

Brixham Beacon



Shedding light on local news for Fish Town, Cow Town, Galmpton, Churston & surrounding areas

Issue 4

March 2026

FREE



Torbay Lifeboat heading out on a shout © Chris Slack Photography

As the morning mist begins to lift from the Fish Quay and the first daffodils peek through at Berry Head, we welcome you to the March edition of the Brixham Beacon. This month marks a true turning point for our town. While the winter chill may still linger in the sea breeze, there is an unmistakable buzz of preparation along the Brixham Harbour. We are thrilled to highlight the launch of Visit Brixham, a brand-new digital gateway designed to showcase our fabulous town to the world. www.visitbrixham.uk

Whether you are a local looking for the latest events or a visitor planning a first trip to try-out our world-class seafood, this new site is your go-to resource.

March also brings two dates for your diary that officially herald the arrival of spring:

Mothering Sunday - 15th March: Don't forget to celebrate the

special women in your lives. Many local favourites are hosting special lunches to mark the occasion.

Clocks Spring Forward - Sunday 29th March: On the final Sunday of the month, we officially move into British Summer Time. While we might lose an hour of sleep, we gain those precious lighter evenings that make a sunset stroll along the Breakwater so magical.

As we transition into this brighter season, let's support

our local shops and businesses as they gear up for a busy year ahead.

Where is your favourite spot in Brixham to watch the first sunset of British Summer Time?




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Have you seen our **NEW WEBSITE?**



visitbrixham.uk

THINGS TO DO & ATTRACTIONS | FOOD & DRINK | NATURE & OUTDOORS | Accommodation | SHOPPING | WHAT'S ON | PRACTICAL INFO



WAVES TAXIS

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Smarter bookings. Smoother rides.

Is your business listed on visitbrixham.uk?

Brixham is built on independent spirit — small businesses, big heart, and a community that shows up for each other. Now there's a new way to bring it all together.

We're excited to introduce a brand-new online directory dedicated entirely to Brixham's businesses and events. Whether you run a café tucked up a side street, offer wellbeing services, host live music, sell handmade crafts, or organise community events, this platform is designed to help local people and visitors discover you more easily.

Think of it as a digital shop window for our town — Open 24/7.

The directory will showcase what makes Brixham special: where to eat, drink, shop, relax, and celebrate. With clear listings, event highlights, and simple search features, it gives residents and tourists one trusted place to find what's happening and who's open.

For business owners, it's an opportunity to be visible, professional, and connected. A well-presented listing helps customers choose you with confidence. It's affordable, locally run, and focused purely on promoting Brixham.

If you'd like more eyes on your business and to be part of something that champions our town, now's the time to get involved.

Let's make it easier than ever for people to discover the best of Brixham.

www.visitbrixham.uk or scan the QR code below to register your event or business



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Waves App-Based Taxis has officially launched across Brixham, Churston, Galmpton and Kingswear.

Evolving from the long-established Airport Transfers Torbay — founded by Steve Guttridge in 2007 — the new venture brings two decades of transport expertise into the digital age. Now headed up by Steve and his dynamic partner in crime, Ali, this husband-and-wife team combine experience, energy and a shared commitment to customer service.

Backed by a fantastic team of professional drivers and dedicated support staff, Waves boasts an impressive fleet of shiny vehicles in varying sizes, ensuring the perfect fit for every journey — from solo trips to airport runs and family outings. The emphasis remains the same as it always has been: a perfectly smooth, enjoyable journey for all.

What sets Waves apart is convenience. The new app-based platform allows passengers to instantly book a taxi, track its live location and

receive real-time updates. Payment can be seamless via your phone. No more standing in the rain, circling for parking spaces or worrying about route planning — your ride arrives when and where you need it. Designed with the community in mind, Waves is bringing modern, stress-free travel to South Devon's coastal towns while maintaining the friendly, reliable service locals have trusted for years.

Residents are encouraged to download the app today and keep an eye out for upcoming fun competitions and campaigns as the company celebrates its exciting new chapter.



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March Birth Flower

The daffodil (Narcissus) is the primary birth flower for March. As one of the first flowers to bloom at winter's end, it is a universal herald of spring and a classic symbol of renewal and fresh beginnings. Daffodils are deeply tied to themes of rebirth and optimism. For those born in March, they represent a vibrant energy and a positive outlook for the future.

Mother's Day or Mothering Sunday?

Understanding the Difference - Sunday 15th March 2026

Every March, families across the UK prepare to celebrate what is commonly called Mother's Day. Cards are written, flowers are bought and Sunday lunches are booked. But strictly speaking, the UK does not officially celebrate "Mother's Day" — it observes

Mothering Sunday.

Mothering Sunday has deep roots in Christian tradition. Dating back to at least the 16th century, it falls on the fourth Sunday of Lent. Historically, it was a day when people returned to their "mother church" — the main church or cathedral in their area — for a

special service. Over time, it also became a rare opportunity for young people in domestic service to visit their families, bringing small gifts or flowers for their mothers. The tradition gradually evolved into a day focused on honouring mothers. Mother's Day, by contrast, has its origins in the United States. Established in the early 20th century, it was championed by American activist Anna Jarvis as a day to recognise the sacrifices mothers make for their children. It is celebrated in May in the US and many other countries, and is not linked to the Christian calendar. In the UK, the two traditions



have effectively merged. While the name "Mother's Day" is widely used in shops and advertising, the date still follows the religious timing of Mothering Sunday, meaning it

changes each year.

So when you send a card this spring, you may be celebrating Mother's Day in name — but you are observing Mothering Sunday in tradition.

Brixham resident invited to meet US Ambassador

Dr Chris Lavers CEng, Senior Lecturer at the Maritime Research Centre, University of Lincoln at Britannia Royal Naval College, Dartmouth received the exceptional honour on Tuesday 17th February 2026, to be one of a handful of invited guests to speak in private conversation with Warren Stephens, the new US Ambassador to the Court of St James' in Oxford.

Chris met with the Ambassador, in a small round table group in Pembroke College, for some frank but cordial discussions, but also some lighter topics given the famous 'special relationship between the US and the UK'; this year being 250 years since delegates at the Continental Congress signed the American Declaration of Independence. This Declaration has roots in the more ancient 1215 Magna Carta of King John, a Charter of Liberties promising protection of church rights, protection (at least for the barons) from illegal imprisonment, access to swift and impartial justice, and limitations on feudal payments to the Crown.

Chris says "What a thrill and honour to be invited to represent not just myself but in part the wider Physics community, the only representative from the West Country, and Devon in particular. The discussions between myself and the other seven invited conversationalists

lasted just over an hour, and the time flew by.

Mr Stephens is a measured and considered speaker, and I would say that he gives every impression of being a true friend to this country, one who is prepared to give and receive hard truths, and he received a few. I would say that his words, actions, and intentions appear well aligned for the United Kingdom to work towards our being the strongest and most successful ally it can be towards the American people, for our mutual interests. We discussed areas which could be strengthened to achieve closer collaboration.

"Today in a seemingly increasingly unstable world, any improvements regarding national security, protection of free speech and democracy, and maintaining the world beating innovation culture that has made the United Kingdom so successful for the last four or five centuries should be definitely welcome news".

Warren Stephens is an American businessman and was nominated for this role in December 2024 to be the United States Ambassador to the Court of St James's, and is the official representative of the American President, and the United States' government to the British monarch, King Charles III.

Why do the clocks change? Is it linked to farming?

As the days grow lighter and the first signs of spring appear, people across the UK prepare for a familiar ritual: putting the clocks forward by one hour. But why do we do it?

The tradition of changing the clocks, known as Daylight Saving Time, was first seriously proposed in Britain by builder William Willett in 1907. He believed that moving the clocks forward in summer would make better use of daylight and encourage people to spend more time outdoors. Although his campaign initially met resistance, the idea gained traction during the First World War. In 1916, the UK adopted British Summer Time to conserve fuel and energy by reducing the need for artificial lighting.

Today, the clocks go forward by one hour on the last Sunday in March and return to Greenwich Mean Time on the last Sunday in October. While the timing is close to the spring equinox — which usually falls around 20 March and marks the moment when day and night are roughly equal in length — the two are not directly linked. The equinox is an astronomical event caused by the Earth's tilt and orbit around the sun. The clock change, by contrast, is a human-made system designed to maximise usable daylight during the longer months.



So although both signal the arrival of brighter days, the spring equinox and the clock change are connected more by season than by science.

It's a very common belief that the practice was put in place to help farmers — but interestingly, no, changing the clocks was not introduced to help British farmers harvest for longer.

In fact, many farmers have historically been opposed to Daylight Saving Time. Farmers, however, tend to work according to daylight rather than the clock. Livestock don't adjust their routines just because the time changes. Cows still need milking at the same intervals, and farm tasks depend on weather and light conditions rather than official time. In some cases, clock changes have actually made coordination with markets and deliveries more complicated. So while it feels like a rural tradition, Daylight Saving Time was really a product of urban life and industrial needs.

Brixham and the medieval pilgrims

Back in the fifteenth century, Brixham had an important, and commercially rewarding, role in the international 'tourist trade'. This took the form of supporting the medieval tradition of pilgrimages to visit the shrine of the apostle Saint James in Santiago de Compostela in north-western Spain. It was believed that the remains of the saint were buried in the cathedral. The route was the Camino de Santiago, known in English as the Way of St. James, one of the most important Christian pilgrimages during the Middle Ages. The others were to Rome and Jerusalem. Millions of people from all over Europe made pilgrimages to Santiago. Ten percent of the population was involved in making or, in some way, supporting the pilgrimage. This was, however, a very expensive, dangerous and difficult journey. Pilgrims walked the Way of St. James, often for months or years at a time. Many lives were lost on

the journey. There were deaths from storms at sea and a lack of fresh food and clean water while some became ill or were the victims of robbery.

Getting English pilgrims there and back became the vocation of many of the mariners of South Devon. Pilgrims could only be carried in licensed ships from Plymouth and Dover. And so, Brixham, Topsham, Exeter, Exmouth, Teignmouth, and Portlemouth contributed their ships and seafarers.

But the pilgrimages weren't to last. The Black Death and political unrest across Europe led to its decline. In England the Protestant Reformation condemned pilgrimages as a Catholic practice, and so the flow of English pilgrims and a very profitable business opportunity ended.

Now the pilgrimage has had a resurgence and last year around 446,000 pilgrims walked the route.



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Brixham Beacon
by e-mail each month, visit:
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Community Builder

Helen Ambler



We all know how much it has rained lately and it has taken its toll on so many people I am supporting. However, sunnier times are on the horizon to make us all feel better.

It seems spring really is just round the corner, with the daffodils all bursting into life and glowing with colour. I am so happy to be writing this after such a beautiful sunny day paddleboarding, walking the SWCP and having a lovely dinner out at The Breakwater Bistro in Brixham this evening. We are so lucky to have such an incredible coastline on our doorstep to enjoy both on and off the water and some wonderful venues to enjoy delicious food.

As new beginnings are on the horizon, I would like to let you know about two new groups starting up this month. Please do spread the word and come along to any you can, we would love to see you there! We have An Afternoon of Music with Classic Gold on the 1st Weds of each month at Brixham Baptist Church 2pm – 3:30pm, with music from the 1950's to the present, featuring rock 'n' roll, jive, pop and country. Dancing encouraged

– I will be! All-inclusive/all welcome/wheelchair friendly. Tea/coffee/biscuits provided. Donations gratefully received. In collaboration with Brixham Community Partnership. And we have a new Women's DIY group every Wednesday 10:30am – 1:30pm, suggested donation of £10pp to include tea and biscuits at Men's Shed, above the Baptist Church. If you would like to chat with me, your local Community Builder, please contact me on 07469 660873 or email: helenambler@torbaycdt.org.uk. I am in Brixham most days and would love to meet you to discuss how I can help you or any isolated people you know, to get out and about to meet new people or maybe support with setting up a new group! I would love to hear from you!



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Brixham Town Chaplain

Darrell Holmes

Accidents

I'll be honest, I was born clumsy! As far back as I can remember I was breaking glasses, cups and plates at home (which is probably why my parents switched to melamine crockery). I would slip on, trip over or bump into things meaning a continuous covering of bumps and bruises. I cut my fingertip off with a bowie knife as a Scout, was knocked out by a cricket ball as a schoolboy, and even skimmed a stone straight into my wife's head! Whilst on bikes, motorbikes and in cars I have not been accident free either: an early example was when cycling back from the shops with a pint of milk a wobble caused me to somersault over the handlebars – thankfully I landed upright still holding the glass bottle intact! It's a miracle I've never broken any bones in my life. I'd like to say that I've got more careful over the years, but sadly that's not true. So when I encounter others who have had accidents or find themselves in hard times, I often think "There but for the grace of God go I" It's not that everyone is as clumsy as me, but every day someone in our community will find themselves in difficulty or need. It may be a genuine accident on the street or a stumble in life, but the worst thing is for us to shake our head disparagingly or look



down on them. Whatever has happened to them may be due to a clumsy gene, a lapse of concentration or simply a bad decision that they took at some point along the journey of life. But again, it's only the grace of God that means we're not in their situation. Maybe it's because I'm familiar with mishaps or a growing awareness of my own imperfections and weakness that I've learned a better response. Certainly it is because I am loved by He who reminds me I, like everyone else, am fallible and made of clay. So when you come across someone in difficulty, or see on Social Media or the news of someone who has messed up, remember that if roles were reversed this could so easily have been you. Therefore, rather than being condemning and critical why not show compassion and care for others in their time of need?

*Darrell Holmes
Brixham Town Chaplain*



Image by Hans from Pixabay

Constituency News . . . Caroline Voaden MP



A new study funded by the Department for Environment, Food and Rural Affairs, Plymouth City Council, and Devon County Council has delivered a deeply concerning finding for our fishers. Based on the available data, they say 'the chance of the current octopus bloom either continuing or reoccurring in the near future appears to be high'. I know how worrying this will be for crab and lobster fishers, in particular, who hoped last year's octopus bloom was a one-off. Sadly, thanks to our changing climate, what was once unprecedented is no longer so. I know too that some believe the octopus bloom was a boon for our fishers. This is only partly true. While some fishers made a substantial amount, most didn't. But all were impacted by the bloom. Many crab and lobster fishers saw their stocks decimated without catching any octopus. With our warming seas making another bloom likely, it's clear our fishers need more support. To that end, I recently met with the Fishing Minister, Dame Angela Eagle.

We had a broad conversation, stretching from the government's work with the Marine Management Organisation to discover the cause and impacts of the bloom, to the possibility of granting temporary licenses for crab and lobster fishers. The latter is something I have called for before. I feel it's vital to think imaginatively as we look for new ways to support our fishers, particularly the small-scale inshore fleet who lack the funding of larger vessels. These conversations are ongoing and I hope to have more to share soon. Rest assured, I am committed to keeping the challenges of our fishers in Brixham and across South Devon at the forefront of the government's mind.

"The best way to predict the future is to create it"

Peter Drucker

Brixham Beacon Collection Points

- Berry Head** - Berry Head Hotel - The Guardhouse Cafe
- Bolton Street** - David's Fish and Chips - Ella's Flowers
- Smardon's Newsagents
- Brewery Lane** - The Strand Bakery
- Dartmouth Road** - Churston Farm Shop - Lupton House
- Fore Street** - Brixham Greengrocers - The Chart Room
- Porridge - Sweet Memory - Vermutti
- Pillar Avenue** - The Handyman
- The Quay** - Bay Coffee - Crown & Anchor
- Old Market House
- Market Street** - Brixham Library
- New Street** - The Golden Lion
- Galmpton** - Galleon Stores & Galmpton Post Office

Welcome to Dart Sailability!



First things first... absolutely no experience is necessary to join our charity and secondly, there's always cuppa, cake and chat on offer!

Based at Dolphin Boatyard in Galmpton near Brixham, the charity enables anybody with any disability to enjoy sailing, racing, boating and social activities on the beautiful River

Dart. The sailing season runs from May to September or October depending on weather and as Galmpton is tidal, sessions vary every week as sometimes we have no water! The charity is entirely run and managed by volunteers and was formed in 1997. It is affiliated to the Royal Yachting Association so rest assured that we abide by

strict procedures and processes to ensure a safe and happy environment for all.

Our members comprise those with a disability and those who help keep them afloat with many holding dual roles. Whatever your skills or interest we can find you something to do and again we would emphasise, no experience is necessary.

However, a good sense of humour, a can-do attitude and a desire to muck in goes a long way for volunteers! Our team has a wide range of life skills and professional experience so if you're not sure about something, then just ask.

All our members can get valuable RYA qualifications including sailing and radio communications, and regular training is held on First Aid, handling skills and maintenance. The charity has a fleet of 18 vessels including dinghies, yachts and our very own bespoke landing craft fondly known as the ARK and this allows wheelchairs on board for wildlife cruises and barbecues. We have no age restrictions

and carers are also welcome to accompany sailors. Our oldest member is over 90 and our youngest was just eight when she joined so have a look at our website, give us a ring and we look forward to welcoming you at Dart Sailability.

www.dartsailability.org
Reg. charity number 1155753



Torbay RNLI 160 years anniversary

Klaus Goddard



2026 marks Torbay RNLI Lifeboat Station's 160th anniversary. Established by public donation in the aftermath of the Great Storm of January 1866, the first lifeboat station was located at Bolton Cross, Brixham, before moving to its present location in Berry Head Road in 1872.

The first lifeboat, The City of Exeter, was hauled into the water on a carriage drawn by up to eight horses and powered on the water by a crew of 12 using 10 oars. Unlike the present day, where Torbay's two lifeboats – a Severn-Class All-Weather Lifeboat and a D-Class Inshore Lifeboat – launch over 100 times per year, just five launches were recorded for the

first lifeboat before its replacement in 1885. Today's Torbay RNLI lifeboat crew numbers over 30 volunteers, who themselves are supported by a team of shore-based operational volunteers helping to launch and maintain the station's two lifeboats.

The lifeboat station continues to be funded solely by public donation and a large team of volunteer fundraisers holds events throughout the year in and around the bay to help raise the necessary funds to support the lifeboat station. A Torbay-based RNLI Water Safety team – newly expanded for 2026 – is formed of volunteer Water Safety advisers, all of whom have local expertise and experience as local water users. Visiting our beaches, harbours and marinas, as well as local schools, and working with local partner organisations at events, they give vital life-saving guidance and recommendations on how to stay safe in and around the water.

Later in 2026 events will commemorate the lifeboat station's anniversary. It'll be an opportunity for the lifeboat

station's volunteers to invite the local community that's supported Torbay RNLI for so long and with so much generosity to come together and celebrate the station's proud 160-year history.





Inspire Magazine

Believe you can and you are halfway there!

March gardening tips

Reg Moule Nurseryman & award winning gardening broadcaster

Early March

Light and divide herbaceous plants.
Plant alpine and herbaceous plants.
Lightly mow over the lawn.
Prepare sites for new lawns.
Prune rose bushes soon if not already done.
Plant onion, garlic and shallot sets.
Start Begonia and Gloxinia tubers into growth indoors.
Buy seedlings or baby bedding plants to grow on at home.

Mid Month

Support all tall growing herbaceous plants from early in the season.
Try growing some ornamental vegetables in the flower garden, e.g. red leafed lettuce and runner beans.
Prune Blueberries.
Sow hardy annual flowers like Eschscholzia, Godetia, Clary, Mignonette etc. direct in the garden borders.
Treat moss, scarify and aerate lawns as well as feeding the

grass, you can now get moss killers that digest dead moss, so no raking or use traditional Lawn Sand.
Prune late summer flowering shrubs, like Buddleia and Caryopteris, as well as Hydrangea paniculate varieties and Hydrangea arborescens Annabelle
Prune down hard shrubs with coloured stems like Cornus, as well as hardy Fuchsias.
Trim over winter flowering heathers cutting to the base of the flower clusters.
Buy and plant pots of herbs.
Sow seeds of hardy herbs in the garden, like parsley.
Plant seed potatoes – but beware of frost once the shoots emerge from the soil.
Vegetable seeds to sow now include: broad beans, lettuce, leeks, parsnips, peas, radish, salad onions, spinach, Swiss chard and spinach beet.
Sow summer bedding under glass: dahlias, impatiens, petunias, phlox drummondii, salvias, asters, tagetes,

mesembryanthemums, alyssum, nicotiana, marigolds and zinnias.
Plant lilies outdoors in borders and tubs.
Lay out growing bags in the greenhouse to warm up the compost before planting.
Sow fruit and vegetable plants for growing on in a heated greenhouse, e.g. tomatoes, aubergines, peppers, cucumbers, etc. or you could decide to buy plants later.

Late March

Plant less robust hardy evergreen shrubs e.g. Hebe and Ceanothus.
Lay turf or sow lawn seed.
Start feeding pond fish more frequently as the water temperature rises.
Vegetables to sow now include: Brussels sprouts, red cabbage, summer cabbage and summer cauliflower.
Dwarf French beans can be sown under cloches.
Watch out for the buildup of pests and diseases.



Treat pots against vine weevil attacks using Bug Clear Vine Weevil Killer. It protects your plants for three months. An organic answer is a half inch deep layer of horticultural grit over the compost surface to deter egg laying.
Marginal plants in pond can be divided if overcrowded but watch out for frog spawn.
REMEMBER!
You can't race the seasons and seeds do not have to be sown exactly when the packet tells you. My advice, with outdoor sowings is watch the weather, not the calendar, as seeds sown later when conditions are right usually catches up and surpasses crops put in earlier that had to suffer during bad weather.

The Rotary Club of Brixham are continuing to make Brixham purple this Spring

Spring each year sees a beautiful purple carpet of crocus blooming in many communities across Brixham thanks to the Purple Crocus Corm planting to raise awareness of the Rotary fight for a polio free world. Planting the purple crocus corms by Rotary and many community groups has proved a great way of getting active, having fun and talking to lots of different people about the need to eradicate the life threatening and disabling polio virus. Rotary Brixham President, Maggi Douglas-Dunbar said, "For many years our club have participated in this project and as in previous years our club has continued to support this project and walks by Mayflower Gardens and St



Mary's Park and other locations should reward people with these lovely purple blooms." In conclusion President Maggi said, "Rotary worldwide continues in its efforts to

eradicate this terrible disease, in the wild, in both Pakistan and with more difficulty now in Afghanistan but by keeping public awareness in focus we are sure we will succeed."

Please note the crocus species is *Crocus tommasinianus* (Ruby Giant).
The Rotary Club of Brixham always welcomes donations to assist in this project.

New help to avoid financial scams

Financial Conduct Authority (FCA) research shows that approximately 800,000 people reported losing money to investments or pensions-related scams in the 12 months to May 2024.

Over the years, the ways people learn about investments have changed with the advent of social media, which can make consumers vulnerable to fraud or scams. For example, the research found that those who had experienced Authorised Push Payment (APP) fraud or unauthorised consumer investments or pensions-related fraud were most likely to have heard about it by seeing it promoted on social media – around 1 in 6 (17%) - or via a telephone call (17%). Others may have been initially approached via text message or other messaging services.

To help fight this financial crime, the FCA has launched a new tool to help consumers avoid scams on its website called Firm Checker, <https://www.fca.org.uk/consumers/fca-firm-checker>

This will enable the public to check if a firm is authorised and has the correct permissions to provide services. This should help people to significantly reduce their chances of falling victim to fraud. Scammers whose methods are



constantly evolving can make it difficult for consumers to know if they are dealing with the real firm. In addition to checking if a financial services firm is authorised by the FCA for the services being offered, people should also confirm that the contact details match those listed on the FCA Firm Checker.

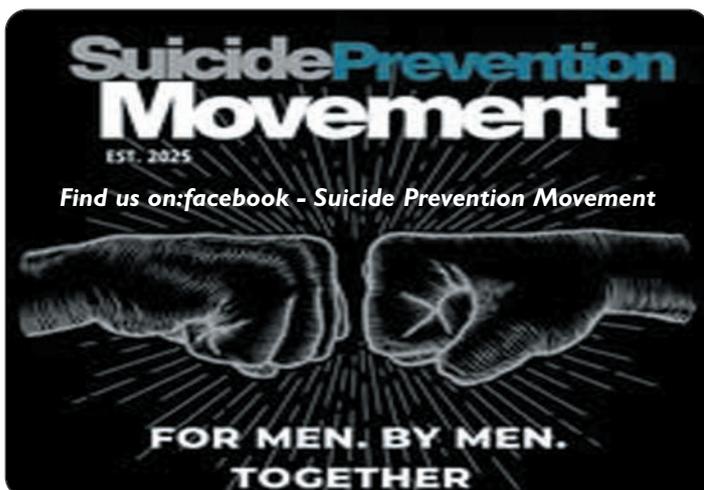
Firm Checker is just one of a number of ways people can seek to protect themselves from scams.

Using an authorised firm can also bring other benefits as authorised firms must meet FCA standards and follow the FCA's rules. Consumers can also take a complaint to the Financial Ombudsman Service and are more likely to benefit from protection from the Financial Services Compensation Scheme.

The FCA enables a fair and thriving financial services market for the good of consumers and the economy.

"What is the difference between a taxidermist and a tax collector?
The taxidermist takes only your skin"

Mark Twain



Money Mike says . . .

Michael McCaul



From April 2026, a significant change to the UK tax system will affect millions of self-employed individuals and landlords. Making Tax Digital (MTD) for Income Tax Self-Assessment will require those earning over £50,000 per year to submit quarterly updates to HMRC using approved digital software.

Although the reform is expected to impact around 2.9 million people, awareness remains low, with many yet to prepare.

The rollout will happen in stages. From April 2026, MTD will apply to individuals with income above £50,000. From April 2027, it will extend to those earning between £30,000 and £50,000, and from April 2028 it will apply to those earning between £20,000 and £30,000.

Partnerships and limited companies are not currently included.

MTD is part of the Government's wider strategy to modernise tax administration by digitising the system and reducing errors.

The aim is to make tax reporting more accurate and efficient through digital record-keeping and more frequent submissions.

For affected taxpayers, the changes are substantial. Paper records and manual spreadsheets will no longer be sufficient. Individuals will need to maintain digital records of income and expenses using MTD-compatible software. Instead of submitting a single annual tax return, they will provide quarterly summaries of

their business income and expenses, followed by a final end-of-year declaration to confirm their tax position. Preparation should begin well in advance of the relevant deadline. This includes reviewing current bookkeeping processes, selecting suitable MTD-compatible software, and authorising the software through a Government Gateway account. Early adoption will reduce the risk of disruption and errors once the rules take effect.

While the intention behind MTD is to simplify the system and help taxpayers get their tax right, the transition may increase administrative responsibilities. Quarterly reporting leaves less room for mistakes, and inaccurate submissions could create additional complications. Self-employed individuals and landlords should act now to review their systems and ensure they are ready. Taking proactive steps ahead of April 2026 will help ensure compliance and a smoother transition into the new digital tax framework.



Torbay Citizens Advice
29 Palace Avenue, Paignton TQ3 3EQ
0808 278 7859
www.citizensadvice.torbay.org.uk

The Cutting Disc and the Wind

Gregg Norton

While walking along the beach, I saw something glistening in the morning sun - an old cutting disc lying in the sand... Rusted... Worn... Completely out of place... So naturally I did what any curious adult pretending not to still be a child would do - I gave it a kick and what happened next caught me off guard and really made me stand and think ... The wind caught it - Not lifted it into the air - but caught its edge just enough to send it rolling down the sand for ages ... It wasn't graceful... It wobbled violently from left to right, threatening to topple over at any second... Several times it nearly did... But just as it looked like it was about to fall over another gust of wind met it - and pushed it forward again... Left... Right... Almost down... Big wind Push... I just stood there

watching this rusty disc battle the elements and I realised I wasn't really watching a piece of scrap metal... I was watching us - people... Life rarely rolls in a straight line... We wobble... We lose balance... We veer off course... and some days we feel one small setback away from collapsing altogether... what struck me then was... The disc only kept moving because of the wind... Without it, it would have fallen and stayed exactly where it landed - no momentum... no direction... no progress - The wind in that moment became a powerful analogy for something we often underestimate - our support network... The people behind us... The ones who check in... The ones who encourage... The ones who steady us when we lean too far one way... The

ones who give us a push when our energy dips... We like to think resilience is a solo act and that strength means standing firm without help... But watching that disc roll down the beach reminded me of something simple and important... Even the strongest forward motion often comes from something - or someone - behind you... It doesn't matter if you wobble... It doesn't matter if your path isn't perfectly straight... It doesn't even matter if you nearly fall... With the right people in your corner - the right "wind" at your back - you keep rolling... When it did fall I picked the disc up and filmed it and made a short motivational clip because it felt like a snapshot of how progress really works... Not smooth... Not controlled... Not flawless... Just supported... So maybe the



lesson from a rusty cutting disc on a windy beach is this - Choose your wind wisely... Because with the right support behind you - you'll go further than you ever could alone.

Smiling is healing baby



Torbay Mental Health Campaign

"Hello, we are local residents, with lived experience, organising a project named the "Torbay Mental Health Campaign".

We are using your voluntary and anonymous voices (including others with lived experiences/clients/service-users, as well as practitioners), to see what is working well and what needs improving for mental health support in Torbay. We are achieving this through an anonymous and voluntary survey that can be found online on our website. So far, one of the concerns our survey has found is a need for improved accessibility for receiving support. We are working with other

campaigners and mental health professionals to brainstorm solutions for the concerns raised by Torbay, and in the next few months we will be sending the proposal to our local MP.

Mental health professionals are so valued for working so tirelessly to support their clients, but it would appear that we are facing systematic issues in mental health support. This is a national issue, but statistics from Torbay Council's website report that Torbay often has some of the highest rates for poor mental health, suggesting we need a stronger focus on reaching more people in need of support. You can find more information on this on Torbay



Council's website, or a summary of the findings on our campaign website (which also has web-links to Torbay Council's site).

We currently have six mental health professionals/campaigners/organisations involved from different areas of mental health support - such as supporting mens' mental health, perinatal and postnatal support, supporting the Autistic community with mental health, and more. However, we are looking for more to get involved, with hopefully a representative from as many areas of mental health as possible.

We are also looking for more anonymous and voluntary lived

experiences (whether that is positive, or negative), to guide our campaign and proposal. You can find out more on our website and survey.

If you would like to get involved, or get your voice heard, head over to the campaign's website "the-torbay-mental-health-campaign.uk" where you can find more information about the campaign, and the link to the anonymous survey.

Alternatively, if you'd like to reach out directly, please feel free to contact via email: torbaymentalhealthcampaign@gmail.com.

Thank you.

If someone really has an issue with you,
they talk to you.

When they talk around you, about you, or through
other people, that's avoidance.

That's insecurity.

That's their work, not yours.

You don't need to chase rumours.

You don't need to defend yourself.

You don't need to explain your growth.

Handle what's in front of you.

Ignore what's happening behind your back.

Protect you're peace!

Spring Reset:

Natalie Wayne *BSc Hons Sport & Exercise Rehabilitation*

How Massage Improves Mobility and Reduces Stiffness

As the weather starts to warm up and people become more active, March is the ideal time to focus on improving mobility. Many of us spend winter moving less, sitting more, and feeling our bodies gradually tighten especially around the hips, lower back, and shoulders.

But what most people don't realise is why this stiffness develops and how massage helps reverse it.

When we sit for long periods or move infrequently, certain muscles shorten and others become weak. This creates what's known as muscle imbalance, which can limit flexibility, restrict joint movement, and lead to discomfort or injury once activity levels increase.

Here's the educational bit:

Your muscles aren't just pieces of tissue they're made up of fibres that slide and glide over one another. When the body becomes stiff, these fibres stop moving smoothly and can become "stuck," creating knots, tension and reduced mobility.

Sports massage helps by:

- Increasing blood flow - bringing oxygen and nutrients to the muscles
- Breaking down adhesions - releasing knots and restoring the muscle
- Improving tissue elasticity - allowing muscles to move more freely
- Enhancing joint movement - freeing up the surrounding structures

But massage alone isn't the whole solution.

To maintain long-term mobility,



we combine it with targeted rehabilitation exercises that strengthen the muscles responsible for stabilising your movements. This is how you prevent stiffness from returning once it's released.

If you're planning to return to running, gym training, gardening or outdoor sports this spring, improving your mobility now can lower your injury risk and make you move more freely. A flexible body isn't just comfortable it performs better, recovers faster, and stays happy.



Grey Days:

Emily Papirnik

How many grey days can you manage before you notice your mood begin to shift?

This is the first year I have truly felt the weight of it. Not one cloudy afternoon, not a cosy winter's day — but weeks of muted skies and the quiet absence of sunlight. I found myself wondering, is it really just the lack of sun? And gently, honestly, the answer felt like yes. Seasonal Affective Disorder (SAD) is a form of depression that tends to appear in late autumn and winter, easing as spring returns. For some, it begins mildly and deepens as the season progresses. Signs can include feeling low most of the day, losing interest in things you usually enjoy, low energy, craving carbohydrates, oversleeping, difficulty concentrating, and sometimes feelings of hopelessness or worthlessness. In more serious cases, there may even be thoughts of not wanting to live — and if that happens, it's so important to seek support.

I don't have SAD but just the absence of the sun has had a profound effect on my mood. I have really needed to consciously support my mind in dealing with the grey. Winter often brings a particular heaviness: more sleep, more tiredness, increased appetite and weight gain, often in women and is more common in younger adults and those living further from the equator, where winter light is scarce. The exact cause of SAD isn't fully understood, but we know that reduced sunlight can disrupt our circadian rhythm — our inner body clock — and affect the balance of serotonin (our "feel good" chemical) and

melatonin (our sleep hormone). Less light can mean lower serotonin and higher melatonin, leaving us feeling low and sluggish. Lower vitamin D levels may also play a part. Alongside the science, there is something deeply human here. We are creatures of light. Of warmth. Of connection.

So how can we care for ourselves when the skies stay grey?

Firstly, seek light wherever you can. Even on overcast days, natural daylight helps regulate your body clock. Step outside daily, even briefly. Open curtains wide. Rearrange your space so you sit near a window. Use lamps and mirrors to brighten darker corners. Some people benefit from a light therapy box. Move your body gently. A walk in green space, stretching at home, or mindful movement can lift mood and support sleep. It doesn't need to be intense — consistency is kinder than pressure. Nourish yourself well. Comfort food has its place, but aim also for balanced meals, good hydration, and limiting alcohol, which can deepen low mood. Plan ahead for tender days. Cook and freeze meals. Leave space in your diary. Allow earlier nights without guilt. Reframe winter softly. Instead of resisting it, ask what it offers. Rest. Reflection. Cozy evenings under a blanket. Slow walks through crisp air. Gentle conversations by lamplight. If your symptoms feel overwhelming or persistent, please reach out to a professional. SAD is real, and support is available. Grey days will pass. The light always returns. Until it does, be the light you tend carefully within yourself.

- Sports Massage
- Deep Tissue Massage
- Soft Tissue Massage
- Exercise Rehab
- Injury Assessment
- Dry Cupping
- Dry Needling
- Kinesiology Taping
- Pitchside/ Event First Aid
- IASTM



To book in, enquire or for more information go to:
www.nlwsportsrehab.co.uk

Call/text: 07415 848606

I @nlwsportsrehab - F: NLW Sports Rehab

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Making Pilates accessible and fun!



Hello, I'm Claire and I'm a Pilates teacher who moved to lovely Brixham at the beginning of the year, and I'm so happy to be part of this community. Originally from Staffordshire, I have spent the last 20 years in London teaching at lots of amazing studios, but it was time for a change of pace and lifestyle and so here I am! My passion as a teacher has always been to create a positive, fun and personal class experience where my students feel looked after, comfortable and amongst friends. Let's face it, walking into a class for the first time can feel really daunting and I think we have all felt that at some point in our lives. I've been teaching for over 15 years (first Yoga, then Barre, then Pilates and Reformer – what can I say, I love all the Mind Body practices!) which has enabled me to have a deep understanding of the human body and the way it moves. I absolutely love sharing anatomy and alignment tips with my students to help them find a practice that works

specifically for them. Apart from all the tips and tricks I think the most important thing to me is that I help people discover a love of movement, and I honestly believe exercise should feel good. It shouldn't feel like a chore or something to dread, but instead should be something that lifts the mood, builds confidence, and helps us feel fabulous. Pilates has become a firm favourite of mine to teach. It's this brilliant combination of strength but also mobility, flexibility and posture awareness. A winning combination! Believe it or not, Pilates is also incredibly mindful – it focuses on the breath and mindful movement and people often say they feel calmer after class. Launching classes in Brixham this last few weeks has been so rewarding and I've already met some amazing people through my current beginners course at Manana. As we move into Spring I'm rolling out a few more classes and I'd love to see you there.

Monday
9.30am Brixham Lab
6.15pm Manana

Tuesdays
6.15pm 8 week
beginners course

Thursdays
10.00am Scala Hall

To book, visit:
www.clairehawkins.co.uk
or email:
clairehawkins4@icloud.com



**Claire
Hawkins**
YOGA/PILATES/BARRE
INSTRUCTOR

Bringing expert foot care to your doorstep ...

For many residents in Torbay, maintaining foot health can be a challenge, especially when mobility is an issue or life gets busy. Local Foot Health Practitioner Claire Harding is bridging that gap by providing a professional, mobile foot care service directly to homes in Brixham, Paignton, and Torquay. Claire offers a range of essential treatments designed to keep the community on its feet. Her services include routine nail cutting, corn and callus management, and general foot health checks. These visits are particularly vital for older clients, as regular care can prevent pain, infections, and significantly reduce the risk of falls, helping individuals maintain their independence. Safety and clinical excellence are at the heart of Claire's practice. Every appointment uses 100% sterilised tools, processed in a professional-grade autoclave at 134°C to eliminate bacteria and fungal spores. Additionally, she utilizes high-quality, diabetic-friendly products that



are safe for sensitive or high-risk feet. Clients have praised Claire for her "gentle and professional" approach, noting the convenience of receiving unhurried, one-to-one care without leaving their living rooms. One local resident remarked that their feet felt "better than they have for ages" following a home visit. With home visits starting from £35, Claire Harding is making professional foot health accessible and stress-free for the Brixham community.

To book your appointment:
Phone: 07850 247740 or Email:
claireharding68@gmail.com

Claire Harding

MOBILE FOOT HEALTH PRACTITIONER

Level 4 Diploma in Foot Health & Fully Insured




**Professional and friendly
foot care in the comfort
of your own home**

**From £35
per home visit**

- ✓ Nail cutting
- ✓ Corn & callus removal
- ✓ Thick nails reduced
- ✓ Hard, cracked skin treated
- ✓ Foot care advice
- ✓ Diabetic foot checks

07850 247740
Mail: claireharding68@gmail.com





The Heart of Brixham

Brixham is renowned for its vibrant fishing industry, the lively Pirate Festival, and a wealth of other attractions. The town is cherished by its residents, who take great pride in living here, while visitors flock from across the country and beyond to experience the bustling harbourside and the diverse offerings of the community.

Over recent years, Brixham has undergone considerable change. Projects like the garden work led by 'Pride in Brixham' have enhanced the town's appearance, while the number of eateries and independent shops has grown, offering more choice to locals and tourists alike. Conversely, the departure of high street banks and building societies has marked a shift in the town's commercial landscape.

Missin' Tackle Shanty Crew: Keeping Tradition Alive

For more than eleven years, a dedicated group of men has embodied the spirit of Brixham through their singing and fundraising efforts. The Missin' Tackle Shanty Crew, who

began performing in May 2015, have brought the rousing harmonies of shanties and sea songs to the fore, captivating audiences both locally and further afield.

Staying true to the traditions of this musical genre, the crew's performances have become a highlight of the town's cultural life. Their 'Summer Quay Concerts', held annually for several years, have raised funds for local charities such as The Vigilance, Dart Sailability, Shoalstone Seawater Pool, and Brixham Theatre. On warm summer evenings, they can often be found singing beneath The Old Fish Market, beside the iconic 'Golden Hind', filling the air with the songs they love. Over the past four years, these free concerts have generated over £5,500 in donations for local good causes and charities and this summer their chosen good cause is Devon Air Ambulance.

The Crew and Their Backgrounds

The Missin' Tackle Shanty Crew currently consists of seven members, each bringing



a unique background and perspective. Their work experiences are varied, and so are their musical journeys. Some members have been involved in male voice choirs, with two currently singing in the Brixham Orpheus Male Voice Choir and one in the Torbay Police and Community Choir. Others have a keen interest in folk music and have performed at the Brixham Folk Club in different capacities. Regardless of their backgrounds, it is their shared passion for singing and the sea that unites them. One of the most senior members brings valuable experience from singing with other shanty groups whilst another was a chorister at Salisbury Cathedral in his youth. Age is no barrier with our oldest member still singing at the age of 90!! It is worth noting that many of the traditional songs are performed at a different pace today than they were originally sung on board ship. Shanties served as work songs, providing a rhythmic foundation that enabled sailors and fishermen to work in synchrony, whether pumping the bilges, hauling the halyards, or turning the capstan. The consistent rhythm was essential for efficiency and teamwork.

Performances and Community Engagement

Over the years, Missin' Tackle have performed at a wide range of events and venues, from village fetes and regattas to local societies and care homes, as well as putting on their own concerts. They are a regular presence at shanty festivals throughout the West Country, and this year will be performing at the Falmouth International Shanty Festival, Meva Shanty Festival, and in St Ives. Their reach is international as well, having sung in Brittany at a music festival in St Thegonnec near Roscoff. These events provide opportunities to share their love of singing, learn new songs, and connect with fellow enthusiasts, further strengthening their place at the heart of the shanty community.

Find Out More

If you are interested in learning more about the Missin' Tackle Shanty Crew, you can visit their Facebook page at [Facebook/MissinTackle](https://www.facebook.com/MissinTackle) or contact Alasdair Anderson by email at missintackle@btinternet.com

Shanties & Sea Songs 2026



Missin' Tackle Shanty Crew

Mondays 3, 10, 17 & 24 August 2026

19.00 – 20.00

Under the Old Fish Market, Brixham Harbour

(Next to The Golden Hind)

Voluntary Collections in aid of

Devon Air Ambulance



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www.vimutti.co.uk



Riviera Singers

Every Tuesday evening, whatever the weather, a group of indomitable ladies make their way to the Christian Community Centre in Fore Street to enjoy a time of singing together. The Riviera Singers have a long history of singing as a 3-part traditional ladies' choir and are always in rehearsals for requested performances, giving their services free for charities such as the RNLI and Childrens' Hospice South West. We start at 19.15 (finishing promptly by 21.00) under the direction of our Acting Musical Director Ron Burrington who has been leading us for 18 months as we look for a permanent MD (please let any possible candidates know about

our search!). Ron is ably assisted by the musical phenomena who is our long-standing accompanist, Audrey Taylor. Together they keep a group of lively ladies on task with a mix of humour and firmness. No ability to read music, or need to have an audition, is necessary to join, just a willingness to have a go and join in with enthusiasm. We are ably led by a committee, and our chairperson takes time each week to keep us up to speed with what we are doing and when. Birthdays are always acknowledged by song and socially the choir has regular coffee mornings at Churston Golf Club and an excellent Christmas meal together. We



even have a welfare officer who makes sure members are supported when necessary. All of this makes for a supportive community of ladies who while we may no longer be in the first flush of youth have a youthful approach to life; one of our members even celebrated a significant birthday by launching herself on a zip wire! There is a lot of laughter

on Tuesday evenings, and we would warmly welcome new members to come share in the joy, and health benefits, singing brings. Come along and give singing with us a try!

*For further information contact Chris: 07508 816483
www.riviera-singers-brixham.co.uk*

Brixham Orpheus Male Voice Choir



The award winning Brixham Orpheus Male Voice Choir has been a cornerstone of town life almost since its inception in 1954, singing at many town events. But now they are looking to the future. The lads have sung heartily at many town events since then. Their singing can still be heard

ringing out through Fore Street as they practice every Thursday evening and perform at concerts throughout the town and beyond. Many people encounter them at their summer concerts at the old fish market on Quay Street in July and August. Last year they were joined by a

new Musical Director, Ilana Jacobs, a trained opera singer and teacher who has enabled the choir to find new strength in its music. She has inspired them and introduced new music as well as revamping some of their older repertoire. New members have been joining and the choir has found new energy and enthusiasm. However more new voices are always needed and the choir welcomes any tenor, baritone and bass singers who feel that they might like to join. Anyone can sing and the health benefits of choral singing are well documented. No experience is necessary and neither is the ability to read music. Choir Sings to A Bright Future The repertoire is varied and often great fun to sing. There are traditional male choir

pieces, pop music, opera choruses and songs from the shows. As well as experiencing the joy of singing with other people being part of a choir is a fantastic way to make new friends and the choir is very welcoming, supportive and friendly. Numerous social events are organised throughout the year at which partners and friends are encouraged to participate. Inevitably practice sessions and concerts usually end with a visit to a local pub and a very convivial atmosphere is created often with more singing. *To be part of the choir come along to a practice session on a Thursday evening at 7.00pm at the Christian Community Centre on Fore Street or contact John Pither, Email: secretary@bomvc.co.uk. www.bomvc.co.uk*

The Chart Room First Class Coffee Lounge

The Chart Room First Class Coffee Lounge in Brixham is inviting guests to step aboard for a spirited St Patrick's Day celebration on Tuesday 17th March, combining Irish hospitality, First Class indulgence and a rousing community sing-along led by Brixham's own sea shanty favourites, The Harbour Buoys. Titled "St Patrick's Day on the High Seas", the special event transforms The Chart Room's Art Deco ocean liner surroundings into a celebration of Irish charm, music and merriment. Guests will enjoy a themed First Class Afternoon

Tea inspired by the flavours of the Emerald Isle, along with a traditional welcome of either a tot of Irish whiskey or a pint of stout. The highlight of the afternoon will be the live performance from The Harbour Buoys, who will take to the floor at 2pm for a lively session of sea shanties and well-known sing-along favourites. With their strong local following and infectious energy, the group promise to bring warmth, humour and plenty of audience participation to the occasion. "We wanted this to be more than just an afternoon tea," said

the team at The Chart Room. "St Patrick's Day is about togetherness, music and good company. Having Brixham's own Harbour Buoys leading a sing-along in our First Class surroundings makes it something truly special for the town." Guests are encouraged to don a touch of green and prepare to raise a glass as Irish spirit meets maritime tradition in a uniquely Brixham celebration. With limited seating available, pre-booking is essential. *To reserve a table, call 01803 856361* The Chart Room First Class

Coffee Lounge continues to build on its reputation for themed events that celebrate the golden age of ocean travel while championing local talent and community connections. All aboard for Irish charm, sea shanties and a First Class St Patrick's Day.



The March Spotlights are on ...

Union Lane

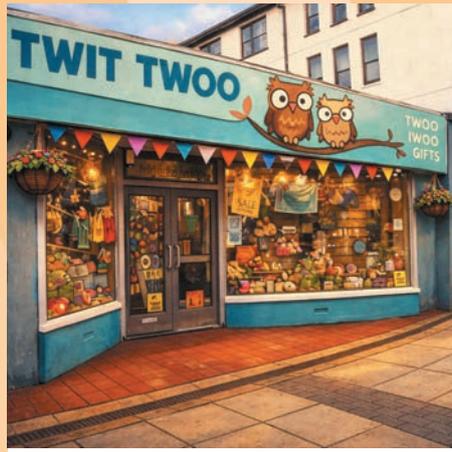
A The Long Bar
Local Pub



The Long Bar is a classic local pub tucked away on Union Lane. This friendly bar offers quality drinks at reasonable prices and a relaxed, traditional atmosphere that's perfect for an afternoon pint or an evening catch-up. Inside you'll find a long bar counter, a dartboard, TV screens for sports fans and regular music nights, bingo and darts that add to the lively vibe. The pub's central location close to the harbour and car park makes it a great stop after sightseeing. With welcoming staff and a mix of regulars, it's a quintessential Brixham watering hole full of character. tel: 01803 368858

A

B Twit Twoo
Gifts & Homeware



Twit Twoo is a delightful independent gift and homeware shop tucked away at 2 Union Lane. Celebrated for its quirky, colourful range of products, the store stocks everything from coastal-inspired décor and stylish stationery to candles, accessories and unique gifts you won't find on every high street. More than just a shop, Twit Twoo has become a local favourite thanks to its friendly vibe and ever-changing selection of fun, thoughtful items — perfect for presents or a treat for yourself. Conveniently located between Fore Street and Brixham Central Car Park. Tel: 01803 855876

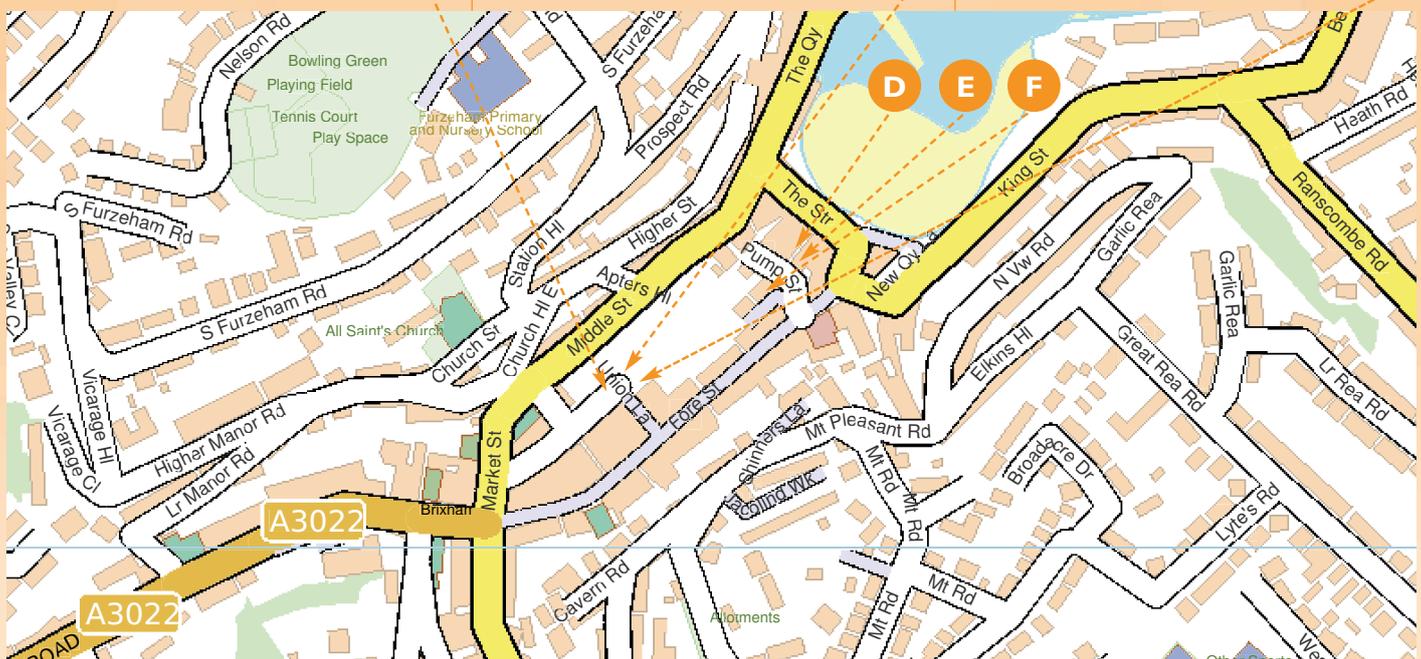
B

C Lavendar Mob
Personalised Clothing & Workwear



Lavendar Mob is a friendly, independent shop on Union Lane, combining retail with bespoke services. Locals and visitors alike visit for a great selection of personalised gifts, clothing and accessories, all offered with a warm, helpful approach. The shop is especially known for its custom embroidery, printing and engraving — perfect for creating unique workwear, school uniform items or special keepsakes. Whether you're looking for practical essentials or thoughtful custom presents, Lavendar Mob's welcoming atmosphere and attention to detail make it a beloved part of Brixham's town centre. Tel: 01803 854822

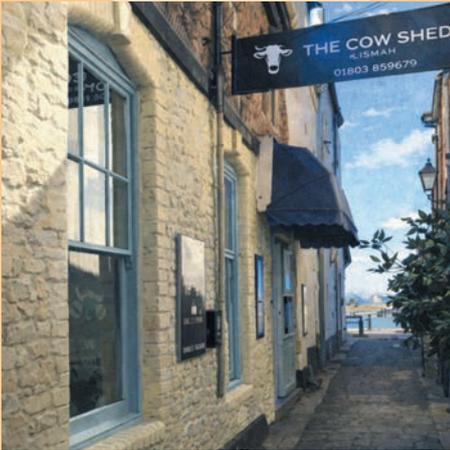
C



The March Spotlights are on ...

Beach Approach & Pump Street

D Cow Shed
Bar & Restaurant

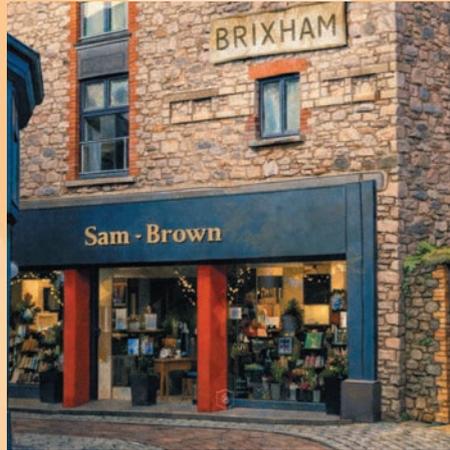


The Cow Shed is a popular bar and restaurant tucked away just off the harbour. Known for its relaxed, welcoming atmosphere. It's a favourite for both locals and visitors exploring the English Riviera. The menu focuses on hearty, freshly prepared dishes — from succulent steaks and gourmet burgers to sticky chicken, fajitas and other British-inspired comfort food made with locally sourced ingredients where possible. Guests often praise the generous portion sizes, friendly service and lively vibe, with craft ciders, artisan gins and a good selection of drinks complementing meals. Whether for a family dinner or an evening out, The Cow Shed offers a memorable, casual dining experience near Brixham's scenic harbour. tel: 01803 859679



**Brixham
Buy Local**

E Sam Brown
Leather Goods



Sam Brown is a boutique leather goods shop and workshop on Pump Street. The store specialises in handmade British-designed leather items, including bags, belts and accessories, crafted with traditional techniques and high-quality, materials. The boutique works hard to source the provenance of all materials. They want to know where the hides are from and where and how they are tanned so they can pass this knowledge on to you.

Visitors can choose bespoke finishes and personal specifications, ensuring each piece is unique and built to last. According to the website "We customise to your spec, you choose the finish, the leather, the hardware and in doing so you have created a unique piece that works for you". If you want to get back-to-basics and create your own belt or small leather item then register with us for a hands-on artisan leather work class.

All the classes are run by our own resident expert Anthony Todd, who'll show you how to combine the best of British contemporary design with artisan techniques that have been passed down the generations, he'll help you every step of the way.

The materials you'll be using are the very best veg tanned British bridle leather.

For more info just drop us an email or give us a call.
07766 758258 or email:
info@sambrownlondon.com

F Hayley's Kitchen
Cafe



Hayley's Kitchen is a charming café and cake shop located at 1 Pump Street. It's a favourite local spot for freshly baked pastries, homemade cakes and indulgent treats, perfect with a coffee or as part of a classic Devon cream tea experience. Visitors can enjoy delightful cupcakes, celebration cakes and custom desserts, all made with quality ingredients and a love for baking. Its warm, welcoming atmosphere makes it a must-visit for locals and visitors alike exploring the English Riviera's foodie scene.

For more info just drop us an email or give us a call.
07345 500737 or email:
hayleyskitchen25@gmail.com



**Brixham
Buy Local**

Classic Cars

Dr Chris Coote

What is a classic car you may ask, well my definition is any vehicle that you admire, covet or wish to own whatever it's age or provenance. There are some "official" or well-established categories resulting from previous attempts at defining "classes" of old vehicles. The oldest "Veterans" are accepted as those vehicles built and registered before the end of 1904. This was when the red flag act was repealed which limited speed to 4mph and required a man with a red flag proceeding on foot in front of the vehicle to warn other road users (mostly horses!) that a clattering mechanical contraption was approaching. As most of you probably know the famous London to Brighton run held every November, celebrates this automotive freedom to roam and is restricted to pre 1904 registered vehicles. Such is the demand to take part in this event that owners come from far and wide to drive their difficult cars through early Sunday London traffic to make it to Brighton before lunch! Prices or values of Brighton pre 1904 veterans which qualify to run are at least twice that of 1905 and later models of the same car! Moving on towards the onset of WW1 in 1914 there was considerable development in cars during which the famous names such as Rolls Royce, Napier, Renault, Fiat, Sunbeam, Talbot etc became established. These vehicles confusingly are also referred to as veterans, but not "Brighton Veterans" WW1 saw massive technical advances in the automotive world particularly in the development of engines driven by advances in aero engine

design. In the post war period up to 1930 cars are classified as "Vintage". This stems from the foundation of the vintage sports car club in Britain by a group of wealthy car enthusiasts based around Mayfair in London who declared that after this date no significant improvements had been made in sporting cars and especially deplored the standards of quality and construction that were being applied to mass production vehicles. They had no time at all for the massively popular and numerous Model T Ford for instance. Nowadays any car built before Dec 31st, 1930, can be called Vintage and normally commands a price premium over an identical car built in 1931!

As time rolled on and especially after the end of WW2, members of the VSCC (vintage sports car club) eased their restrictions on pre 1930 only cars and recognised what we now revere as true classics. Thus, the famous Le Mans winning Bentleys and Lagondas together with various Alvis, Riley, Lea Francis, MG, Singer and other makes all became accepted as post vintage thoroughbreds and able to compete in their own classes. Post WW2 and up to the present day there are so many makes and models to choose from that it is difficult to categorise which 'classic' group or definition applies. We just refer all of them as being classic. Currently due to the DVLA and our wonderful former governments, us classic car owners have had something to be grateful for in that originally, they recognised the futility of trying to keep track of taxing old vehicles and



provided dispensation for pre 1947 registered cars with no road fund licence to pay. Much later they recognised the very low failure rate of classic cars at MOT time due to the vast majority of owners keeping excellent care of their vehicles. Thus, the current regime is for DVLA to accept that cars over 40 years old in April of each year can now be exempt from both car tax or road fund licence and the need for MOT testing. This means that a relatively modern classic, that is any vehicle made before 1985 at present, can be kept on the road and running with nothing to pay except fuel duty every time you fill up at the pump! Not surprisingly then that vehicles in this category are increasingly popular, so much so that major manufacturers such as Mercedes and BMW are now

supplying new spares for such cars, and they are now known as "young timers". Finally, I always like to keep my eyes open for classics in and around Brixham. Wishings Road has a long time owner of a big Humber Super Snipe parked outside his house, I spotted a pre-war Talbot 10 and Austin 7 in Furzeham, I regularly see a very smart Volvo 145 in everyday use from Berry Head road and I have a good Brixham based friend with a beautiful 1937 Daimler 15 sports saloon which was a familiar sight all around Torbay in previous years as a wedding car. More on this car and it's history maybe next time.

If you have any comments or queries please contact me direct on ctc8242@gmail.com or via the editor.

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The Pantry's Voice



Classic Prawn Cocktail

Serves: 4
 300g cooked prawns
 1 small gem lettuce, shredded
 4 tbsp mayonnaise
 2 tbsp ketchup, 1 tsp lemon juice
 Dash Worcestershire sauce
 Paprika (optional)

Mix mayo, ketchup, lemon juice and Worcestershire sauce. Divide lettuce between glasses or bowls. Top with prawns and spoon over sauce. Sprinkle paprika and chill until serving.

Roast Chicken with Gravy

Serves: 4
 1 whole chicken (approx. 1.5kg)
 2 tbsp butter
 Salt & pepper
 1 onion, halved
 1 chicken stock cube

Preheat oven to 200°C (180°C fan). Rub butter over chicken, season well. Place onion inside cavity. Roast for 1 hour 15–20 minutes. Rest 10 minutes before carving. Use pan juices with stock to make gravy.

Pam the Cook - Just like your mother made . . .



Strawberries & Cream Sundae

Serves: 4
 300g fresh strawberries
 300ml double cream
 2 tbsp icing sugar
 Crushed biscuits (optional)

Whip cream with icing sugar. Slice strawberries. Layer strawberries, cream and biscuit crumbs in glasses. Chill until serving.

Enjoy!



Eating out . . .



Tucked away down a quiet lane, The Creek, located at Dolphin Boatyard on Dartside Quay (TQ5 0EH), is fast earning a reputation as one of the area's must-visit dining experiences.



Perched on the edge of the River Dart in an idyllic waterside setting, the venue combines natural beauty with warm hospitality. Visitors are welcomed with attentive, friendly service that immediately sets the tone for a relaxed and enjoyable meal. The highlight, however, is undoubtedly the Sunday roast. Plates arrive generously laden with perfectly cooked cuts of meat, accompanied by all the traditional trimmings one would hope for. Towering Yorkshire puddings crown the dish, while seasonal vegetables are prepared with care and precision. It is a

Culinary Compass Scribe

thoughtfully constructed roast — hearty, comforting and executed to a high standard — that more than justifies a regular booking. While the traditional roast draws many diners through the doors, the broader menu also deserves recognition. Notably, the wood-fired pizzas, freshly prepared on site and cooked in the restaurant's own pizza ovens, have proven to be a surprising standout. Even self-confessed sceptics (I wasn't a fan of pizza until this) may find their opinions changed, thanks to imaginative flavour combinations and expertly crisp bases. With its

riverside views, welcoming atmosphere and consistently impressive food, this Galmpton gem offers a Wednesday to Sunday experience well worth seeking out.

Opening Hours:
 Wednesday from 4pm
 Thursday from 4pm
 Friday from 12pm
 Saturday from 12pm
 Sunday from 12pm

*You can now book your table on the Webdojo app at www.web.dojo.app
 Tel: 01803 262197*



A 'Shore' thing:

Top picks for Brixham Theatre this month



There's entertainment for everyone coming up at Brixham Theatre - music, comedy, films and even poetry!

Award-winning comedian Paul Foot is headlining Brixham Comedy Club's show on 13th March. Known for his surreal flights of fancy, improvisation and story-telling, he'll be supported by host Tom Glover. Tickets are going fast for the show, which is suitable for 18+. It's all change the following night on 14th March when the theatre will rock to the music of Meat Loaf in the tribute show Heaven Can Wait and a selection of the singer's greatest hits. A different but equally powerful event takes place on 5th March with the screening of a new production of Shakespeare's Othello, and a star-studded cast including David Harewood and Toby Jones. The play was filmed live at London's Theatre Royal Haymarket.

Movie night on 18th March features The Ballad of Wallis Island, the story of bandmates who reunite for a private show at the island home of an eccentric millionaire.

Tribute band Oasis are visiting Brixham on 20th March, a must particularly for fans who missed out on tickets for last year's real deal Oasis tour. This show is 18 or 15+ with an adult.

A new feature film celebrating Torbay's very own music from 1975 to 2025 will be screened on March 27. Featuring music and interviews with artists, bands, venue owners, promoters and music fans, this is a unique record of five Decades of Sound and Torbay's Music Legacy. In another celebration of local creativity, local poets are invited to take part in Poetry People, a series of sessions where they can either read their own work or invite actors from the theatre's Project X group to do so. Anyone can drop in and the first session will be on 19th March starting at 1.30 pm with refreshments and chat before the readings begin at 2 pm until around 3.30 pm.

You can find out more and book tickets by visiting the web site on www.brixhamtheatre.co.uk



The South Devon Players

Laura Jury



The South Devon Players, a theatre company founded in Brixham, and touring around the southwest – and often further afield – have a very exciting year coming up. It is the 20th anniversary of the Players, and this year is the London debut for the company as well.

The team is hard at work at our rehearsal base Chestnut Community Centre, with rehearsals for our production of The Scarlet Pimpernel.

A lively whodunnit of disguise, humour and conspiracy set between London and Paris, during the height of the French Revolution in 1792, in a fast-moving, entertaining period drama based on the novel by Baroness Orczy and including wider historical and cultural research of the time.

In Paris, aristocrats destined for the Guillotine are saved by a mysterious figure. This rescuer can never be found or identified, except by slips of paper featuring the image of a small English flower, the Scarlet Pimpernel.

Meanwhile, in London, Sir Percy Blakeney; who is widely known to be the leader of London fashion, and a carefree, whimsical fop, marries Marguerite, a beautiful French actress, while Citizen Chauvelin, an agent of the French government, arrives in London, seeking the identity of the mysterious Scarlet Pimpernel.

The South Devon Players will

be touring this show across Devon – starting at Brixham Theatre – and up to London, between June and August 2026. Our theatre company was formed to create an opportunity for local people to launch, or further, careers in the creative industries, and welcomes new people who want to get involved with us. There are lots of things to be involved with – as well as welcoming those who want to perform with us, we are actively looking for people interested in becoming involved behind the scenes, for example; as stage crew, front of house helpers welcoming audiences to our performances, fundraising with handmade jewellery stalls at local events, publicity, and creating educational materials around our productions, to provide to schools and colleges.

To find out more about us, visit our website at: www.southdevonplayers.com or follow us on www.facebook.com/sdevonplayers



Brixham's Monday Wellbeing Walks

Lost for something to do to start your week, then why not consider joining a regular lead Monday walk. For over twenty years every Monday morning at 10.00am a group of people meet by the rear entrance of Douglas House on the corner of Gillard Road and Centry Road, Brixham. Originally known as a health walk, this regular activity was started to help people who either wanted company or were recovering from illness or a health issue. Each week the walk takes about an hour with stops along the way, and the pace is governed by the slowest walker. These days there are two routes, the first via the coastal path which can be very muddy as in recent weeks and there are a few stiles to negotiate. Alternatively, there is an easier parallel route on a relatively new route alongside the caravan park. Whatever the weather the Monday walk takes place every Monday throughout the year unless it is Christmas Day. Now recognised as a health and wellbeing walk, this

one of many that take place throughout the country with The Ramblers Association overseeing these activities. All walks are free to encourage anyone to come along and whilst the health benefits are fully recognised, for many it is the social interaction that brings people back week after week. Importantly, everyone is made welcome whether they come for one week or return most weeks. If you should miss a week, it doesn't matter but there will always be a welcome, should you return. Upon completion of the walk coffee calls with some walkers stopping at The Guardhouse and others walking onto The Berry Head Hotel. Whichever your choice it is another opportunity to catch up with friends and make new ones too. Dogs are welcome, but we do ask that they be kept on a lead during the walk. One of the joys of the Monday walk, apart from being a lovely way to start the week, you just never know who is going to be there to



walk with you. Weather can influence who attends and some weeks there might be only five or six walking whereas sometimes in the summer there can be forty plus. Whilst we use the same routes, each walk is never the same as the seasons change and walking along the cliffs the views of the sea are constantly changing too. For many the sight of cormorants and other sea birds, porpoises and dolphins are moments not to be missed. In conclusion, our walks appeal to all our walkers for very different reasons but

the common factor for all of us is enjoying doing something together on a regular basis. So why not come along and give it a try. I did and I'm still doing it sixteen years later!!

If you want to find out more information about these regular Monday Well-being walks Michael O'Donnell tel. 01803 844013 or email: michael.marilyn.odonnell@gmail.com or Alasdair Anderson tel. 01803 850255 or email: aca14@btinternet.co

New Book Festival Launches in Bay

Top authors and entertainers will be coming to Torbay this August for the first Torbay Literary Festival. Held at the Palace Theatre, Paignton between 10-15th August, those appearing include TV stars Georgia Toffolo, Christopher Biggins, and Helen Lederer, as well as a host of novelists, biographers and other writers. Festival Director, Ben Tisdall, said 'It's never been more important to encourage reading. Although we hope to provide a week of entertainment and laughter, there is a serious purpose to the festival, which is to encourage reading in all ages. I spoke to a local primary school teacher recently, who told me that around a third of children, when they first attend school have never seen a book and try to swipe it like an i-pad. The best way to encourage children to read, is for them to see adults around them reading. We hope this becomes a big

annual event that will attract people from all over the country to Torbay. I hope there is something for everyone. With recent royal events we have Princess Diana's former butler, Paul Burrell speaking, and also Princess Margaret's Lady in waiting Anne Glenconner, who is fantastically funny. For Beatles lovers, Hunter Davies, the only person the band gave permission to write about them will be not only talking but also sharing an unseen film of Paul McCartney. We really need help spreading the word right now, so if anyone in Brixham can put up a poster, please contact me via the website.'

Further information can be found at www.torbayliteraryfestival.co.uk

*Ben Tisdall
Festival Director*



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Brixham Spring Lottery

This Brixham Lottery Card offers a chance to win £1,000 cash first prize and £250 cash second prize. This card is an ideal gift for that special celebration or occasion and is an alternative to traditional cards sent to family, friends and relatives. The Brixham Lottery Cards are sold to fund local projects and events. Tickets can be purchased at a cost of £5 from following shops:

Middle Street

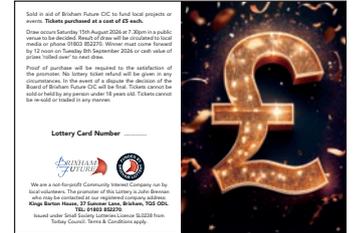
- *Crafty Cwtch Welsh Cafe.*
- *Colours of Brixham Art Shop*
- *Flour Flower Café*

Fore Street

- *Doble Jewellers*

Pillar Avenue

- *The Handyman*



The Promotor of the Brixham Lottery , John Brennan says :

“There are also several authorised individuals in town who have kindly also undertaken to help sell these cards. People can also order on 01803 852270

The draw occurs Saturday 15th August 2025 at 7.30pm in public venue to be decided. The draw result will be circulated to local media or phone 01803 852270. The winner must come forward by 12 Noon Tuesday 8th September 2026, or cash value of prizes ‘rolled over’ to next draw.

We are a not- for- profit Community Interest Company run by local volunteers.”

The promoter of this Lottery is John Brennan, who may be contacted at our registered company address: Kings Barton House, 37 Summer Lane, Brixham TQ5 0DL Tel: 01803 852270 Issued under Small Society Lotteries Licence SL0238 from Torbay Council. Terms & Conditions apply.

TORBAY LITERARY FESTIVAL

10TH - 15TH AUGUST 2026

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- MELVYN HAYES,
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- CHRIS MANBY,
- GEORGINA MOORE,
- LESLEY PEARSE,
- SARAH PEARSE,
- MIKE PICKERING,
- SIMON ROBINSON,
- GEORGIA TOFFOLO,
- and ANN WIDDECOMBE

More authors to be added.

www.torbayliteraryfestival.co.uk

Tickets only available through The Palace Theatre Box Office
www.palacetheatrepaignton.co.uk

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March into Spring: small steps for better health

Cal Sherry



There's something about March in Brixham that feels like a quiet turning point. The days stretch a little longer, the light softens over the harbour, and even a short walk along the Breakwater or up towards Berry Head can feel restorative. After winter, it's common to feel a little low on energy. Rather than dramatic detoxes or big resolutions, spring is a good time for small, sustainable shifts.

Start with the basics. Regular meals that include good quality protein, whole grains such as oats, and plenty of seasonal greens can help support steady energy levels. Nuts and seeds are simple additions that provide healthy fats and minerals. Fermented foods like sauerkraut can also support gut health, which plays an important role in immunity and mood. March is often still part of cold

and flu season, so many people begin thinking about immune support. Nutrients such as vitamin D, vitamin C and zinc are commonly considered at this time of year, especially after the darker months. Choosing good quality supplements and seeking appropriate advice can make all the difference.

Movement matters too.

You do not need anything elaborate. Fresh air, a coastal walk, light gardening or simply being outside in daylight can support both physical and mental wellbeing.

Here at Porridge, our family run health food shop, we stock a wide range of wholefoods, natural supplements and fermented products, and we are always happy to offer guidance if you are unsure where to begin. Spring does not need to be extreme. A few thoughtful changes, done consistently, can gently set the tone for the months ahead.



Porridge -
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13 Fore Street
Brixham
TQ5 8AA

tel: 01803 926246

email:
hello@porridgepantry.co.uk

www.porridgepantry.co.uk



Taste the Difference: smells like the garden, not the plastic wrap

There's something deeply important about choosing a local greengrocer over a supermarket – but let's be honest, it doesn't always feel easy. For many people, walking into a small independent shop when money is tight can feel intimidating. The major supermarkets advertise value ranges, multi-buy offers and big yellow discount stickers. The pricing feels predictable. You know roughly what the bill will be before you reach the till. A local greengrocer can feel different. There may not be uniform packaging or printed price comparisons everywhere you look. If you're counting every pound, that uncertainty can be stressful. There's a vulnerability in picking up loose produce and wondering whether you're about to overspend. But here's the part we don't talk about enough: our local greengrocer is often far more budget-friendly than people assume. Because they source seasonally and buy in smaller, fresher batches, prices can be surprisingly competitive. You can buy exactly what you need — one carrot, two onions,

three potatoes — rather than a pre-packed bag that costs more upfront and risks waste. When every penny matters, that flexibility is powerful. There's also something reassuring about being able to ask, "What's good value this week?" Independent shopkeepers will guide you towards the best deals or what's in season. That conversation can actually reduce anxiety rather than increase it. You're not just navigating a pricing system; you're speaking to a person. When you spend locally, your money doesn't disappear into a vast corporate structure. It stays in your community, helping sustain livelihoods and keep our high street alive. Choosing a local greengrocer isn't about romanticising the past. It's about recognising that even on a tight budget, there are options that offer freshness, flexibility and human connection. It may take a small step of courage the first time you walk through the door — especially if you're watching every pound — but the team in Brixham Greengrocers are



friendly and approachable and if you went in and explained what you were looking for or even how much you have to spend, I bet you they'd go out of their way to find you exactly what you needed and imagine how you would feel walking out after that kind of transaction, a more welcoming experience, with fresher produce, and more affordable, than you expected.

Brixham Greengrocers
37 Fore Street
Brixham TQ5 8AA
tel: 01803 927858

email: brixham.greengrocers@gmail.com



Shoalstone News

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including grab rails/galvanised hand rails

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Graham Parker

tel: 07446 063365 / 01803 540231

email: gandchomeimprovements@hotmail.com



Help us raise the funds to complete critical repairs
We urgently need your help to raise £70,000 to complete critical repairs to Brixham's unique and beautiful seawater pool making it safe to open to the community in May 2026. 2026 is Shoalstone Seawater Pool's Centenary year. Making a donation today will ensure

that we can complete the work we have started as well as create a legacy for future generations who will benefit from this wonderful community asset over the next 100 years.

To donate, visit:
www.gofundme.com/f/shoalstone-pool-brixham-help-to-complete-critical-repairs




BRIXHAM FENCING
01803 859 510

email: calvin7@btinternet.com



Shoalstone Pool CIO is seeking a licensee or licensees to run the restaurant/café and poolside kiosk at Shoalstone Seawater Pool.

The Trustees are keen to engage a dynamic, creative and forward looking licensee for the restaurant/café and supporting catering services and is open to all suggestions about the development of the café and other catering opportunities which the Licensee is confident of delivering successfully.

The pool is a well-loved community asset providing the opportunity for swimming during the summer, enjoyed by

locals and tourists alike, it is also developing an identity as a space for wider wellbeing activities with the increasing popularity of cold water swimming throughout the year, and existing partnerships with a variety of wellbeing practitioners, who use the spaces around the pool. The Licensee should have a strong commitment to the community, as well as comprehensive plans for a successful business.

To tender please visit:
www.shoalstonepool.com/wp-content/uploads/2026/02/Tender-doc.pdf

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Murder at the Pirate Festival Book

Murder at the Pirate Festival
by Abigail Yardimci

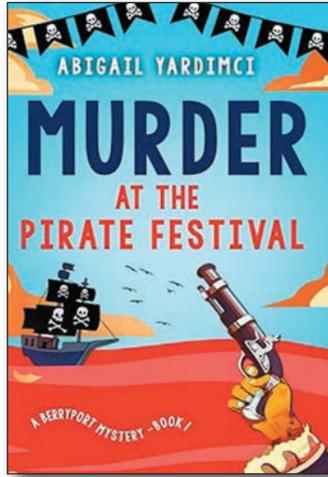
Imagine a sunny Devonshire harbour town where the air smells of salty sea breeze, fish and chips, and candy floss — and somewhere in that festive chaos, a murder takes place that no one quite notices.

That's the clever, quirky setup for Murder at the Pirate Festival, the first in the Berryport Mysteries series by Abigail Yardimci.

At its heart, this is a cosy mystery — gentle in tone but rich in character, seaside atmosphere, and lovable details that make a story stay with you. The protagonist, Paulie Trinket, is an unforgettable narrator: a teen with big dreams of popularity, a sharp curiosity about the world, and a real, honest experience of living with ADHD. Yardimci writes Paulie in a way that feels empathetic and grounded, giving readers not just a sleuth to root for but a heart to care about.

Paulie isn't content to sit on the sidelines. When she witnesses something suspicious at Berryport's annual pirate festival — an event full of boisterous music, eye-patched revelers and even cannons — she decides to investigate a possible murder herself after learning the local detective has retired. Her amateur sleuthing is earnest, often humorous, and always heartfelt, drawing her into friendships she didn't expect and into emotional challenges she doesn't shy away from facing.

What makes this book particularly endearing — beyond the clever mystery — is its blend of cosy comfort and



emotional depth. It touches gently on family, belonging, identity, growing up, and the messy-but-beautiful quest to find where you fit in the world. The seaside setting of Berryport feels so vivid you can almost hear the gulls and feel the wind off the harbour, and the community Yardimci draws around Paulie feels warm and real.

Readers who enjoy mysteries by Richard Osman or the blend of character-driven cosy detective stories like The Agathas will likely find themselves smiling their way through this one. It's inviting for teens and adults alike — a plot that's fun and twisty without ever being grim, and a narrator you genuinely want to follow through every twist and turn.

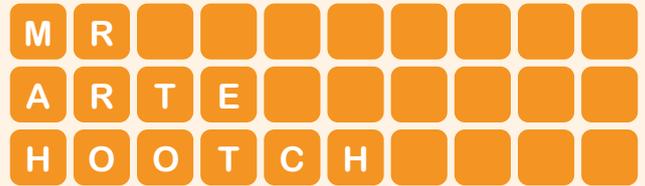
Overall, Murder at the Pirate Festival is a five-star cosy mystery experience — comforting yet compelling, gentle yet engaging, and above all, full of heart.

Books available from: Brixham Museum, Another Chapter Brixham, and Bertie and Crew

Competition Time ... Your chance to WIN!

The Letter Lottery

Simply re-arrange ALL the letters to one of the advertisers names, in this months Brixham Beacon



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3rd Prize: 45min Massage - Donated by NLW Sports Therapy

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1st Prize: 2 Nights in French B&B -

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Winner is: Erica Loasby

2nd Prize: Meal for Two Voucher - Donated by Golden Lion

Winner is: Claire Bithell

3rd Prize: 45min Massage - Donated by NLW Sports Therapy

Winner is: Macolm Fletcher

4th Prize: Fruit Hamper - Donated by Brixham Greengrocer

Winner is: Tessa Anderson

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February Issue - Closing date: 31st March 2026

Complete and return this form, enter online at www.brixhambeacon.com or email win@brixhambeacon.com for your chance to win!

Answer: _____

Name: _____

Tel/Email: _____

Return to: Brixham Beacon Competition Box see locations below, or enter online: www.brixhambeacon.com or email to: competition@brixhambeacon.com

Boxes located at: The Strand Bakery - Crown & Anchor
- Brixham Greengrocers - Sweet Memory - The Golden Lion

Fun Quiz!

1. Which Marvin Gaye song begins: 'I bet you're wonderin' how I knew 'bout your plans to make me blue'?
2. 'Thinking Out Loud' was a 2014 hit single for which English singer?
3. Who is lead singer of the American rock band REM?
4. Which member rejoined the Backstreet Boys in 2012?
5. Complete the title of the Beatles' song: 'Lucy in the Sky with...?'
6. Who sang 'Boombastic' and 'It Wasn't Me'?
7. Who was crowned winner of American Idol in 2014?
8. Glenn Frey, Don Henley, Joe Walsh and Timothy B. Schmit are members of which band?
9. Who had a hit song in the 1990s with 'Everyday is a Winding Road'?
10. Which two songs by Adele reached number 1 position in the US during 2011?
11. What year did Bruce Springsteen release an album called 'Born in the USA'?
12. What is the opening line to Bon Jovi's 'Livin' on a Prayer'?
13. Which famous girl group was originally known as The Primettes?
14. Which 1980's boy band was known as NKOTB?
15. Taylor Swift dated which member of One Direction?
16. Which song by Europe begins: 'We're leaving together, but still it's farewell'?
17. Which boy band did Justin Timberlake join in 1995?
18. Who had a hit a song called 'American Boy' featuring Kanye West?
19. Which 1984 song by Prince spent several weeks at number 1 in the US?

Poets Corner -

Mother o' Mine

If I were hanged on the highest hill,

Mother o' mine, O mother o' mine!

I know whose love would follow me still,

Mother o' mine, O mother o' mine!

If I were drowned in the deepest sea,

Mother o' mine, O mother o' mine!

I know whose tears would come down to me,

Mother o' mine, O mother o' mine!

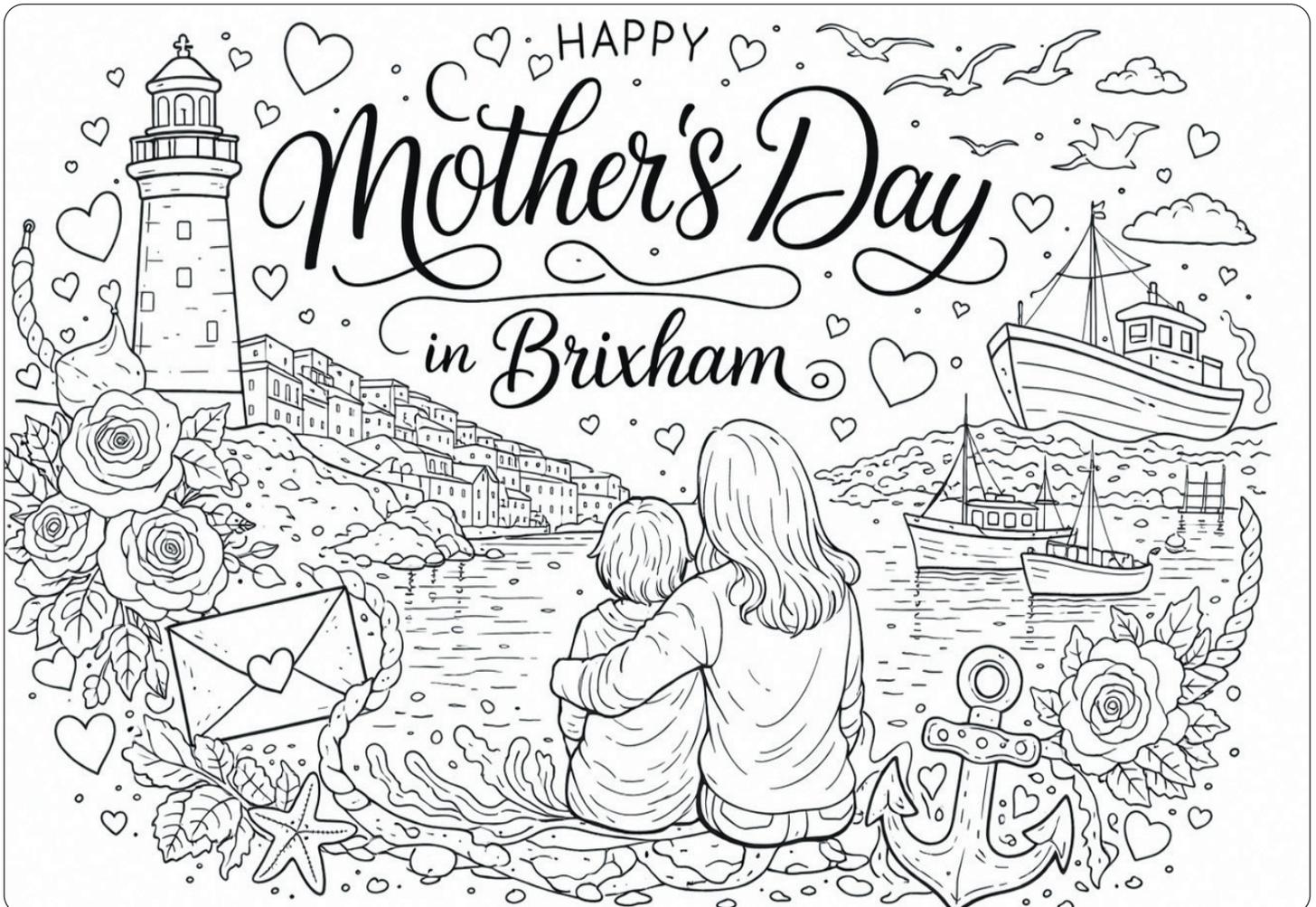
If I were damned of body and soul,

I know whose prayers would make me whole,

Mother o' mine, O mother o' mine!

Rudyard Kipling 1865 – 1936

A chance for you to add your own bit of colour . . .



Wordsearch

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| S | W | H | G | N | I | M | R | A | W | I |
| E | A | M | E | T | S | T | F | O | S | R |
| T | B | U | L | B | D | S | R | K | W | I |
| I | R | E | M | A | E | G | U | O | I | S |
| K | M | A | Y | I | E | G | W | N | M | D |
| Q | L | S | D | R | S | E | K | I | B | P |
| R | N | O | P | Y | Y | M | J | U | N | E |
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|-------|-------|---------|
| Airy | Iris | Soft |
| Anew | June | Sower |
| Awake | Kid | Stem |
| Bee | Kites | Sun |
| Bikes | Lamb | Sweet |
| Bud | May | Swim |
| Bulb | Melt | Teem |
| Clean | Nest | Thaw |
| Dart | Rainy | Twigs |
| Eggs | Romp | Warming |
| Grow | Seeds | Wet |
| Hat | Sky | Wind |

Fun Quiz Answers

Answers: 1. I Heard It Through the Grapevine, 2. Ed Sheeran, 3. Michael Stipe, 4. Kevin Richardson, 5. Diamonds, 6. Shaggy, 7. Caleb Johnson, 8. The Eagles, 9. Sheryl Crow, 10. Rolling in the Deep, and 'Someone Like You', 11. 1984, 12. Once upon a time not so long ago, 13. The Supremes, 14. New Kids on the Block, 15. Harry Styles, 16. The Final Countdown, 17. NSYNC, 18. Estelle, 19. When Doves Cry

Anagram Crossword

| | | | | | |
|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | | | | | 8 |
| 9 | | | 10 | | |
| 11 | | 12 | | 13 | |
| 14 | 15 | | | 16 | 17 |
| 18 | | | | | |
| 19 | | | | | 20 |
| 21 | | | 22 | | |

Across

- 7 Mingled (7)
- 8 Alto (1,3)
- 9 Tow (3)
- 10 Reserved (8)
- 11 Wakers (6)
- 13 Phaser (6)
- 14 No rime (6)
- 17 Denies (2,4)
- 19 Backward (8)
- 20 Deb (3)
- 21 Emir (4)
- 22 Angered (7)

Down

- 1 Pro tem (6)
- 2 Laos (4)
- 3 Briefs (6)
- 4 Savage (6)
- 5 Admirers (8)
- 6 Poseur (4,2)
- 12 Sweattier (2,2,4)
- 15 Nearer (6)
- 16 Go near (6)
- 17 Likely (6)
- 18 Denude (6)
- 20 Bars (4)

Sudoku

Fill the 9x9 grid with numbers 1-9, ensuring each number appears only once in every row, every column, and every 3x3 subgrid

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | 9 | 8 | | 3 | 6 | | |
| | | 3 | | 9 | | 2 | | |
| 6 | 5 | | | | | | 3 | 1 |
| 3 | | | | 8 | | | | 6 |
| | 8 | | 6 | | 1 | | 2 | |
| 5 | | | | 4 | | | | 8 |
| 7 | 2 | | | | | | 6 | 9 |
| | | 6 | | 7 | | 4 | | |
| | | 4 | 2 | | 8 | 5 | | |

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|---|---|---|---|---|---|---|---|---|
| 6 | | 3 | 1 | | 9 | 2 | | 8 |
| | 9 | | 2 | | 5 | | | 7 |
| 2 | | | | 7 | | | | 9 |
| 7 | 2 | | | | | | 3 | 6 |
| | | 6 | | | | 4 | | |
| 4 | 3 | | | | | | 1 | 5 |
| 3 | | | | 2 | | | | 1 |
| | 4 | | 3 | | 6 | | 8 | |
| 9 | | 7 | 4 | | 1 | 5 | | 3 |

Last month's Answers

| | | | | | | | | | | | | | | | | |
|----|---|---|----|---|----|---|---|----|----|----|----|----|---|---|---|---|
| 1 | A | B | S | U | R | D | | 4 | R | I | O | J | A | | | |
| | D | | U | | E | | 7 | S | | E | | U | R | | | |
| 8 | V | A | N | I | L | L | A | | 9 | S | O | N | I | C | | |
| | E | | L | | Y | | G | | | T | | C | H | | | |
| 10 | R | O | A | M | | | | 11 | I | S | R | A | E | L | I | |
| | T | | M | | 12 | | | | | T | | I | | T | | |
| 13 | I | M | P | R | A | C | T | I | C | A | 14 | B | L | E | | |
| | S | | | | | | | | | I | A | | T | E | C | |
| 15 | E | M | 16 | P | E | R | O | R | | | 17 | W | R | I | T | |
| | M | | E | | B | | | | | I | | 18 | U | S | U | |
| 19 | E | X | T | R | A | | | | 20 | A | N | T | B | E | A | R |
| | N | | I | | L | | | | | N | | A | | R | A | |
| 21 | T | O | T | A | L | | | | | 22 | S | H | E | K | E | L |

Brixham Timeline

1080 - 1951

- 1080**
A date found on a beam in St Mary's Church
- 1088**
Another re-building of St Mary's Church
- 1360**
New Church built at Higher Brixham outside an earlier one
- 1490**
Churston Ferrers Church built 1653
St Mary's Church Parish Register commences 05/11/1688
William of Orange lands here Up to the late 18th century Brixham was an inland village centred on St Mary's Church: population around 1,000. Harbour area surrounded by green meadows and hills with only a handful of houses clustered on either side
- 1793 - 1815**
British fleets frequently in Torbay during Napoleonic Wars
- 1796**
Hospital ship in Torbay, casualties taken ashore at Brixham
- 1801**
Population of Brixham increased to 3,671 excluding the 1,000+ soldiers garrisoned in the Berry Head forts
- 1809**
Berry Head House built as a Military Hospital
- 1832**
Reverend Henry Francis Lyte moved from Burton House to Berry Head House...the interior was still arranged for medical purposes and contained at least 8 hospital wards
- 1849**
Brixham cholera deaths (reservoir destroyed)
- 1859**
Brixham Seamen's Boys Home established
- 1862**
Brixham Local Board of Health formed
- 1863**
Brixham Seamen's Boys Home opened opposite Rock House on Berry Head Road
Black's Guide to Devonshire refers to Brixham as:
The town - a straggling and ungainly place divided into the upper town or Church Brixham, on the south side of Berry Head, and the lower town or Brixham Quay upon the beach
- 1866**
Great Gale
- 28/02/1868**
Railway bought to Brixham
- 31/12/1871**
Brixham deaths from:
Measles = 11
Scarlet fever = 11
Whooping cough = 11
Unspecified fever = 3
Violence = 2
No Brixham deaths from smallpox, diarrhoea or cholera
- 1874**
Brixham School Board formed: Rea Hill School 1874; Bakers Hill; 1876
- 31/12/1881**
Brixham deaths from:
Measles = 20
Diarrhoea = 2
No Brixham deaths from smallpox, scarlet fever, diphtheria, whooping cough, cholera or violence
- 31/12/1891**
Brixham deaths from:
Diphtheria = 1
Whooping cough = 7
Diarrhoea = 2
Violence = 3
No Brixham deaths from smallpox, measles, scarlet fever, unspecified fever, or cholera
- 1895**
Hospital at top of Cavern Road built. Anna Maria Maxwell Hogg, the granddaughter of Reverend Henry Francis Lyte, endowed the cottage Hospital as a memorial to her sister and for the benefit of Brixham patients. She personally supervised the construction of the building and appointed the Matron. An earlier hospital had operated in a large dwelling near All Saints Church for the four years preceding the completion of the new premises
From 1895 annual reports of the Medical Officers of Health were provided to Brixham Urban District Council until the formation of the Borough of Torbay in 1968.
- 1900**
Annual Report of the Medical Officer of Health...The town of Brixham is divided into two parts: Brixham or Higher Brixham, and Brixham Quay or Lower Brixham; Higher Brixham being mainly devoted to the agricultural interest and Lower Brixham - containing four-fifths of the population being the centre of the fishing industry and of business generally
- 31/12/1901**
Brixham deaths from :
Measles = 2
Scarlet fever = 1
Diphtheria = 2
Whooping cough = 3
Diarrhoea = 4
Violence = 3
No Brixham deaths from smallpox, unspecified fever or cholera
- 1902**
Population is increased to 8,400 1908
Population is increased to 8,900
- 31/12/1911**
Brixham deaths from:
Measles = 1
Diphtheria = 2
Whooping cough = 4
Diarrhoea = 1
Violence = 5
No Brixham deaths from smallpox, scarlet fever, unspecified fever or cholera
- 28/07/1914 - 11/11/1918**
WW1
- 1915**
Brixham measles epidemic
- 1918**
Spanish flu pandemic caused 26 Brixham deaths
- C1920**
Paignton Isolation Hospital received infectious cases from Brixham. Brixham's isolation facility remained for smallpox cases only
Although Brixham's dire insanitary housing conditions had improved there was a rise in phthisis (pulmonary tuberculosis or a similar wasting disease), and deaths from cancer, heart disease and cerebral haemorrhage. There was also an increase in typhoid (the source of infection was traced to St Mary's Well which then became permanently sealed)
- 1928**
Brixham Hospital built in Greenswood Road
By the end of the late 1920's Brixham Isolation Hospital was abandoned and smallpox cases were received at the Paignton facility with tubercular patients receiving treatment at Whitecliffe in Torquay and Hawkmoor near Bovey Tracey
- 1930 - 1938**
Population in the pre-WW1 years remained static, around 8,100 - 8,200
- 1931**
An historic year by the total absence of diphtheria with the
- death rate generally the lowest it had been for many years
- 1933**
An X-ray machine installed at Brixham Hospital which led to a decline in tuberculosis cases with none recorded locally that year
- 1934**
Dysentery epidemic contained 01/09/1939 - 02/09/1945
WW11 (Belgian refugee fishermen 1940)
- 1940 - 1941**
Population 8,795 rising to 9,896 in 1941. In addition the town received about 1,400 evacuated children in June
- 1940**
During WW11 a hostel was opened to accommodate minor ailments among refugees and thereby contain contagion amongst them. During this period there were 110 notifications of measles including one death. To address the problem of diphtheria, the first immunisations of Brixham's children was implemented. Cases of chickenpox, mumps, measles, scarlet fever, erysipelas (an acute disease caused by bacterial infection), and polio continued to be received at Paignton's Isolation Hospital. By the end of the 1940's there were fewer cases of all infectious illnesses with fewer patients transferring to the Paignton facilities. Even during the national epidemic of acute poliomyelitis in 1950 Brixham only had 3 cases resulting in one fatality. The main causes of adult mortality in this period included respiratory tuberculosis, malignant neoplasm of the stomach, lung and breast, diabetes, coronary disease, circulatory diseases and pneumonia
- 1948**
The creation and implementation of the National Health Service
- 1951**
A suspected case of smallpox resulted in one quarter of Brixham's population receiving emergency immunisation. Diphtheria immunisation had continued with almost every child in Brixham receiving it



Paignton Community Hub

March 31st
11:00 - 13:00
Rooms 10/11/12
Paignton Library
Great Western Road
TQ4 5AG

healthwatch
Torbay

FALLS & FRAILTY PREVENTION EVENT

ADVICE

Get expert advice on why falls occur, how to conduct risk assessments and the environmental changes needed to reduce the likelihood of falls.

WELLBEING

Strength, balance and posture exercises as well as general wellbeing advice.

AIDS AND ADAPTATIONS

Find out about the different devices, technologies, aids and adaptations, available to help detect and prevent falls.

✉ info@paigntoncommunityhub.org.uk ☎ 07562 780 102

Join us for our Health and Wellbeing

MUG & MINGLE

Focus on Housing



DO YOU HAVE QUESTIONS ABOUT CHANGES TO THE RENTERS ACT OR NEED GENERAL HOUSING ADVICE?

- SUPPORT TO ACCESS 1:1 APPOINTMENT WITH A HOUSING EXPERT
- MEET WITH MEMBERS OF THE COUNCIL HOUSING TEAM
- DISCOUNTED COFFEE PROVIDED BY CAFFE COSI

TORBAY COUNCIL

10:30-12:00 16TH MARCH
PAIGNTON COMMUNITY HUB
GREAT WESTERN ROAD, PAIGNTON, TQ4 5AG

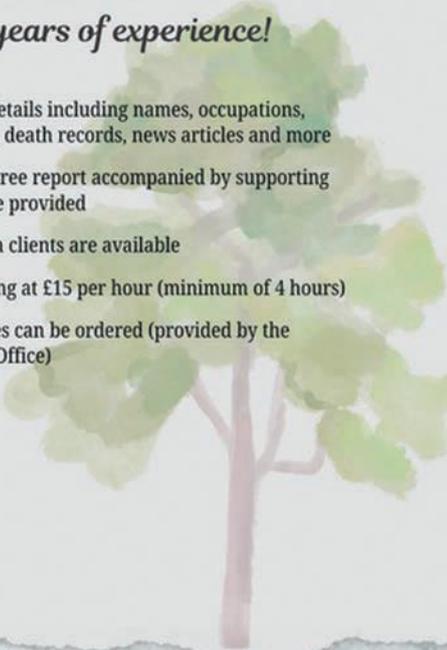
INFO@PAIGNTONCOMMUNITYHUB.ORG.UK
07562 780102




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More than 30 years of experience!

- Comprehensive details including names, occupations, births, marriages, death records, news articles and more
- A printed family tree report accompanied by supporting documents will be provided
- Testimonials from clients are available
- Competitive pricing at £15 per hour (minimum of 4 hours)
- Official certificates can be ordered (provided by the General Register Office)



For further details or an informal chat, please contact:
hilary16@live.co.uk or 07870 973655

Offering information & signposting to our local community

Paignton Community Hub

Paignton Community Hub offers a face-to-face information point with guidance from local organisations each weekday.

No appointment required.
Drop in and speak to us today!

Opening times
Mon 09:30-13:30
Tues 09:30-13:30
Wed 10:00 -14:00
Thurs 09:30-13:30
Fri 09:30-13:30



Based at Paignton Library

Hosted by:
Engaging Communities South West

Supported by:
TORBAY COUNCIL

TORBAY
HEALTH & WELLBEING
A VOLUNTARY SECTOR NETWORK

☎ 07562 780 102

✉ info@paigntoncommunityhub.org.uk

What's on!

Brixham Theatre Events

7th March 2026

Fearlessly Taylor – Taylor Swift tribute

13th March 2026

Brixham Comedy Club

14th March 2026

Heaven Can Wait – Meatloaf

Wed 18th March 2026

Movie Night – The Ballad of Wallis Island (2024 Cert. 12a)

Fri 20th March 2026

Oasiz – Oasis Tribute

Fri 27th March 2026

Torbay's Music Legacy – 5 decades of sound

Fri 3rd April 2026

The Ultimate Bubble Show – for children and their families

Remember these are just some of what's on offer - head to our website and book early for the best seats in our lovely theatre!

Brixham Theatre

Brixham Town Hall, New Road, Brixham TQ5 8TA

Tel: 01803 415987 Email: info@brixhamtheatre.co.uk

Regular Box Office Hours: Monday to Friday 10am – 12pm

www.brixhamtheatre.co.uk



Brixham Does Care

Monday 23rd March

Film Club -
Hans Christian Anderson
1pm in the function room
£5 members £6 non members.

Monday 20th April

Film Club -
Sun Valley Serenade
1pm in the function room
£5 members
£6 non-members.

Monday 13th April

Easter Sing a long
1.15pm £5 to inc tea/coffee
and cake.



Brixham in the Spotlight – Antiques Riviera



The new More4 series Antiques Riviera is now gathering real momentum, with early episodes already showcasing the fascinating stories and hidden treasures of the Devon coastline.

Recently, the spotlight turned to Brixham, and viewers may well have recognised a certain Ocean Liner themed First Class Coffee Lounge amongst the harbour's historic setting. The series, airing on More4, celebrates the characters, collectors and remarkable objects that make our stretch of coast so distinctive. For The Chart Room, it was a pleasure to represent our town and share

a glimpse of our maritime collection, inspired by the golden age of steamship travel. Brixham has always quietly punched above its weight, rich in history, character and independent spirit. To see our fishing port featured in a national television series is something the whole community can take pride in. If you missed the broadcast, episodes can be viewed on catch up via the Channel 4 streaming platform, or you can watch new episodes on More4 on Thursdays at 9pm. Brixham continues to make its mark, and long may that continue.

BATS - Brixham Arts & Theatre Society

Looking for a great present for a friend or relative who is interested in the arts, architecture, community or volunteering?

Gift the a membership to BATS for only £10 a year!

They will receive regular newsletters, social events and can help put the art into Brixham, whilst being fully covered by insurance when volunteering on events and projects.

See website for details or call 07884 166508

www.brixhamtheatre.org.uk

Easter Bonnet & Hat Decorating

21st March at 2pm

Suitable 3+ £10 per person

Crafty Cwtch
66 Middle Street, Brixham TQ5 8EJ
Phone: 07988 374245

TORBAY LITERARY FESTIVAL

10TH - 15TH AUGUST 2026

PROGRAMME *at the* PALACE THEATRE, PAIGNTON

Monday 10th AUGUST

- 09:15-10:15 **SARAH PEARSE** (Main Stage) – local million selling thriller writer.
- 11:00-13:00 **KATHY LETTE** (Main Stage) – the hugely popular novelist and personality talks about *'The Sisterhood Rules'*.
- 14:30-16:30 TO BE ANNOUNCED (Main Stage)
- 14:30-15:30 **LOCAL POETRY SHOWCASE** (Stage Left) – with John and Suzy Miles. **FREE EVENT**
- 19:30-21:30 **PAUL BURRELL** (Main Stage) – Stories about working with the Queen, the current King and, of course, Princess Diana.

Tuesday 11th AUGUST

- 09:15-10:15 **STEPHANIE AUSTIN** (Main Stage) – Devon's other Queen of Crime
- 11:00-13:00 TO BE ANNOUNCED (Main Stage)
- 11:00-12:15 **OPEN MIC** (Stage Left) – a chance for writers to read extracts from their work. **FREE EVENT**
- 14:30-16:30 **ROGER LEWIS** (Main Stage) – brilliant biographer of Peter Sellers, Laurence Olivier, Richard Burton and Elizabeth Taylor.
- 14:30-15:30 **'CRIME AT THE SHARP END'** (Stage Left) – local crime authors give insights into how it affects their writing. **FREE EVENT**
- 19:30-21:30 **CHRISTOPHER BIGGINS** (Main Stage) – the entertainment legend will chose six books that have accompanied his extraordinary life in entertainment.

Wednesday 12th AUGUST

- 09:15-10:15 **LOUIS BARFE** (Main Stage) – biographer of Ken Dodd, Morecombe and Wise, and Les Dawson.
- 11:00-13:00 **ANN WIDDECOMBE** (Main Stage) – one of our most popular politicians will discuss her past, present and future.
- 11:00-12:15 **OPEN MIC** (Stage Left) – a chance for writers to read extracts from their work. **FREE EVENT**
- 14:30-16:30 **MELVYN HAYES** (Main Stage) – the comedy legend will discuss his memoir *'It Ain't Half Late Mum'*.
- 14:30-15:30 **'KEEPING THE READER GUESSING'** (Stage Left) – local crime writers discuss how to plot the perfect murder. **FREE EVENT**
- 19:30 TO BE ANNOUNCED (Main Stage)

Thursday 13th AUGUST

- 09:15-10:15 **GEORGINA MOORE** (Main Stage) – bestselling romantic novelist likened to Maeve Binchy.
- 11:00-13:00 **LADY ANNE GLENCONNER** (Main Stage) – Princess Margaret's lady-in-waiting offers tips on *'Manners and Mischief'*.
- 11:00-12:15 **OPEN MIC** (Stage Left) – a chance for writers to read extracts from their work. **FREE EVENT**
- 14:30-16:30 **MERLIN HOLLAND** (Main Stage) – Oscar Wilde's only grandson discusses his legacy.
- 14:30-15:30 **'CRUEL AND UNUSUAL'** (Stage Left) – a panel of crime authors discuss the most unusual ways to bump people off. **FREE EVENT**
- 19:30-21:00 TO BE ANNOUNCED (Main Stage)

Friday 14th AUGUST

- 09:15-10:15 **CHRIS MANBY & SIMON ROBINSON** (Main Stage) – talk about *'War Babies'* the children of WW2.
- 11:00-13:00 **CRAIG BROWN** (Main Stage) – Britain's greatest satirist on his many books including biographies of Queen Elizabeth II, Princess Margaret and The Beatles.
- 11:00-12:30 **'BREAK YOUR WRITER'S BLOCK'** (Stage Left) – hugely successful novelist, Chris Manby, conducts an interactive workshop to help get your book written.
- 14:00-15:45 **FINAL OPEN MIC SESSION** (Stage Left) – your last chance to read your poem or prose to an audience. **FREE EVENT**
- 14:30-16:30 TO BE ANNOUNCED (Main Stage)
- 18:30-19:30 **LESLEY PEARSE** (Main Stage) – Torquay's most successful novelist, after Agatha Christie, discusses a life more colourful than her books.
- 20:00-22:00 **HELEN LEDERER** (Main Stage) – described by Dawn French as 'the third funniest woman in the world.'

Saturday 15th AUGUST

- 09:15-10:15 **IWAN CARRINGTON** (Main Stage) – the star of BBC TV's 'Sort Your Life Out' takes questions and talks about his new book *'Clean in 15'*.
 - 11:00-13:00 **HUNTER DAVIES** (Main Stage) – The Beatles only ever authorised biographer on the group then and now. (Includes unseen short Paul McCartney film.)
 - 14:30-15:30 **GEORGIA TOFFOLO** (Main Stage) – the hugely popular television personality discusses her romantic novels, and love of books.
 - 14:30-15:30 **HUNTER DAVIES' BEATLES QUIZ** (Stage Left) – join the man who knows the Fab Four best for a unique quiz.
 - 18:00-20:00 **MIKE PICKERING** (Main Stage) – Hacienda superstar DJ, music legend and founder of M-People.
- Followed by **THE LAST WORD: END OF FESTIVAL PARTY**, at The Arena, Torquay; details to be announced. 7pm-1am.

ALL AUTHORS WILL BE SIGNING BOOKS AFTER THEIR EVENTS

www.torbayliteraryfestival.co.uk

Tickets only available through The Palace Theatre Box Office
www.palacetheatrepaignton.co.uk

SUPPORTING



Pilates classes with Claire

Mondays

All Levels -

9:30am - 10:30am at Brixham Lab

Beginners -

6:15pm - 7:15pm at Manana

Tuesdays

8 week Beginners Course -

6:15pm - 7:15pm at Manana

Next course starts starts-

Tuesday 3rd March

Thursdays

All Levels -

10:00am - 11:00am

Scala Hall

email: clairehawkins4@icloud.com

07734 084151

www.clairehawkins.co.uk

FREE One-day Property Investment Training Events

Friday 20th March - Salisbury

Friday 17th April - Barnstaple

Friday 15th May - Swindon

Friday 19th June - Bath

Friday 17th July - Cheltenham

Follow us on facebook:

The Property Investment Academy - South-West

email: enquiries@piasouthwest.co.uk



www.propertyinvestmentacademy.com

FUNDRAISING COFFEE MORNING
Raising Money for Charity and the Boys Brigade

Tea, Coffee & Cakes for Sale

14th March at the Methodist Community Centre, Fore Street, Brixham
10am - 12pm
Join us and make a difference!



Bringing brass band music to Brixham since 1896

Contact:

Kim Pettitt, Secretary, on:

01803 853438 or email:

brixhamtownband@outlook.com

www.brixhamtownband.org.uk



Brixham Orpheus Male Voice Choir (BOMVC)

Events List 2026

13th March

Music Festival - Venue and time TBC

Thursday 19th March

AGM - 7pm

25th April

Concert at Goodrington Church

Doors open 6.30pm

support act Quay Harmony

in aid of Children's Hospice Southwest

Saturday 11th April

Ceilidh

at Galmpton Village Institute

7-10pm. Entry £10pp.

Students & under 18's £5pp

www.bomvc.co.uk

Beacon Directory



Useful Numbers

Emergency Services/Utilities

| | |
|--------------------|---|
| Action Fraud | 0300 123 2040 |
| British Gas | 0800 111 999 |
| CrimeStoppers | 0800 555 111 |
| Fire Station | 01392 872200 |
| Floodline | 0345 988 1188 |
| Police | 101 or 0845 277 7444 (In an emergency always call 999) |
| South West Water | 0344 346 2020 |
| Western Power | 105 or 0800 678 3105 |
| Marine Life Rescue | 01825 765546 |

Banking

| | |
|---------------------|---------------|
| Brixham Banking Hub | 0345 722 3344 |
| Brixham Post Office | 01803 882226 |

Healthcare

Out of hours 111

| | |
|---|--------------|
| Brixham Community Hospital | 01803 881399 |
| Compass House Surgery King Street & Galmpton | 01803 855897 |
| Mayfield Medical Centre | 01803 495400 |
| Community Dentist Service | 01803 217777 |

Councils

| | |
|------------------------|-----------------------------|
| Brixham Town Council | 01803 859678 |
| Torbay Council | 01803 201201 |
| Emergency out of Hours | 01803 701310 |
| Brixham Harbour Office | 01803 208443 |
| Waste Services, Swisco | 01803 701310 |
| Highways | 01803 207740 / 01803 701310 |

Help & Support

| | |
|------------------------|---|
| Alcoholics Anonymous | 0800 917 7650 |
| Brixham Food Bank | 07873 164211 |
| Brixham Library | 01803 853870 |
| Samaritans | dial free from any phone 116 123 or 0330 094 5717 local call charges apply |
| Torbay Citizens Advice | 0808 278 7859 |
| Tourist Information | 01803 211211 |
| Victim Support | 0300 303 0554 |
| Help the Homeless | 0300 456 4876 |

Taxis

| | |
|-----------------------|--------------|
| AB Cabs Brixham | 07936 860949 |
| Brixham Minibus Taxis | 01803 857050 |
| Brixham Taxis | 01803 853000 |
| Dans Cabs | 07947 546399 |
| Homeward Taxis | 07735 629880 |
| Mainland Taxi's Ltd | 07970 121466 |
| Premier Cars | 07964 078645 |
| Town Taxis | 01803 852619 |
| Waves Taxis | 01803 446688 |

Clubs & Associations

Brixham Cricket Club & Social Club

North Boundary Road, Brixham TQ5 8LH
Tel: 01803 853836



Brixham Does Care

Town Hall, New Road, Brixham TQ5 9JA
01803 857727 Email:
admin@brixhamdoescare.co.uk



Brixham Future CIC

www.brixhamfuture.co.uk



Brixham Probus

Every Thursday 10:00-12:00 in the
Catholic Church Hall, New Road, Brixham
www.brixhamprobus.co.uk

Brixham Rotary

More details of the club and its events, who
meet at Brixham Yacht Club on the second
and fourth Tuesdays of the month are
available on the Club website:
www.brixhamrotary.org and Facebook page



Brixham Youth Club

Ages 11 to 18 3:30pm - 5:00pm Term Time
Only. Fun & Games After School Free
Admission - Tuck Shop
Scala, Town Hall, Brixham TQ5 8TA



Chamber of Commerce

Meet on the last Tuesday of the month in
Feb, Apr, June, Sept and Nov
Email: info@brixhamchamber.co.uk
www.brixhamchamber.co.uk



Community Builder

Contact Helen on:
07469 660873 or email:
helenambler@torbaycdt.org.uk



Galmpton & Churston Women's Institute

Meet once a month on the first Friday of the
month at 2pm. Usually with a speaker
followed by tea and biscuits at Village Hall
Galmpton, TQ5 0LT
Email: galmptonandchurston@
devonwi.org.uk



South Devon Players Theatre & Film Company, Brixham.

contact southdevonplayers@gmail.com
www.southdevonplayers.com
www.facebook.com/sdevonplayers

The Friends Centre

Tel: 01803 224970
email: tfc@brixhamdoescare.co.uk



visitbrixham.uk

Letter to Editor

Dear Editor,
I was very interested to read your post in February's Brixham Beacon regarding Seaman Wilfred Henry Mills. I am a Brixham based family history researcher with over 30 years experience. I have had a quick look at the Mills family for you and found that Frederick William Mills married Meta Mary Ann Hayman on 7 November 1908 at All Saints Church, Brixham.

It seems that Wilfred had five siblings. I have located 62 people with the surname Mills in the local 2025 electoral registers, 8 in Brixham with the remainder in other areas of Torbay or neighbouring Dartmouth. There are 17 Hayman's registered in nearby Torquay, Paignton and Dartmouth. Wishing you good luck with your venture.

Hilary Emms

Dear Editor,
Your magazine is absolutely brilliant. Informative, colourful, interesting and fun to read. I learnt a lot about what's

going on in Brixham, the shops etc that I didn't know after 5 years of living here. Well done!

W. O.

Dear Editor,
Thank you for issue 3 of Brixham Beacon. I particularly enjoyed the article by Gregg Norton - Let the tide do its job. I am fascinated by the sea and loved his correlation between the tide and sleep. I am also

great believer in smiling and just saying the word smile usually makes you - smile! Looking forward to issue 4 of your brilliant new publication. Yours truly

M.D.

Brixham Police Station

3 Rea Barn Close, Brixham TQ5 9EA
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In Memoriam

Notices are free of charge

Please include: Name, date of passing, age, funeral arrangements, flowers and donations information.

email: news@brixhambeacon.com

Situations Vacant

Brixham Beacon

would like to hear from anyone under 18, who is a keen writer or interested in journalism, content creation, graphic design, typesetting and page layout or photography as a career.

Send us your contact details, what your ambitions are and what you are currently studying at school, college or uni and any interest/hobbies you enjoy.

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**Copy Deadline for
April Issue - 20th March 2026**

Local Churches

All Saints' Church

Church Street, TQ5 8HG 01803 851340

Beacon of Light Fellowship

11A Mount Pleasant Road, TQ5 9RP 01803 473228

Brixham Baptist Church

Market Street, TQ5 8EU 07778 510983

Services every Sunday 10:30am www.brixhambaptist.org.uk

Brixham Community Church

Brixham College main hall, TQ5 9HF 07772 591357

10:30am every Sunday. Email: admin@brixhamcc.co.uk

Brixham URC Church

4 New Road, Brixham TQ5 8NE 01803 853794

Chestnut Community Centre

3 Poplar Close, TQ5 0SA 07855 090589

Church of St Mary the Virgin

Church Street, Churston Ferrers, TQ5 0JE 01803 845692

Fore Street Methodist Church

15 Fore Street Brixham TQ5 8AA

Higher Brixham Church

30 Milton Street, TQ5 0BX

Our Lady, Star of the Sea Catholic Church

43 New Road, Brixham TQ5 8NB 01803 853406

St Mary's Church

St Marys Square, Milton Street, TQ5 9JY 01803 857357

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Nissha Medical Technologies donate to Ukraine

Our sincere thanks to Nissha Medical Technologies for your generous donation of 250kg of ultrasound gel. We are extremely grateful that Nissha Medical Technologies, chosen to donate this stock to support humanitarian efforts. The gel will be sent to Ukraine via an ambulance, driven to East Ukraine by the charity "Ukraine Action" – based in Stoke Gabriel, which provides vehicles and medical support to the heroes defending Ukraine. The ambulance will be driven by Adam, an inspiring Paignton man – who has repeatedly risked various trips to the country to help the people he now calls friends. He is personally transporting the aid to eastern Ukraine, where medical resources remain under immense pressure. Ultrasound gel is a vital consumable in frontline and emergency medical care. The donation will make a tangible difference. Also, the 20g sachet



Jack on forklift loading the Ambulance for Adam
L-R Jack, Wayne, Adam, Tina and Michael Freeman of Dart Rotary

size is perfect for weight - with medics working to urgently preserve the lives of the defenders, and also civilians.

On behalf of River Dart Rotary and our partners, thank you once again for your generosity, community spirit and

willingness to support those in urgent need.
*Michael Freeman
River Dart Rotary*

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