loving your pet through February . . .

Dr. Whiskers

As we settle into the shortest month of the year, it is the perfect time to show our furry companions some extra love. Beyond Valentine's treats, February marks two critical health events: National Pet Dental Health Month and Pet Heart Month.

### *A Healthy Smile for a Longer Life*

Did you know that by age three, roughly 80% of dogs and 70% of cats show signs of dental disease? Dental health is more than just "doggy breath"; left untreated, bacteria from the mouth can enter the bloodstream, potentially damaging the heart, liver, and kidneys.

To keep your pet's smile bright:

- **Brush Daily:** Use pet-specific toothpaste. Never use human toothpaste, as it may contain xylitol, which is toxic to animals.
- **Dental Diets:** Consider veterinary-approved dental kibbles or chews that use mechanical action to "squeegee" away plaque.

### *Protecting the Heart*

Since February is also "Heart Month," be vigilant for subtle symptoms of cardiovascular issues, such as a persistent cough, fainting, or tiring more easily during walks. Prevention is key: maintain a healthy weight and ensure regular exercise to keep the heart muscle strong.

### *Winter Safety Reminder*

While we wait for spring, the frost remains a hazard. Always wipe your pet's paws after walks to remove antifreeze or road grit, both of which can be toxic if licked off. For our "small furrries" like rabbits and guinea pigs, ensure they have extra bedding and that their water bottles haven't frozen over during chilly nights.

A quick check-up now can prevent a major headache later. Have a safe and snug February! Would you like to learn more about professional dental cleaning or how to spot the early signs of heart murmurs in older pets? Contact your local vet.



## Award Winning Fish & Chips

*One of the UK's 50 Best Fish & Chip Takeaways for 2026*

### Beat the rush!

*Order through the David's Fish & Chips App or ordering online for quick and easy collection*

<i>Opening Hours</i>	<i>Lunch</i>	<i>Dinner</i>
Mon - Thu	12:00 – 13:30	17:00 – 20:30
Friday	12:00 – 13:30	16:30 – 21:00
Saturday	12:00 – 13:30	16:30 – 20:30
Sunday	Closed	17:00 – 20:30

### Delivery Available:

Friday & Saturday evenings  
4:30pm – 8:00pm

# DAVID'S FISH & CHIPS

*Major Credit and Debit Cards accepted  
subject to a minimum £5 spend*

64 Bolton Street | Brixham | TQ5 9DH

**01803 855771**

## Hilary Emms Family History Research

*More than 30 years of experience!*

-  Comprehensive details including names, occupations, births, marriages, death records, news articles and more
-  A printed family tree report accompanied by supporting documents will be provided
-  Testimonials from clients are available
-  Competitive pricing at £15 per hour (minimum of 4 hours)
-  Official certificates can be ordered (provided by the General Register Office)

For further details or an informal chat, please contact:  
hilary16@live.co.uk or 07870 973655

## National Exhibition for local resident

Chris Lavers



Local Brixham resident Chris Lavers now has a major UK exhibition of contemporary high resolution satellite imagery in Pembroke College, Oxford until Friday 13th March, supported extensively by satellite imagery company Vantor (formerly Maxar). Chris, University of Lincoln Senior Lecturer at Britannia Royal Naval College, is currently holding an exhibition in the JCR Gallery, Pembroke College "Living With Human Conflict and Environmental Change – a Space for Reflection" looks at the application of high resolution satellite imagery to monitor human rights abuse of vulnerable communities, and environmental change, following from his opening talk

in the Pichette Auditorium, Pembroke, on Sunday 18th January. Chris says "I am thrilled to continue my association with Pembroke College, started back in 2020, and I hope that this will be the first of many venues across the South West and UK over the next two years, having previously held 30 other varied exhibitions over the last 20 years." Chris adds, "Satellite imagery provides an amazing window into the diverse landforms, flora and fauna, and natural processes of the world around us. To the scientist images are not only beautiful pictures of raw artistic beauty of earth's natural processes, but provide a wealth of information and data for analysis, providing meaningful insights into the

state of the planet on a global scale, highlighting its vulnerabilities in an emotive medium. Humanity has left a significant 'footprint' on our environment: from forest clearance, war impact, and pollution of the earth, sea, air, and even space. However, the scale of human activity, largely conducted without consideration to its consequences, is harder to quantify, as activities ranges between good management to blatant mismanagement. This exhibition looks at the use of satellite imagery to reflect upon mankind's impact on the earth, and our impact on the most vulnerable elements of humanity. This exhibition emphasises the risks and suffering experienced daily by

indigenous communities as a result of discrimination and corporate activities with the added likely consequences of climate change.

*For more details of the event go to:*

[www.pembrokejcrart.org/copy-of-chantal-meza](http://www.pembrokejcrart.org/copy-of-chantal-meza)

*Fridays 1pm-4pm -  
6 February, 13 February, 20  
February, 13 March  
Saturdays 2pm-4pm -  
28 February, 7 March*

*Pembroke College  
Gallery Entrance at:  
5 Brewer Street OX1 1QN*

*If you are interested in hosting this exhibition for a period of time in Brixham or Torbay, then please contact Chris at [Clavers@lincoln.ac.uk](mailto:Clavers@lincoln.ac.uk)*

### About the Artist:

*Chris has taught various maritime and earth observation topics at Britannia since 1993. He has published over 200 articles on technical subjects, 30 science-art exhibitions since 1998, as well as numerous books, translated into Chinese and Turkish.*

*Chris is subject matter expert (Radar and Telecommunications) at Britannia, and he has spoken on Radio 4's flagship science 'Material World', Radio Devon and Plymouth Sound radio. He has been a member of the Institute of Physics Environmental Committee, Convenor of the special interest group in conservation and indigenous communities of the Remote Sensing and Photogrammetry Society, as well as editor for SENSED their flagship publication until 2024, and a Visiting Research Fellow at the Changing Character of Warfare Centre (Strategy, Statecraft, and Technology) Pembroke College, Oxford, twice, most recently in 2024.*

## Letter to Editor

Dear Editor

As residents and visitors enter our beautiful town, they are greeted by a repurposed boat as a planter and a symbol of our proud maritime heritage. While this "welcome boat" has long been a charming fixture, it currently requires a fresh burst

of life as it looks like it is sinking! Who is responsible for the care? Brixham should take pride in its appearance like other towns, such as Poole and Whitby. The "Welcome to Brixham" sign should be a source of pride for everyone.  
*Yours faithfully*

LB

## Situations Vacant

### Brixham Beacon

would like to hear from anyone under 18, who is a keen writer or interested in journalism, content creation, graphic design, typesetting and page layout or photography as a career.

*Send us your contact details, what your ambitions are and what you are currently studying at school, college or uni and any interest/hobbies you enjoy.*

*Email: [sam@brixhambeacon.com](mailto:sam@brixhambeacon.com)*

### In Memoriam

Notices are free of charge

*Please include: Name, date of passing, age, funeral arrangements, flowers and donations information.*

email: [news@brixhambeacon.com](mailto:news@brixhambeacon.com)

# Beacon Directory



## Useful Numbers

### Emergency Services/Utilities

Action Fraud	0300 123 2040
British Gas	0800 111 999
CrimeStoppers	0800 555 111
Fire Station	01392 872200
Floodline	0345 988 1188
Police	101 or 0845 277 7444
<i>(In an emergency always call 999)</i>	
South West Water	0344 346 2020
Western Power	0800 678 3105

### Banking

Brixham Banking Hub	0345 722 3344
Brixham Post Office	01803 882226

### Healthcare

Brixham Community Hospital	01803 881399
Compass House Surgery	01803 855897
<i>King Street &amp; Galmpton</i>	
Mayfield Medical Centre	01803 495400
Community Dentist Service	01803 217777
Tourist Information	01803 211211

### Councils

Brixham Town Council	01803 859678
Torbay Council	01803 201201
Emergency out of Hours	01803 550405
Brixham Harbour Office	01803 853321
Waste Services, Swisco	01803 701310
Housing	01803 208723
To report faulty traffic lights or urgent highways issues call:	01803 207740
Roads, pot holes & pavements	01803 701310

### Help & Support

Alcoholics Anonymous	0800 917 7650
Brixham Food Bank	07873 164211
Brixham Library	01803 853870
Samaritans	dial free from any phone 116 123 or 0330 094 5717 local call charges apply
Torbay Citizens Advice	0808 278 7859
Victim Support	0845 303 0900f
Help the Homeless	0300 456 4876

### Taxis

AB Cabs Brixham	07936 860949
Brixham Minibus Taxis	01803 857050
Brixham Taxis	01803 853000
Dans Cabs	07947 546399
Homeward Taxis	07735 629880
Mainland Taxi's Ltd	07970 121466
Premier Cars	07964 078645
Town Taxis	01803 852619

## Clubs & Associations

### Brixham Cricket Club & Social Club

North Boundary Road, Brixham TQ5 8LH  
Tel: 01803 853836



### Brixham Does Care

Town Hall, New Road, Brixham TQ5 9JA  
01803 857727 Email:  
admin@brixhamdoescare.co.uk



### Brixham Future CIC

www.brixhamfuture.co.uk

### Brixham Rotary

More details of the club and its events, who meet at Brixham Yacht Club on the second and fourth Tuesdays of the month are available on the Club website:  
www.brixhamrotary.org and Facebook page



### Chamber of Commerce

Meet on the last Tuesday of the month in Feb, Apr, June, Sept and Nov  
Email: info@brixhamchamber.co.uk  
www.brixhamchamber.co.uk



### Community Builder

Contact Helen on:  
07469 660873 or email:  
helenambler@torbaycdt.org.uk



### Galmpton & Churston Women's Institute

Meet once a month on the first Friday of the month at 2pm. Usually with a speaker followed by tea and biscuits at Village Hall Galmpton, TQ5 0LT  
Email: galmptonandchurston@devonwi.org.uk



### The Friends Centre

Tel: 01803 224970  
email: tfc@brixhamdoescare.co.uk



## BRIXHAM YOUTH CLUB

Location: Scala, Town Hall, TQ5 8TA

Time: 3:30PM – 5PM

Ages: 11 to 18

Term-time only!

All are welcome for some fun & games – after school  
Free Admission – Tuck Shop



## Local Churches

### All Saints' Church

Church Street, TQ5 8HG 01803 851340

### Beacon of Light Fellowship

11A Mount Pleasant Road, TQ5 9RP 01803 473228

### Brixham Baptist Church

Market Street, TQ5 8EU 0333 390 4619

### Brixham Community Church

Brixham College main hall, TQ5 9HF 07772 591357  
10:30am every Sunday. Email: admin@brixhamcc.co.uk

### Brixham URC Church

4 New Road, Brixham TQ5 8NE 01803 853794

### Chestnut Community Centre

3 Poplar Close, TQ5 0SA 07855 090589

### Church of St Mary the Virgin

Church Street, Churston Ferrers, TQ5 0JE 01803 845692

### Fore Street Methodist Church

15 Fore Street Brixham TQ5 8AA

### Higher Brixham Church

30 Milton Street, TQ5 0BX

### Our Lady, Star of the Sea Catholic Church

43 New Road, Brixham TQ5 8NB 01803 853406

### St Mary's Church

St Mary's Square, Milton Street, TQ5 9JY 01803 857357

# Brixham Beacon

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**Copy Deadline for  
March Issue - 20th February 2026**

## Fun Quiz Answers

Answers: 1. Hercules 2. Mahjong 3. Fruit 4. The Artist 5. Bus (omnibus) and Titanic 9. Russia and Japan 10. Seven answers. Rafael Nadal, Roger Federer, Andre Agassi, Roy Emerson, Rod Laver, Don Budge, Fred Perry and Novak Djokovic 11. Juliette 12. Two answers. Shocking Blue and Bandanama 13. Five answers. Vatican City, San Marino, Liechtenstein, Andorra and Luxembourg 14. Lady 15. Canada (Montreal 1976) 16. Malta 17. the Elephant Man 18. Fokke

To receive the

## Brixham Beacon

by e-mail each month, visit:

[www.brixhambeacon.com](http://www.brixhambeacon.com)

enter your name and email address

## BATS - Brixham Arts & Theatre Society

Looking for a great Xmas present  
for a  
friend or relative who is interested  
in  
the arts, architecture, community  
or volunteering?

Gift the a membership to BATS for  
only £10 a year!

They will receive regular newsletters, social  
events and can help  
put the art into Brixham, whilst being fully  
covered by



Bringing brass band music to  
Brixham since 1896

Contact:

Kim Pettitt, Secretary, on:

01803 853438 or email:

[brixhamtownband@outlook.com](mailto:brixhamtownband@outlook.com)

[www.brixhamtownband.org.uk](http://www.brixhamtownband.org.uk)



Lead on Ponies

tel: 07710 259858

email: [leadonponies@gmail.com](mailto:leadonponies@gmail.com)

[www.facebook.com/leadonponies](http://www.facebook.com/leadonponies)

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# Brixham Beacon



**Your chance to WIN!**  
See page 23

## Brixham RFC receives Community Champion Award

Chris, Julie, and Bryan were in attendance at the Torbay Community Champion Awards. We were honored to be nominated as one of the final four in the Volunteers Team of the Year category. It is with great pride that we announce Brixham RFC as the recipient of the Volunteer Team of the Year award, in recognition of the outstanding contributions of

over 180 volunteers. This achievement is a testament to the hard work and dedication of every individual at Brixham RFC. Club Chairman, Chris Forster, expressed his gratitude, stating, "We are incredibly proud and thankful for all those who are part of our 'Fisherman's team of volunteers, both young and old."



"In life, the only two things you can control are your effort and your attitude"  
*Sylvester McNutt III*

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